

# Mustafa Abdelhameed Elmoursi

## PHYSIOTHERAPIST

DUBAI,UAE

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### PROFESSIONAL SUMMARY

Licensed by DHA | MOH with a strong background in post surgical rehabilitation and patient education. Experienced physiotherapist specializing in orthopedic manual therapy and rehabilitation. Skilled in creating individualized rehabilitation plans, collaborating with healthcare professionals, and supporting athletes in recovery and fitness restoration.

### PROFESSIONAL EXPERIENCE

<b>Physiotherapist and sports rehabilitation specialist</b> <b>Physio Cure clinics (Cairo)</b> <ul style="list-style-type: none"><li>collaborated with other healthcare professionals to create comprehensive care plans.</li><li>assessing and evaluating individuals</li><li>Introduced advanced manual therapy techniques</li></ul>	<b>07/2024 - 10/2025</b>
<b>Head of physiotherapist basketball teams</b> <b>ZED Sports Club ( Cairo )</b> <ul style="list-style-type: none"><li>individualized rehabilitation plan</li><li>Providing accurate plan to restore fitness and good recovery</li></ul>	<b>11/2023 - 07/2024</b>
<b>Head oh physiotherapy department</b> <b>Kobbry Al Qobba Military Hospital ( Cairo )</b> <ul style="list-style-type: none"><li>Facilitated specialized rehabilitation programs for military personnel recovering from injuries, improving patient mobility and accelerating return-to-duty timelines.</li><li>Enhancing the team skills and knowledge</li></ul>	<b>07/2023 - 09/2024</b>
<b>Physiotherapist</b> <b>Core clinic ( Mansoura )</b> <ul style="list-style-type: none"><li>Ability to evaluate and identify abnormalities</li><li>Post surgical rehabilitation and management</li><li>Patient education</li></ul>	<b>06/2023 - 06/2025</b>
<b>Physiotherapist and sports rehabilitation specialist</b> <b>Jazerrat Al Ward Sports club ( Mansoura )</b> <ul style="list-style-type: none"><li>Targeted exercise programs</li><li>Strength and conditioning exercises</li><li>Working in corporation with experienced and excellent doctors</li></ul>	<b>09/2021 -06/2023</b>

### EDUCATION

<b>Bachelor of Physical Therapy</b> Pharos University Alexandria , Egypt	<b>07/2016 - 07/2021</b>
<b>High school education</b> AL Manara Private School , Abu Dhabi , UAE	<b>07/2015 - 07/2016</b>

## INTERNSHIP

### **Moustafa Kamel Military Hospital**

05/2022 - 11/2022

- Ability to read and fulfil medical records
- Attending ICU lectures
- Provide patient counseling before discharge

### **Ajja Central Hospital**

11/2021 - 04/2022

- Working on documentation and objective techniques
- Managing full patients case files with independently under guidance of seniors and staff
- Problem solving abilities
- Ethics and proper use of of specialized equipment and modalities

## CERTIFICATES

<b>Certified CPR and AED Practitioner by DHA</b>	12/2025
<b>MOH Licensed physiotherapist certificate</b>	12/2025
<b>DHA Licensed physiotherapist certificate</b>	10/2025
<b>Orthopedic manual therapy certificate</b>	12/2022
<b>Sports injuries and rehabilitation certificate</b>	08/2021
<b>Dry / wet cupping certificate</b>	06/2021
<b>Dry needling certificate</b>	01/2021

## ACHEIVEMENTS

<b>Neymar JR Five Red Bull Tournament , Alexandria</b>	01/2020
<b>University football league champion</b>	2017-2018 2018-2019
<b>college football league champion</b>	2016-2017 2017-2018 2018-2019

## SKILLS

**Patient assessment**  
**Manual therapy**  
**Rehabilitation planning**  
**Pain management**  
**Patient education**  
**Therapeutic modalities**  
**Documentation skills**