

HIMA BALAN K

REGISTERED NURSE

DHA ID : 65970065



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himabalank38@gmail.com



AL karama, Dubai

CAREER SUMMARY

Dedicated and compassionate Registered Nurse with 3 years of experience in Medical, Surgical and Cardiac ward. Proficient in conducting comprehensive patient assessments, developing and implementing evidence based care plans and collaborating with interdisciplinary teams to ensure optimal outcomes. Adept at medication administration, monitoring vital signs, providing education to patients and families

KEY SKILLS

Patient Care
Vital Signs Monitoring
Medication Administration
Wound Care Management
IV Therapy
Health Assessment
Clinical Documentation
Patient Education & Counseling
Infection Control
Emergency Response
Care Planning
Patient Safety & Risk Management
Nursing Procedures & Techniques

SOFTWARE PROFICIENCIES

MS Word
MS Excel
MS PowerPoint

LANGUAGES

English
Malayalam
Hindi

CERTIFICATIONS

- **Basic Life Support (BLS)**
- **Advanced Cardiovascular Life Support (ACLS)**

EDUCATION

BSC NURSING | 2016 -2021
Aswini College Of Nursing, Thrissur

HIGHER SECONDARY | 2016
GHSS VILLADOM THRISSUR, India

WORK EXPERIENCE

STAFF NURSE | Nov 07, 2025 - Present
MEDICAL SURGICAL Nurse
Panacea Medical & Wellness Clinic
Al Karama, Dubai, UAE

STAFF NURSE | Aug 22, 2023 - 18-10-2025
MEDICAL, SURGICAL & CARDIAC WARD
Edappal Hospital Pvt Ltd, Malappuram

STAFF NURSE | Nov 5, 2021 – Jan 13, 2023
MEDICAL, SURGICAL & CARDIAC WARD
Edappal Hospital Pvt Ltd, Malappuram

- Monitor and record patients' vital signs, symptoms, and medical histories accurately.
- Administer medications, injections, and IV therapy as prescribed by physicians.
- Provide direct patient care including wound dressing, catheterization, and hygiene assistance.
- Assist in medical procedures and support doctors during examinations and treatments.
- Develop and implement individualized care plans based on patient needs.
- Educate patients and their families on health management, medication, and post-discharge care.
- Maintain accurate and up-to-date clinical documentation and patient records.
- Ensure adherence to infection control protocols and hospital safety standards.
- Respond promptly to medical emergencies and provide first aid or life support when required.
- Collaborate with multidisciplinary healthcare teams to optimize patient care outcomes.
- Supervise and mentor junior nursing staff and interns as needed.

REGISTRATION DETAILS

Council : Kerala Nurses & Midwives Council

Registration No : KL03202101755

Year : 2021

PERSONAL DETAILS

Nationality : Indian

D.O. B : 16/04/1999

Gender : Female

Marital status : Single

EQUIPMENTS HANDLED

- Pulse oximeter
- AMBU
- Cardiac monitor
- Nebulizer
- Suction apparatus
- ECG machine
- Thermometer
- Sphygmomanometer
- Stethoscope
- Glucometer
- Infusion pump
- Suction machine
- Air mattress
- Face mask, Nasal Cannula

PASSPORT DETAILS

Passport no : X7222739

Date of Issue : 20/03/2023

Date of expiry : 19/03/2033

Place of issue : COCHIN

DECLARATION

Hereby declared that the above particulars of facts and information stated are true, correct and complete to the best of belief and knowledge.

HIMA BALAN K