



# Dr Rifana Ayoob Khan



## EXPERIENCE

**General Practitioner Emergency Medicine** Santhwana Hospital - Trivandrum  
04/2023 - 04/2025

- Assisted in general surgical procedures, including appendectomy and thyroidectomy, with exposure to perioperative patient management.
- Performed emergency procedures including suturing, wound management, incision and drainage, IV cannulation, catheterization, nebulization, ECG interpretation, and basic life support
- Performed 24-hour shift duties in Intensive Care Units, including Adult ICU, Neonatal ICU (NICU), and Pediatric ICU (PICU), monitoring critically ill patients and supporting emergency interventions.
- Managed emergency and inpatient cases during casualty and ward duties, including trauma and acute medical conditions.
- Completed a one-month rotation in the Department of Psychiatry, assisting in patient evaluation, diagnosis, and management under supervision.
- Collaborated with senior physicians, surgeons, nursing staff, and multidisciplinary teams to ensure safe, high-quality patient care.
- Maintained accurate clinical documentation and adhered to hospital protocols and infection control standards.
- Incision and drainage of abscesses.
- Public Health - Immunization programs, school and community health screenings, COVID-19 vaccination campaigns, Smoking cessation.
- Clinical Documentation.
- Empathetic patient interaction, counseling, multidisciplinary teamwork.
- Foreign body removal (ear, nose, throat).
- Otoscopic examination and ear wax removal.
- Management of epistaxis (initial & emergency care).
- Anterior nasal packing for epistaxis.

**Medical Intern / House Surgeon** KMCT Medical Hospital - Kozhikode  
09/2021 - 01/2023

- Completed a structured rotational internship program with supervised clinical training across major medical and surgical departments
- Participated in patient assessment, diagnosis, and management under consultant supervision in both inpatient and outpatient settings
- Assisted in ward rounds, emergency care, outpatient clinics, and procedural work
- Maintained accurate patient records and followed hospital protocols and ethical standards

Rotations included:

- Internal Medicine: Evaluation and management of common medical conditions, interpretation of laboratory and imaging investigations
- General Surgery: Pre- and post-operative patient care, assisting in minor surgical procedures and wound management
- Obstetrics & Gynecology: Antenatal and postnatal care, normal vaginal deliveries, gynecological patient assessment
- Pediatrics: Pediatric outpatient and inpatient care, immunization services, growth and developmental assessment

## PERSONAL DETAILS

Dubai

055-697-6611

rifanakhan18@gmail.com

## PROFILE

MBBS-qualified Medical Doctor with 2+ years of clinical experience in emergency medicine, ICU monitoring, OPD, and inpatient care. Experienced in trauma management, acute medical and surgical emergencies, chronic disease follow-up, and public health programs. Seeking an opportunity as a General Practitioner in the UAE delivering safe, evidence-based, patient-centered care.

## SKILLS

- Patient stabilization
- Resuscitation
- Airway management
- Endotracheal intubation
- IV cannulation
- Adult ICU patient monitoring
- NICU patient monitoring
- PICU patient monitoring
- Normal vaginal deliveries
- Antenatal care
- Postnatal care
- Diagnosis
- Treatment planning
- Follow-up care
- Chronic disease management
- Surgical assistance

- Appendectomy
- Thyroidectomy
- Perioperative care
- Post operative care
- Suturing
- Wound care
- Debridement
- Catheterization
- Nasogastric tube insertion
- ABG analysis
- Immunization programs
- School health screenings
- Community health screenings
- COVID-19 vaccination campaigns
- Smoking cessation
- Clinical documentation
- Empathetic patient interaction
- Counseling
- Multidisciplinary teamwork
- Foreign body removal
- Otoloscopic examination
- Ear wax removal
- Management of epistaxis
- Anterior nasal packing for epistaxis

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## LANGUAGES

**Malayalam:**

**English:**

**Hindi:**

**Tamil:**

- Emergency Medicine: Triage, initial assessment, stabilization, and referral of emergency cases
- Orthopedics: Management of fractures, splinting, and musculoskeletal emergencies
- Community Medicine: Preventive healthcare services, health education, and public health programs
- COVID-19 clinical duties and public health programs.



## CERTIFICATIONS

- AHA Basic Life Support (BLS), 2025-12-01
- AHA Advanced Cardiovascular Life Support (ACLS), 2026-01-01



## EDUCATION

### MBBS

**KMCT Medical College** - Kozhikode, India, 01/2021

- Completed 5.5-year undergraduate medical program including 1-year rotatory internship across all major clinical departments.
- Gained hands-on clinical experience in medicine, surgery, pediatrics, obstetrics & gynecology, psychiatry, ICU, and emergency care.
- Participated in public health initiatives, including immunization programs, school health screenings, and community medical camps.
- GPA: Second Class

### CBSE

**Chinmaya Vidyalaya School** - Thrissur, 01/2016



## EXTRACURRICULAR ACTIVITIES

Community Volunteer, 2026-01-01, Arabian Heart blood donation, Dubai



## LICENCES

- DHA Eligibility Letter, 99987484
- Travancore Cochin Medical Council (TCMC), 91867