



# RINA SHERIN P

## Registered Nurse

### Contact

- +971566263231
- [rinasherin123@gmail.com](mailto:rinasherin123@gmail.com)
- Dubai
- Dependent Visa
- <http://linkedin.com/in/rina-sherin-289020391>

### Education

- B.Sc Nursing | 2023**  
Kerala University of Health Sciences - Elite College of Nursing  
Koorkenchery, Thrissur, Kerala, India

### License & Registrations

#### Dubai Health Authority (DHA)

#### License

Unique ID : 33088682

#### Kerala Nurses And Midwives Council

License Number: KL03202301980

### Certifications

- Basic Life Support (BLS) & Advanced Cardiac Life Support (ACLS) Certification**  
American Heart Association

### Key Skills

- Critical Care Nursing
- Neurological Patient Management
- Mechanical Ventilation Management
- Hemodynamic Monitoring
- Emergency Response & Code Blue Management
- Infection Control & Patient Safety
- Patient & Family Education
- Electrocardiogram (ECG) Interpretation
- Arterial Blood Gas (ABG) Analysis
- Multidisciplinary Team Collaboration
- Post-Surgical Patient Care
- IV Medication Administration
- Pain & Wound Management
- Health Education & Counseling
- ICU Equipment Handling

### Languages Known

- English, Hindi, Malayalam

### Profile Summary

A dedicated Registered Nurse with over 1 year of experience in Medical Intensive Care Units (MICU) Passionate about delivering high-quality patient care, collaborating with healthcare teams, and ensuring the safety and well-being of patients. Seeking an opportunity in a progressive healthcare facility where my expertise in critical care and patient management can contribute to optimal healthcare outcomes.

### Work Experience

#### STAFF NURSE

ASTER MOTHER HOSPITAL, KERALA, INDIA | 01<sup>st</sup> Sep 2023 -16<sup>th</sup> Nov 2024

Department : Medical Intensive Care Unit (MICU)

- Provide comprehensive nursing care to critically ill patients requiring advanced monitoring and life-support interventions.
- Assess, plan, implement, and evaluate individualized care plans based on patients' medical conditions and treatment requirements.
- Monitor and record vital signs, ventilator parameters, fluid balance, and neurological status with accuracy and timeliness.
- Administer medications, IV fluids, and infusions as per physician's orders, maintaining strict adherence to the 10 rights of medication administration.
- Assist in emergency procedures such as intubation, CPR, defibrillation, and advanced airway management.
- Operate and maintain critical care equipment including ventilators, infusion pumps, cardiac monitors, and syringe drivers.
- Collaborate with physicians and multidisciplinary teams to ensure optimal patient care and continuity of treatment.
- Maintain aseptic techniques and infection control standards to prevent hospital-acquired infections.
- Provide emotional support and health education to patients and their families regarding treatment plans and post-discharge care.
- Participate in daily patient rounds, case discussions, and nursing shift handovers for seamless care transitions.
- Document nursing observations, treatment responses, and critical incidents accurately in patient records and hospital information systems.
- Ensure proper handling and disposal of biomedical waste in accordance with hospital safety protocols.
- Maintain readiness for emergency situations and actively participate in mock drills and code blue activities.

### Declaration

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief.

RINA SHERIN P