

# VIGIMOL VARGHESE

Registered Nurse | B.Sc. Nursing  
Kerala Nursing Council Reg. No.: KL0320225568  
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Email: vigimol1999@gmail.com  
Location: Sharjah, UAE

## OBJECTIVE

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Compassionate and results-driven Registered Nurse with hands-on experience delivering evidence-based, patient-centered care in hospital environments. Skilled in clinical assessment, vital signs monitoring, medication administration, and infection prevention. Demonstrates proficiency in electronic medical records (EMR/eMAR), emergency response, and multidisciplinary team coordination. Adept at educating patients and families, maintaining clinical accuracy, and ensuring compliance with nursing protocols and safety standards. Committed to continuous professional growth and contributing to high-quality healthcare outcomes in the UAE.

## EDUCATION

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### Bachelor of Science in Nursing (B.Sc. Nursing)

Kerala University of Health Sciences, Thrissur, Kerala

### Higher Secondary Education (Science Stream)

Board of Higher Secondary Education, Kerala

### Secondary School Leaving Certificate (SSLC)

Board of Public Education, Kerala

## SKILLS

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### Clinical Competencies

Patient Care, Medication Administration, Intravenous Therapy, Vital Signs Monitoring, Emergency Management, Patient Assessment, Wound Care, Infection Control, Critical Care Nursing, Post-operative Support

### Technical Proficiency

Electronic Medical Records (EMR), Electronic Medication Administration Record (eMAR), Microsoft Office Suite (Word, Excel, PowerPoint), Data Entry and Reporting

### Professional Attributes

Team Collaboration, Effective Communication, Healthcare Ethics, Time Management, Critical Thinking, Adaptability, Empathy, Attention to Detail, Multilingual Fluency

## WORK EXPERIENCE

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### Staff Nurse – General Medicine Department

Pushpagiri Medical College Hospital, Thiruvalla, Kerala, India

*Feb 2023 – Aug 2025 (2.6 Year)*

### Key Responsibilities:

- Provided comprehensive patient care by monitoring vital signs, assessing health conditions, and reporting abnormalities to physicians.
- Administered medications, IV infusions, and injections accurately according to prescribed protocols and patient safety standards.
- Ensured detailed clinical documentation within Electronic Medical Records (EMR/eMAR) for seamless communication and data accuracy.
- Responded promptly to medical emergencies, assisting in stabilization and resuscitation procedures.
- Practiced strict infection control and aseptic techniques, maintaining hygiene and compliance with hospital safety policies.
- Educated patients and families on disease prevention, treatment plans, and post-discharge care instructions.
- Collaborated with multidisciplinary healthcare teams to provide integrated and holistic care.
- Supported ICU and emergency units during critical care admissions and patient transfers.
- Maintained accurate medication records, reduced administration errors, and ensured compliance with nursing protocols.
- Delivered compassionate, culturally sensitive care to patients, upholding dignity, ethics, and confidentiality.

## **CERTIFICATION**

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- **Basic Life Support (BLS)** – American Heart Association (AHA)
- **Advanced Cardiovascular Life Support (ACLS)** – American Heart Association (AHA)

## **LANGUAGES**

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- English (Fluent)
- Hindi(Fluent)
- Malayalam (Fluent)

## **PASSPORT DETAILS**

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- Passport No: AE121360
- Place of Issue: Trivandrum
- Date of Issue: 23/07/2025
- Date of Expiry: 22/07/2035.

## **PERSONAL DETAILS**

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- Nationality: Indian
- Date of Birth: 30 August 1999
- Gender / Marital Status: Female / Married
- Availability: Immediate