

Rabia Kanwal

(Registered Nurse)

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ABOUT ME

DHA-licensed Registered Nurse with over 18 years of diverse clinical experience across ICU, Emergency, Dialysis, Infection Control, and Surgical units in UAE and Pakistan. Proven expertise in delivering high-quality patient care, critical care monitoring, and emergency response in compliance with DHA and MOH standards. Highly skilled in NABID EMR documentation, multidisciplinary coordination, and patient education. Compassionate, detail-oriented professional committed to patient safety and clinical excellence.

WORK EXPERIENCE

Registered Nurse (DHA)

06/2024 - present

Ibn Nafees Clinic Bilhasa Group

UAE

Work Responsibilities: -

- Currently working as a DHA-licensed Registered Nurse, providing direct patient care in a clinical healthcare setting within the UAE.
- Deliver safe, accurate, and high-quality nursing care in compliance with DHA regulations, clinic policies, and international healthcare standards.
- Support physicians during consultations and procedures while coordinating with multidisciplinary teams to ensure effective patient management.
- Maintain precise patient records and clinical documentation using the NABID system, ensuring confidentiality and data accuracy.
- Enhance patient satisfaction by delivering compassionate care, clear communication, and timely patient education.

Emergency Department Registered Nurse

01/2021- 03/2023

District Health Quarter Hospital Layyah

Pakistan

Ministry of Health Govt of Punjab

Work Responsibilities: -

- Provided immediate nursing care to emergency and trauma patients by performing rapid assessments, triage, and continuous monitoring of vital signs.
- Administered emergency medications, IV fluids, oxygen therapy, and injections as per physician orders and emergency care protocols.
- Assisted doctors during resuscitation, emergency procedures, wound management, and trauma care while ensuring patient safety.
- Monitored patients for changes in condition, promptly reporting critical findings and responding effectively to medical emergencies.
- Maintained accurate and timely documentation of emergency care, nursing notes, and treatment provided in patient records.

I.C.U Registered Nurse

10/2018-12/2020

District Health Quarter Hospital Layyah

Pakistan

Ministry of Health Govt of Punjab

Work Responsibilities: -

- Delivered specialized nursing care to critically ill patients by continuously monitoring vital signs, neurological status, and hemodynamic parameters.
- Operated and monitored ICU equipment including ventilators, cardiac monitors, infusion pumps, and oxygen delivery systems.
- Administered IV medications, vasoactive drugs, sedatives, and fluids as prescribed, ensuring accuracy and patient safety.
- Assisted physicians during invasive procedures, intubation, central line insertion, and emergency interventions.
- Maintained detailed and accurate ICU nursing documentation, medication charts, and patient progress records.

Dialysis Registered Nurse**09/2017- 09/2018**

District Health Quarter Hospital Layyah

Pakistan

Ministry of Health Govt of Punjab

Work Responsibilities: -

- Provided safe and effective hemodialysis care to patients with acute and chronic renal failure in accordance with clinical protocols.
- Prepared dialysis machines, dialyzers, and water treatment systems while ensuring proper disinfection and functionality.
- Assessed patients before, during, and after dialysis by monitoring vital signs, weight, fluid balance, and vascular access sites.
- Initiated, monitored, and terminated dialysis sessions, promptly identifying and managing dialysis-related complications.

Infection Control Nurse**08/2015- 08/2017**

District Health Quarter Hospital Layyah

Pakistan

Ministry of Health Govt of Punjab

Work Responsibilities: -

- Implemented and monitored hospital infection prevention and control policies in accordance with national healthcare guidelines.
- Conducted regular surveillance of healthcare-associated infections (HAIs) and reported findings to hospital management.
- Educated nursing, medical, and support staff on infection control practices, hand hygiene, and use of personal protective equipment (PPE).
- Ensured compliance with sterilization, disinfection, and waste management procedures across clinical departments.
- Participated in infection control audits, inspections, and corrective action planning to reduce infection risks.

