



# AMINA NS

REGISTERED NURSE – DHA ID: 28209750

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## PROFESSIONAL SUMMARY

DHA-licensed Registered Nurse with hands-on experience in Out patient, dental assistance, critical care, emergency and gastroenterology. Skilled in patient monitoring, wound care, medication administration, infection control and emergency response. Committed to providing safe, accurate, and high-quality patient care in fast-paced clinical settings.

## CORE COMPETENCIES

Patient Assessment

Emergency Care

Medication Administration

Patient Education

Medical documentation

Infection Control

Patient Management

Wound Care

Communication skill

## CERTIFICATIONS

- RN- Dubai Health Authority
- BLS - American Health Association
- RN - Kerala Nurse and Midwives Council
- Certificate programme on infection and prevention and control (CIPC)

## PROFESSIONAL EXPERIENCE

### Registered Nurse

Wadi Al Safa Medical Center – Dubai, UAE

Jan 2024 – Present

- Provide comprehensive nursing care, including monitoring vital signs, administering prescribed medications, and observing patient responses.
- Assist doctors during minor procedures and emergency care, ensuring patient safety and readiness.
- Maintain strict infection control and sterilization practices as per DHA/CDC standards.
- Assist gynecologists during antenatal checkups, Pap smears, and IUD insertions/removals.
- Prepare patients for procedures, provide post-procedure observation and counseling.
- Coordinate sample collection, lab investigations and ultrasound support for women's health cases.
- Assist dentists in restorations, extractions, root canals, scaling, polishing and impressions.
- Take and process dental X-rays, ensuring radiation safety compliance.
- Prepare and mix dental materials such as composites, cements and impression material like alginate.
- Provide chairside and postoperative care, maintaining patient comfort and safety.
- Manage dental instrument sterilization, inventory and daily operatory readiness.

### Registered Nurse

Lords Hospital – Anayara, Trivandrum, Kerala

Aug 2022 - Aug 2023

- Provided bedside care in CCU, Gastroenterology, and Emergency units.
- Monitored vitals, assisted in critical interventions, and maintained accurate records.
- Administered blood transfusions and ensured infection control during wound care.
- Supported multidisciplinary teams to deliver quality patient care.

## TECHNICAL SKILLS & EQUIPMENT HANDLED

- Ventilator, Defibrillator, Pulse Oximeter, Cardiac Monitor
- Suction Apparatus, Nebulizer, Steam Inhaler, Glucometer
- Ambu Bag, Oxygen Flow Meter, Sphygmomanometer
- Crash Trolley with CPR Equipment
- Syringe Pump, ECG Machine, Ultrasound machine
- Dental Chair and intra oral x ray machine

## AWARDS & ACTIVITIES

- Participated in COVID - 19 activities as a Covid Warrior

## PERSONAL DETAILS

- Date of birth: 23/06/1999
- Nationality: Indian
- Marital Status: Married
- Visa Status: Husbands visa
- Religion: Muslim