

Dr. Fairoosa P. A.

Current Location: Ibri, Oman | Willing to Relocate: Dubai, UAE

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Objective

Licensed Ayurvedic physician with over 6 years of clinical experience and certified skills in medical coding, medical content writing, and AI in healthcare. Seeking healthcare opportunities in Dubai that combine patient care, clinical knowledge, and digital health expertise to support wellness, medical documentation, and modern healthcare workflows.

Professional Summary

- BAMS-qualified Ayurvedic physician with 6+ years in clinical practice, wellness management, and holistic care.
- Certified in ICD-10 and CPT medical coding, content writing, and AI for healthcare applications.
- Skilled in Panchakarma therapy, EHR management, and healthcare administration.
- Strong experience in medical documentation, insurance workflow (theory), and patient education.
- Passionate about integrating Ayurveda with digital health innovations for Dubai's healthcare vision.

Work Experience

Chief Physician and Manager – Ibri Ayurvedic Clinic, Ibri, Oman

October 2023 – Present

- Provide Ayurvedic consultations and therapies including Abhyanga, Kizhi, Dhara, and Tarpana.
- Deliver holistic health counseling and emotional well-being support.
- Manage clinic operations, staff schedules, and patient documentation.

Manager cum Chief Physician – Senses & Elements Wellness Ayurveda Spa, Hotel Holiday Inn, Kochi

June 2022 – September 2023

- Developed treatment protocols blending Ayurveda with modern diagnostics.
- Supervised Panchakarma therapies and wellness spa operations.
- Handled client management, team training, and spa administration.

Chief Physician – MANAKKAL Ayurveda Clinic, Fort Kochi

April 2021 – May 2022

- Provided clinical Ayurvedic consultations and personalized treatment plans.
- Conducted Panchakarma and detox therapies for chronic conditions.
- Delivered patient education and lifestyle modification programs.

Wellness Spa Manager cum Chief Physician – Ayurveda Sanctum, Fort Kochi

May 2020 – March 2021

- Oversaw spa and clinic operations with integrated wellness programs.
- Managed EHR systems, rosters, and administrative workflows.
- Conducted wellness lectures and promotional activities.

Resident Medical Officer (RMO) – Ayurjani Ayurveda Postnatal Care Hospital, Thoppumpady

October 2019 – April 2020

- Managed in-patient care for mothers and infants during postnatal period.
- Assisted in postnatal therapies and diet planning.
- Monitored patient recovery and reported progress to senior physicians.

Physician – Madhava Pharmaceutical Laboratory, Ernakulam

May 2019 – September 2019

- Conducted consultations and prescribed Ayurvedic medicines.
- Worked with pharmaceutical team in product trials and quality testing.
- Educated patients on herbal formulations and lifestyle practices.

Education

- Bachelor of Ayurvedic Medicine and Surgery (BAMS) – Nangelil Ayurveda Medical College, Kerala, India | 2012–2017 (Reg. No. 21150, Travancore-Cochin Council of Indian Systems of Medicine, June 2019)
- Diploma in Nutrition & Health Education (DNHE) – IGNOU, India | 2019
- Higher Secondary (Science) – St. Teresa's Convent Girls HSS | GPA: 86%
- High School – Christ King Convent Girls HS | GPA: 92%

Certifications & Training

- Medical Coding (ICD-10, CPT) – Alison | 2025
- Content Writing – Alison | 2025
- AI for Professionals (Healthcare Focus) – be10x | 2025
- Prompt Engineering – Dubai Future Foundation | 2025
- Yoga Certification – Alison | 2019
- Certificate of Participation – Habuild & World Record, Int. Yoga Day 2025
- Basic Computer Literacy & MS Office – Clinic Training

Skills

- Clinical: Ayurvedic Diagnostics, Panchakarma Therapy, Agni Karma, Rakthamoksham, Emergency Management
- Healthcare Administration: EHR, Medical Documentation, Patient Records, Team Leadership
- Medical Coding & Insurance: ICD-10, CPT Coding, Claims Review, Pre-Authorization (Theory), UAE Insurance Terminology (DHA, HAAD, MOH)
- Non-Clinical/Technical: Content Writing, AI in Healthcare, Digital Health Workflows
- Soft Skills: Communication, Counseling, Patient Education, Yoga-based Wellness Support

Languages

- English: Fluent
- Malayalam: Native
- Hindi: Basic/Professional
- Arabic: Basic
- Sanskrit & Tamil: Intermediate

References

- Dr. Pramod – Ayurveda Sanctum | ■ +91 6282613678
- Dr. Binoy Bhaskaran – Professor, Nangelil Ayurveda College | ■ +91 94472 8974