

# RESHMA GALBAO

Registered Staff Nurse

+971523932454 | [reshmagalbao013@gmail.com](mailto:reshmagalbao013@gmail.com) | UAE

<https://www.linkedin.com/in/reshma-galbao-428a61244>



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## SUMMARY

Driven nursing professional with 7 year of experience in clinical care environment Talented at conducting patient assessments, developing individualized care plans and implementing prescribed orders successful at delivering high-quality patient care to advance recovery goals and improve overall health.

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## KEY COMPETENCIES

- Emergency Clinical Skill
  - Patient Assessment & Triage
  - Phlebotomy
  - Emergency Protocols Adaptability & Flexibility
  - Leadership & Teamwork Technical Proficiency
  - Critical Care Skill
  - Communication & Interpersonal Skill
  - Problem solving & Critical Thinking Skill
  - Patient and family education skills
  - Bed Side Nursing Procedures Skill
  - Admission and Discharge Procedures
  - Emergency Protocols
  - Adaptability & Flexibility
  - Leadership & Teamwork
  - Technical Proficiency
  - MS Office
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## PROFESSIONAL EXPERIENCE

### NMC SPECIALTY HOSPITAL ALNAHDA DUBAI

**Present**

#### REGISTERED NURSE IN EMERGENCY DEPT.

- Triage patients according to the urgency and severity of their conditions to ensure timely medical intervention.
- Managed critical situations including medical emergencies, disasters, and mass casualty incidents with composure and effectiveness.
- Received, stabilized, and admitted emergency cases, ensuring patients received immediate and appropriate care.
- Coordinated safe and timely transfers of patients to intensive care units or appropriate hospital wards.
- Maintained detailed and accurate patient records using hospital information systems in line with clinical standards.
- Provided care for a wide range of emergency conditions, including road traffic accidents, polytrauma, cardiac events, poisoning, head and spinal injuries, pediatric crises, neurological cases, and thrombolysis.
- Assisted doctors with clinical procedures such as catheterization, airway management, CPR, suturing, central line placement, chest tube insertion, ABG sampling, lumbar puncture, and bone marrow aspiration.
- Participated in the planning, implementation, and evaluation of individualized care plans in collaboration with healthcare teams. Supervised and supported junior nurses by offering clinical guidance, mentorship, and practical instruction.
- Contributed to the development and regular updating of nursing policies and procedures within the emergency department.
- Performed detailed patient assessments, administered medications, managed intravenous lines, and provided airway support and advanced resuscitation techniques.
- Prioritized patient needs, conducted thorough assessments, and carried out timely interventions to stabilize diverse medical conditions.

- Developed and monitored care plans while providing education and emotional support to patients and their families.
- Worked closely with physicians, nurses, and support staff to ensure coordinated and effective patient care.
- Recorded clinical activities accurately and ensured documentation met all legal and professional standards.
- Took part in initiatives aimed at improving patient safety, care quality, and workflow efficiency in the emergency setting.
- Delivered training sessions and shared practical knowledge with junior staff to promote consistent and high-quality emergency care.

## **KMC HOSPITAL MANGALORE, INDIA**

**April 2018 - July 2022**

### **REGISTERED STAFF NURSE**

- Worked as a senior staff nurse in super deluxe wards, general wards, COVID wards, cardiac intensive care unit (ICU), Cathlab recovery, and the emergency department.
- Highly skilled in performing bedside and emergency procedures, providing immediate and effective care to patients.
- Supervised and mentored junior nurses, fostering a collaborative and supportive work environment to ensure high standards of patient care.
- Coordinated with doctors and other healthcare professionals to provide comprehensive and efficient patient care.
- Participated in quality improvement initiatives aimed at enhancing patient outcomes and departmental processes.
- Maintained accurate and up-to-date patient records, documenting injuries, illnesses, and treatments in full compliance with hospital policies and regulations.
- Ensured a clean and safe environment for patients by adhering to infection control protocols and implementing safety measures to prevent injuries.
- Worked as a frontline worker during the COVID-19 pandemic in isolation wards, providing critical care and support to infected patients under high-pressure conditions.
- Handled biomedical equipment and followed standard operating procedures to ensure safe and effective operation in clinical settings.
- Developed strong relationships with patients, families, and healthcare team members, ensuring clear communication and exceptional patient care.

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## **EDUCATION**

### **BASIC BSC NURSING**

Government College of Nursing Holenarsipura Hassan, Karnataka India

2018

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## **LICENSES**

DHA Unique ID 81083222

Basic Life Support (BLS) (valid until Oct 2025)

Advance Cardiac Life Support (ALS) (valid until Oct 2025)

Karnataka Nursing Council Registration:88222 (Home country License)

Pediatric Advance Life Support (PALS) (valid until Oct 2025)

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## **CERTIFICATIONS**

Diploma in Computer and Tally ERP (IICTComputers)

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## **LANGUAGES KNOWN**

English, Hindi, Kannada, Malayalam, Konkani, Tulu