

CURRICULUM VITAE

DHA LICENSING EXAM ELIGIBILITY ID: 89862173



ANOOPA ALEX

DUBAI – UAE

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Personal Details

Date of Birth : 05/05/1994

Gender : Female

Nationality : Indian

Civil Status : Married

Passport Details

Passport No : P4013936

Date of issue : 26/09/2016

Date of Expiry: 25/09/2026

Visa Status : Employment Visa

PROFESSIONAL OBJECTIVE:

Seeking a career with a progressive organization where I can utilize my skills, knowledge and experience in a challenging role that allows for advancement and growth.

EDUCATIONAL & TECHNICAL QUALIFICATION

- ❖ **BSC Nursing** – Heartland College of Institution under RGUHS University, Bangalore.(2011 – 2015) – 69%
- ❖ **PLUS TWO** –Kerala Board Higher Secondary Examination.(2011) – 70%
- ❖ **SSLC** – Kerala Board Public Examination of Kerala.(2009) – 71%

PROFESSIONAL QUALIFICATION :

- ❖ DHA Licensing exam edibility ID : 89862173
- ❖ Saudi Arabia Professional Registered Specialist - Nurse profile ID.19105802
- ❖ Registration on as midwife and nursing in Rajiv Gandhi University of Health and Science – reg No.76191.

PROFESSIONAL EXPERIENCES:

- ❖ Working as a **REGISTRERED NURSE** at **DUBAI HOSPITAL** in **Dubai (26/02/2024 to til date).**
- ❖ Worked as a **REGISTERED NURSE** at **ASTER HOSPITAL** in **Dubai. (10/04/2023 to 25/01/2024).**
- ❖ Worked as a **REGISTERED NURSE** at **Maternity and Children Hospital** (Neonatal Intensive Care Unit) in Saudi Arabia. (11/02/2019 to 04/12/2022)
- ❖ Worked as a **REGISTERED NURSE** at **Bhagwan Mahaveer Jain Hospital** (Medical, Surgical Ward & ICU) in Bangalore India. (05/01/2016 to 31/08/2019)

INN SERVICE EDUCATIONAL PROGRAMS ATTENDED:

- CBAHI (Central Board of Accreditation for hospital and Other Health Care Institutions)
- National Accreditation Board of hospital and Healthcare Providers (NABH)
- Bio-medical Waste management Fire and Safety, communication skills.
- Infection controls safe infection protocols, Quality control.
- Basic life support.
- Neonatal resuscitation program.

DUTIES & RESPONSIBILITIES:

- Assessing patients and provide comprehensive nursing care based on nursing care plan.
- All basic nursing procedures like maintenance of unit, admission and discharge procedures.
- Meeting the personal hygiene, nutritional and emotional needs of patients.
- Administering medications and injections as per order.
- Monitor high risk patients closely and prevent patient falls and injuries.
- Maintenance of all records of legal documentations of patients.
- Checking inventory daily and keep a record of it.
- Counseling and educating patients and relatives regarding health related topics.
- Follow infection control practices and control hospital acquired infections.
- Provide comprehensive nursing care to patients with life threatening problems.
- Clinical management of ICU as a staff nurse.
- Management of any type of emergencies and identifying complications and critical care situations.
- Management of ventilator patients: endotracheal suctioning, ventilator care and ABG analysis.
- Administer therapeutics and ensure quality and comfort services in providing nursing care to critically ill patients.
- Monitor patients for post-operative complications and immediately inform any unusual findings to respective doctors.

PERSONAL SKILLS: -

- ❖ Hard working and Dedicated
- ❖ Honesty & Reliability
- ❖ Good communication and analytical skills
- ❖ Easy adaptability to situations.
- ❖ Leadership Quality
- ❖ Trust worthy

LANGUAGES:

English, Tamil, Malayalam & kannada

DECLARATION:

I here declare that the above-mentioned statement is correct & true to the best of my knowledge & belief.

ANOOPA ALEX