

SHAMILA SHAMSUDEEN

Registered Nurse- DHA Qualified

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SUMMARY

A dedicated and experienced Registered Nurse, driven by a commitment to enhancing patient care within the Medical and Surgical ward. Leveraging extensive experience in patient assessment, post-operative care, and infection control to significantly improve patient outcomes. Passionate about integrating comprehensive care plans and continuing education for patients and families, reducing readmission rates and fostering recovery. Enthusiasm for collaborating with multidisciplinary teams to ensure exceptional patient care aligns perfectly with the organization's mission.

EXPERIENCE

Nursing Specialist - Medical & Surgical Ward

Al mouwasat hospital - riyad

02/2022 - 10/2024 Ksa

- Provide direct patient care, including assessment, monitoring, and treatment for medical-surgical patients.
- Administer medications, IV therapy, and wound care as prescribed, ensuring adherence to safety protocols.
- Monitor and interpret vital signs, lab results, and patient responses to treatments, reporting abnormalities promptly.
- Manage post-operative care, including pain control, mobility assistance, and prevention of complications.
- Educate patients and families on discharge plans, medications, and recovery processes.
- Maintain accurate eMAR and nursing documentation in compliance with facility policies.
- Follow infection control protocols to minimize hospital-acquired infections (HAIs).
- Respond to medical emergencies and provide Basic Life Support (BLS) when required.
- Supervise nursing staff, ensuring proper shift handovers and delegation of tasks.
- Coordinate patient admissions, transfers, and discharges efficiently. Act as a liaison between doctors, nurses, and other healthcare providers to ensure continuity of care.
- Address and escalate patient/family concerns or clinical issues as needed.

RN Nurse - Surgical ICU

Christian mission hospital - kerala

02/2020 - 01/2022 India

- Provided specialized care to post-surgical patients in the Surgical ICU, monitoring vital signs, administering medications, and managing complex post-operative recovery needs.
- Assisted in the stabilization of critically ill patients, ensuring safe management of pain, sedation, and anesthesia-related complications.
- Conducted post-operative assessments and collaborated with the surgical team to evaluate patient progress and modify care plans as needed.
- Provided wound care, managed drains, and ensured the proper administration of intravenous fluids and medications.
- Educated patients and their families about recovery expectations and post-discharge care, contributing to improved patient satisfaction and outcomes.
- Collaborated with multidisciplinary teams to ensure comprehensive care for patients in the Surgical ICU.

CERTIFICATION & LICENSE

DHA Eligibility

DHA Unique ID: 54500141

Registered Nurse

Kerala Nurses and Midwives Council (KL03202001716).

Saudi Commission For Health Specialties

Registration ID:22382933

Basic Life Support

American Heart Association

EDUCATION

Bachelor of science

Chithra College of Nursing

2019 Kerala, India

- Graduated with Honors in Nursing

SKILLS

Medical surgical Nursing

Pre and Post operative care

Pain Management Infection Control

Electronic Medication Administration Record(eMAR)

Team Management

Nursing documentation

Basic Life Support

LANGUAGES

English

Arabic

Malayalam