

SURYA SABU

REGISTERED NURSE (DHA)

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Sharjah, UAE



PROFILE

Seeking a position in a progressive organization that offers opportunities to enhance my skills and knowledge in line with current industry trends, while contributing effectively as part of a dynamic team focused on organizational growth.

PROFESSIONAL EXPERIENCE

STAFF NURSE – MEDICAL DEPARTMENT
GOVERNMENT MEDICAL COLLEGE KOTTAYAM | INDIA
September 2024 – March 2025 | Kerala

DUTIES AND RESPONSIBILITIES

- Maintain personal hygiene.
- Providing comfortable position to patient.
- Checking Airways and TPR and BP.
- Ryle's tube insertion.
- Starting IV line and monitoring the complication of IV line.
- Administration of all IV, IM, ID, subcutaneous, buccal, sublingual, inhalation medication and also through central line.
- Administration of oxygen through simple mask and nasal cannula.
- Giving tracheostomy care, suction and weaning of tracheostomy.
- Taking care of transplant patient without infection.
- Assisted in Gastric lavage, bowel wash, male & female catheters insertion & care, sutures removal, wound dressing & drawing, blood & urine culture, bed making, admission & discharge & transfer procedure, health education.
- Educate patients and their families on managing medical conditions, treatment plans, and post-discharge care.
- Death care & maintaining all reports. Insertion of catheter and provide catheter care.
- Provide Basic bedside care.
- Advocate for the health and wellbeing of patients Perform health history and physical examination
- Documentation and Reporting.
- Perform health history and physical examination.

CONDITIONS HANDLED

Infectious Diseases: Pneumonia, kidney infections, skin infections

Acute Conditions: High fever, headache, seizures, stroke, heart attack symptoms

Chronic Health Problems: Diabetes management, obstructive lung diseases (COPD), heart disease

Drug and Alcohol Overdose: Poisoning and overdose management

Mental Health: Suicide ideation, self-harm prevention, and emergency mental health care.

EDUCATION

BACHELOR OF SCIENCE IN NURSING

Institute of Nursing Education,

School of Medical Education, Manimalakkunnu Kerala, Ind - 29/05/2024

(Kerala University of Health Science)

Accredited by: Kerala Nurses and Midwives Council

HIGHER SECONDARY EDUCATION

Govt. Higher Secondary School Edakkoly, Kerala - 2019

SECONDARY EDUCATION

St Mary's GHSS Pala, Kerala- 2017

TRAININGS UNDERGONE

- General Hospital Ernakulam.
- General Hospital Muvattupuzha.
- Kusumagiri Mental Health Centre Kakkanad.
- Taluk Headquarters Hospital Thrippunithura.
- Taluk Hospital Piravom.
- CHC Koothattukulam.

CERTIFICATIONS

- Completed 2-year Additional Skill Acquisition Program (ASAP) (2017 – 2019).
- Attended the workshop on Therapeutic Communication held at INE Manimalakunnu (2020).
- Attended Basic NRP workshop of the IAP – NNF Neonatal Resuscitation Program First Golden Minute Project held at GH Ernakulam (2022).

STRENGTHS

- Active listening
- Interpersonal communication
- Leadership
- Team work
- Time management
- Self-discipline
- Clinical skills

PERSONAL DETAILS

Nationality: Indian

Gender: Female

DOB: 22/03/2002

Languages: English, Malayalam, Tamil.



DECLARATION

I hereby declare that the above furnished information is true to the best of my knowledge and belief.

Yours sincerely,
Surya Sabu

Date: 10-09-2025