Surgical Nurse**06/2011- 08/2015**

Gynicand Surgical Nurse THQ Hospital Secondary Level Layyah

Pakistan

Ministry of Health Govt of Punjab

Work Responsibilities: -

- Provided perioperative nursing care to gynecological and surgical patients during pre-operative, intra-operative, and post-operative phases.
- Prepared patients for surgery by verifying consent, conducting pre-operative assessments, and ensuring readiness for procedures.
- Assisted surgeons and anesthetists during gynecological and general surgical procedures while maintaining a sterile field.
- Monitored patients' post-operative recovery, including vital signs, pain levels, wound condition, and early detection of complications.

Registered Nurse OB and Gynic Ward Nurse**12/2006- 06/2011**

District Health Quarter Hospital Layyah

Pakistan

Ministry of Health Govt of Punjab

Work Responsibilities: -

- Provided comprehensive nursing care to obstetric and gynecological patients during antenatal, intrapartum, and postnatal periods.
- Assisted obstetricians and gynecologists during normal deliveries, cesarean sections, and gynecological procedures while maintaining aseptic techniques.
- Monitored maternal and fetal Vital signs, labor progress, and post-delivery recovery, promptly reporting abnormalities.
- Educated mothers and families on newborn care, breastfeeding, family planning, and postnatal health practices.

Charge Nurse**05-2006- 11-2006**

Nishtar Hospital Multan

Ministry of Health Govt of Punjab

Work Responsibilities: -

- Supervised daily nursing operations within the assigned ward, ensuring efficient patient care delivery and adherence to hospital policies and clinical standards.
- Coordinated duty rosters, patient assignments, and workflow managements to maintain adequate staffing and smooth shift operations.
- Monitored patient care activities, reviewed nursing documentation, and ensured compliance with medication administration and safety protocols.

Education

Bachelor of Science in Nursing Preston University of Health Sciences Lahore, Pakistan	10/09/2017–16/09/2019
Master of Gender Studies /Women Health Alama Iqbal open University Islamabad, Pakistan	09/06/2013–20/09/2015
Master of sciences in Public Health Qaid Azam University Islamabad, Pakistan	01/06/2012–20/06/2014
MBA Human Resource Management Virtual University of Pakistan Lahore, Pakistan	09/09/2007–20/09/2010
Diploma in Midwifery Nishtar Hospital Multan, Pakistan	20/03/2004–23/03/2005
Diploma in Nursing Nishtar Hospital Multan, Pakistan	30/09/2000–20/09/2003

Professional Skills

- Skilled in patient assessment, vital signs monitoring, and clinical evaluation.
- Expertise in ICU, critical care, dialysis, and emergency/trauma nursing.
- Proficient in medication administration, IV therapy, and infection control.
- Experienced in assisting procedures, resuscitation, and minor surgeries.
- Strong in patient education, counseling, discharge planning, and care coordination.
- Accurate clinical documentation with NABID EMR and compliance with DHA/MOH standards.
- Effective communication, multidisciplinary collaboration, and compassionate patient care.
- Proficient in Microsoft Office and Electronic Health Record (EHR) systems.

Professional Certifications

- Basic life support provider (American Heart Association) 23/7/2026
- DHA Registered nurse # (50757734) from 1/7/2026
- Pakistan nursing council register nurse and public health specialist #(A37251) 26/2/2026
- Fire and safety training save fast expiration date 6/11/2026
- Child abuse certificate (New York state of education department) 8/2027
- Infection control training and certificate (New York state of education department) 8/2027
- Basic Emergency Obstetric and Neonatal Care
- Distinction Certificate(Professional BSC Nursing)
- HealthCare financing
- Nclex in process

Additional information

- **Languages:** English, Urdu, Arabic
- **Nationality:** Pakistani
- **Date Of Birth:** 11-10-1984
- **Marital Status:** Married
- **Passport no:** DM4790424
- **DHA License:** 50757734-001