

ARYA LEKSHMI R

STAFF NURSE



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Permanent Address :

Kottakkakathu
Pavumba North
Pavumba PO
Kollam (Dist), Kerala-India
690574(Pin)

Personal Data

Marital Status : Married
Father's Name : Ajayakumar G
Date of Birth : 25/08/1998
Gender : Female
Nationality : Indian
Religion : Hindu

Languages Known:

Malayalam
English
Hindi
Tamil

Vaccination Details

Fully vaccinated

Registration Details

Maharashtra Nursing Council
Rg No. II- 30742

Professional Licence

DHA Licence
Licence No: 04700301

Passport Details

Passport No : U 2363329
Date of issue : 15/12/2020
Date of expiry : 14/12/2030
Place of issue : Trivandrum

Profile Summary

Compassionate and skilled nurse with **3+ years** of experience, adept at assessing, planning, implementing & evaluating patient care plans in collaboration with healthcare professionals. Proficient in administering medications and changing dressings, while providing personalized bedside nursing care to pre-and post-surgery patients. Experienced in educating patients, families, and parents on surgical procedures, post-surgery care, and newborn care, including fertility treatment options and pregnancy health recommendations

Working Experience

- MGM Hospital, Vashi
Navi Mumbai,
Maharashtra (Accredited
by NABH & JCI)
26/01/2021 - 27/01/2023
 - ✚ Provide comprehensive Nursing care to patients in Gynecology, Aesthetic, Pediatric & general medicine
 - ✚ Monitor patients vital signs, administrative medications, maintain accurate medical records.
 - ✚ Educate patients and families on treatment plans, medication and post care instructions
 - ✚ Ensure the compliance with infection control protocols and maintain a safe environment for patients
- AL Noor Hospital Thalakkadathur, Tirur Malappuram Dist Kerala.
21/02/2023 to 07/10/2024

Staff Nurse in Medical Surgical and Gynecology

- ✚ Monitor patients vital signs and overall condition continuously
- ✚ Administer medications and intravenous therapies as prescribed
- ✚ Provide care for critically ill patients in both medical and surgical ward
- ✚ Educate patients and families about treatment plans and health conditions
- ✚ Ensure a safe and clean environment for patients and staff
- ✚ Provide emotional support and reassurance to patients and their families
- ✚ Participate in training and professional development to stay updated with best practices

Key Skills

- Patient counseling
- Hospice and palliative care
- Anesthetic Administration
- Team Training
- Circulating Nurse
- Medication Administration
- Emergency procedures
- Operational standards
- Patient care
- Nursing staff support
- Patient management
- Intravenous injection

Procedure Done

- IV Cannulation
- Foleys catheterization
- Ryles tube insertion
- Blood collection
- Administration of medication
- Oxygen therapy
- Wound dressing
- Abg monitoring
- Tracheostomy care
- Assist pleural and ascetic tapping
- Assist bone marrow aspiration
- Assist for lumbar puncture
- Assist for central line insertion
- Suctioning of patients
- Nebulization, steam inhalation
- Deep breathing and coughing exercise
- Hemodynamic monitoring of patients

Conduction of Medical Emergencies

- Emergency admission
- Inform to the physician
- Continues cardiac monitoring
- Administration of emergency drugs
- Conducting procedures like CPR, Basic life support

Pre post Care of Patients

- Uro surgery, ENT surgeries, cardiac surgeries, Ophthalmic surgery, Orthopedic surgery, Craniotomy surgeries, G.I.T surgery

ROLES AND RESPONSIBILITIES

- Assessing, planning, implementing, and evaluating patient care plans in consultation with healthcare professionals
- Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre-and

post-surgery patients.

- Preparing, administering and recording prescribed medications
- Changing dressings and starting IVs
- Adjusting specialized medical equipment as needed, as well as interpreting and recording measurements.
- Monitoring patients' vitals and reporting adverse reactions to medications in a timely manner.
- Collaborating on discharge planning with the healthcare team.
- Answering questions and educating patients and their families on surgical procedures and post-surgery care
- Answering questions and educating patients and their families on surgical procedures and post-surgery care
- Sterilizing and preparing the procedural instruments before and after use
- Caring and assisting the newborns
- Educating the parents about care for the newborn
- Provide advice to women wanting to get pregnant.
- Knowledge of fertility treatment options and health recommendations during pregnancy.

Educational Qualification

- **B sc Nursing**
MGM Hospital,
New Bombay College of Nursing
Navi Mumbai, Maharashtra
2016-2020
- **Higher Secondary**
VHSS Chathiyara
2014- 2016
- **Secondary**
Board of Public
Examination Kerala, India,
(GHSS Sooranad)
2013-2014

Computer Skill

- MS Word
- MS Excell
- MS power point

EQUIPMENT HANDLED

Nebulizer | Spiro Meter | ECG | Defibrillator | Syring Pump
Infusion Pump | Pulse Oximeter | Laryngoscope | Suction
Apparatus, Cardiac Monitor, ABG Machine, Otoscope,
Glucometer, Emergency trolley

PARTICIPATIONS

- Participation pulse polio program (2017-2018)
- Participated in stroke nurse online course (2019
(ANGALS INITIATIVE)

- Participated in BLS Class
- Participated in MR Vaccination Program (2018)
- Basic life support (CPR and AED) program (2025)
- Advanced Cardiovascular life support (ACLS) program (2025)

STRENGTHS & QUALITIES

- Commercial Awareness
- Team working Skills
- Caring about other people
- Collaborating and working well together with others.
- Comforting people when they need it.
- Conflict management and resolution skills
- Encouraging and inspiring people to do their best.
- Flexibility in thinking and operating style

References

1. Dr. Prabha K Dasila
Phd (N), Msc(N)
Professor & Director
MGM New Bombay College of Nursing, Kamothe,
Navi Mumbai
prabhadasila@gmail.com
2. Dr. Nitin Nana Saheb Kadam
MBBS, DCH, MD(pediatric medicine)
Pro Vice Chancellor
MGM Institute of Health Science, Kamothe, Navi
Mumbai

Declaration

I hereby declare that all the information mentioned above is true and complete to the best of my knowledge. If I got a chance, I will try hard to prove myself for good work and orientation.

ARYA LEKSHMI R