

SIBIYA BENNY

DHA REGISTERED NURSE

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PROFESSIONAL SUMMARY

I'm a registered nurse with experience in both the medical-surgical ward and intensive care. Over the years, I've cared for patients at their most vulnerable moments—whether it was stabilizing someone in the ICU or supporting a family through long-term recovery. I've built strong skills in critical care, medication administration, and emergency response, but just as important to me is the human side of nursing: listening, reassuring, and making sure people feel safe. Having worked in fast-paced environments in India, I'm now preparing to bring that same commitment and adaptability to healthcare settings in the UAE.

EDUCATION & QUALIFICATIONS

BACHELOR OF SCIENCE IN NURSING (B.SC. NURSING)

Carmel College of Nursing, Aluva – Kerala University of Health Sciences | 2017

REGISTRATION DETAILS

KERALA NURSES AND MIDWIVES COUNCIL

Registered Nurse No : KL03201801747 | Registered on: 06 Feb 2018

PROFESSIONAL EXPERIENCE

REGISTERED STAFF NURSE – MEDICAL & SURGICAL WARD

Palace Hospital Private Limited – Chalakudy, Kerala, India | Aug 2021 – Sep 2024

- Provided direct patient care and monitored vital signs using protocols.
- Administered medications accurately and documented patient responses in electronic systems.
- Assisted physicians during rounds and implemented medical-surgical care plans effectively.
- Managed IV lines, wound dressings, and postoperative recovery with safety.
- Educated patients and families regarding disease management and discharge planning.
- Maintained infection control compliance and ensured safe clinical practice environments.
- Coordinated multidisciplinary teamwork to support comprehensive patient-centered care delivery effectively.
- Performed patient assessments and updated nursing documentation using standardized protocols.

STAFF NURSE – MEDICAL SURGICAL INTENSIVE CARE UNIT

Aditya Birla Memorial Hospital, Maharashtra, India | Feb 2018 – May 2020

- Delivered critical ICU care and monitored hemodynamics using advanced equipment.
- Assisted intubations, ventilator management, and emergency interventions during critical events.
- Operated cardiac monitors, infusion pumps, and defibrillators for unstable patients.
- Maintained invasive lines and ensured sterile technique during ICU procedures.
- Documented clinical changes and communicated urgent findings to attending physicians.
- Administered emergency medications and participated actively in resuscitation code management.

PROFESSIONAL & SOFT SKILLS

- Patient Assessment
- ICU Care
- Postoperative Care
- Medication Safety
- Emergency Response
- Ventilator Management
- Infection Control
- Pain Management
- Patient Education
- Care Planning
- Critical Thinking
- Time Management
- Team Coordination
- Clinical Documentation
- Monitoring Systems
- Ethical Nursing
- Communication
- Empathy
- Patience
- Adaptability
- Problem-Solving
- Leadership
- Teamwork
- Decision-Making
- Stress Management
- Attention to Detail
- Professionalism

EQUIPMENTS HANDLED

- ECG Machine
- Cardiac Monitor
- Infusion Pump
- Syringe Pump
- Ventilator
- Suction Machine
- Defibrillator
- PICCO Monitor
- IABP Machine
- Glucometer
- Nebulizer
- Pulse Oximeter
- Laryngoscope
- Ambu Bag
- Stethoscope
- Oxygen System
- Romovac Drain
- Dialysis Catheter

INVASIVE LINES HANDLED

- Arterial Line
- Central Venous Pressure Line
- Swan Ganz Catheter
- Dialysis Catheter
- Endotracheal Tube
- Tracheostomy Tube
- PICC Line
- ICD Tube
- Epidural Catheter
- Femoral Line
- Jugular Line
- Subclavian Line

CASES HANDLED

- Myocardial Infarction
- Heart Failure
- Stroke
- Sepsis
- ARDS
- COPD
- Asthma
- Chronic Kidney Disease
- Poisoning
- Shock
- Hypertension
- Diabetes
- Postoperative Recovery
- Oncology
- Pneumonia
- Post CABG
- Trauma
- Fractures
- GI Bleeding
- Liver Cirrhosis
- Acute Kidney Injury

PERSONAL DETAILS

- Date of Birth: 24/11/1995
- Marital Status: Married
- Nationality: Indian
- Registration Details: DHA Unique ID : 38411926 | Expiry Date : 15-09-2026
- Passport no: X5666397 Date of expiry: 02/02/2033
- Visa status: Visiting Visa Date of expiry: 18 January 2026
- Languages : **English** - Professional Proficiency | **Malayalam** - Native | **Hindi / Tamil** - Professional Proficiency
- References : **Available upon request.**