

Clevita Laveena Dsouza

Staff Nurse

Highly skilled and patient-focused Registered Nurse (RN) with 14 years of experience in musculoskeletal and neuro-rehabilitation, critical care, and intensive cardiac care. Adept at delivering comprehensive patient care, administering medications, performing IV cannulation, tracheostomy care, and post-surgical rehabilitation. Proven ability to collaborate with interdisciplinary teams, implement evidence-based treatment plans, and ensure compliance with DHA and JCI healthcare standards. Experienced in emergency response, wound care, and patient education, with a strong commitment to improving patient outcomes and quality of care.

Experience

Staff Nurse (Inpatient Department)

Dubai Physiotherapy and Rehabilitation Centre – Dubai Academic Health Cooperation (DAHC)

30/05/2024 – 28/05/2025

- Deliver comprehensive patient care in the rehabilitation unit, ensuring adherence to evidence-based nursing practices.
- Collaborate with multidisciplinary teams, including physiotherapists and occupational therapists, to develop and implement individualized treatment plans for patients with musculoskeletal and neurological conditions.
- Administer medications and IV therapies, monitoring patient responses, side effects, and ensuring timely documentation in electronic health records (EHR).
- Perform wound care, tracheostomy care, and post-surgical rehabilitation support, ensuring infection control compliance.
- Educate patients and caregivers on disease management, mobility assistance, and rehabilitation protocols.

Staff Nurse (Inpatient Department)

Dubai Physiotherapy and Rehabilitation Centre – Orpea Middle East

01/11/2021 – 30/04/2024

- Provided specialized nursing care for musculoskeletal and neuro-rehabilitation patients, optimizing mobility and functional independence.
- Assisted in physical therapy sessions, gait training, and assistive device management to enhance patient recovery.
- Conducted comprehensive patient assessments, including pain management, range of motion evaluations, and fall risk assessments.
- Maintained detailed nursing documentation in compliance with DHA and JCI standards.
- Provided preoperative and postoperative patient education to ensure compliance with rehabilitation protocols.
- Supported emergency response efforts, including BLS/ACLS interventions and crisis management.

Assistant Nurse (OPD)

Dubai Physiotherapy and Rehabilitation Centre – Dubai Health Authority (DHA)

17/11/2013 – 30/10/2021

- Delivered high-quality outpatient care, assisting physicians in minor surgical procedures, wound dressing, and injection administration.
- Monitored critical patients and escalated cases requiring urgent medical intervention.
- Ensured adherence to infection control, HIPAA compliance, and JCI accreditation standards.

Personal Details

DHA License : 00053975
Date of Birth : 23-11-1987
Gender : Female
Marital Status : Married
Employment Status : Full time
Mobile : +971 526369503
Email : clevidsouza@gmail.com

Skills

- Patient Assessment & Care Planning
- Musculoskeletal & Neuro-Rehabilitation Nursing
- Critical Care & Intensive Cardiac Care
- IV Cannulation & Venous/Arterial Blood Collection
- Tracheostomy & Wound Care Management
- Medication Administration & Monitoring
- Post-Surgical & Emergency Care
- Infection Control & Patient Safety
- ECG Monitoring & Cardiac Rehabilitation
- Pain Management & Palliative Care
- BLS & ACLS Certified Emergency Response
- Assistive Device Management & Mobility Support
- Electronic Health Records (EHR) Documentation
- Interdisciplinary Team Collaboration
- Patient & Family Education on Disease Management
- Health Policy & JCI Accreditation Compliance
- Outpatient & Inpatient Nursing Care
- Physical Therapy & Gait Training Assistance
- Preoperative & Postoperative Patient Education
- Crisis Intervention & Critical Patient Monitoring

References

Dr. Manoj Kumar Velayudhan Nair
Senior Psychiatrist & Medical Director
Dubai Physiotherapy and
Rehabilitation Centre
Dubai, UAE (P.O Box: 75875)

○ Intensive Cardiac Care Nurse

Fr. Muller's Medical College Hospital – Mangalore, India
02/03/2009 – 11/05/2013

- Provided advanced cardiac care in an Intensive Cardiac Care Unit (ICCU), ensuring continuous cardiac monitoring and hemodynamic stability.
- Administered emergency medications, defibrillation ECG monitoring, and mechanical ventilation support during cardiac arrest and respiratory distress scenarios.
- Assisted in coronary angiography, pacemaker implantation, and post-operative cardiac rehabilitation.
- Maintained accurate patient records, progress notes, and clinical reports, ensuring compliance with nursing best practices and JCI standards.
- Collaborated with cardiologists, anesthesiologists, and emergency teams to optimize patient recovery and reduce hospital readmissions.

Education & Qualifications

Diploma in General Nursing and Midwifery

Father Muller College of Nursing, Kankanady, Mangalore, India
Karnataka Nursing Council | 2005 – 2008

Internship Training

Father Muller College of Nursing, Kankanady, Mangalore, India
Karnataka Nursing Council | 01/09/2008 – 28/02/2009

Achievements & Certifications

Advanced Cardiovascular Life Support (ACLS) – American Heart Association

Valid: Jan 2025 – Jan 2027 (Dubai Health Training and Simulation Center)

Basic Life Support (BLS) – American Heart Association

Valid: Oct 2024 – Oct 2026 (Dubai Health Training and Simulation Center)