



# ADITHYAMOL MUNDAPLACKAL SHAJI

REGISTERED NURSE

## Contact Info :

**Address :** Dubai, Karama, UAE  
+971 551990379  
adithyashaji006@gmail.com

## PERSONAL DETAILS :

- Date of Birth : 09<sup>th</sup> November 1997
- Sex : Female
- Marital Status : Unmarried
- Passport No. : U9894438
- Location : Dubai, UAE

## LANGUAGES KNOWN :

- English
- Hindi
- Malayalam

## PROFESSIONAL REGISTRATION :

- Kerala Nurses and Midwives Council.

## LICENSE :

- Dubai Health Authority (DHA)

## TRAINING :

- Aha Certified BLS.

## APPRECIATION :

Certificate of appreciation for being at the fore front of the fight against Covid -19.

## Assisted in :

- Endo tracheal intubations.
- Lumba puncture.
- Suturing of wound.
- Application of Plaster Cast.
- Insertion and removal of chest tube.
- Pleural aspiration.
- Bladder catheterization.
- CPR.
- Abdominal tapping.
- Suture removal.
- Central Line insertion.

## PROFESSIONAL SUMMARY :

Highly dedicated and compassionate Registered Nurse, offering over two years of experience providing exceptional, patient-centred care in dynamic healthcare environments. Skilled in managing acute and chronic medical conditions, critical care, medication administration, and performing advanced nursing interventions across medical-surgical, emergency, and multidisciplinary settings. Adept at utilising state-of-the-art medical technologies and ensuring patient safety through evidence-based practices. Known for strong clinical judgement, team collaboration, and commitment to continuous professional development. Seeking to bring clinical expertise and a commitment to compassionate care to a dynamic healthcare team in the UAE.

## EDUCATIONAL QUALIFICATION :

- **B.Sc Nursing** - Mahatma Gandhi University, Kerala, India
- **Plus Two** – Board of Higher Secondary Examination, Kerala, India
- **S.S.L.C** – Public Examination, Kerala, India

## PROFESSIONAL EXPERIENCE :

Designation / Employer	Duration
Registered Nurse (Medical Surgical Unit) Amrita Institute of Medical Science, Cochin, Kerala, India	Nov 2024 – Mar 2025
Registered Nurse (Medical Surgical Unit) Aster Medicity, Cochin, Kerala, India	Feb 2023 – Mar 2024
Registered Nurse (Multi disciplinary) District Hospital, Kozhenchery, Kerala	Oct 2020 – Oct 2021

## PROFESSIONAL STRENGTH :

Ability to build up positive relationship with patients I believe in confidence and hard working. My loyalty and sincerity will be the key for my success.

### **Basic Nursing Procedure Performed :**

- Assessing the physical and psychological needs.
- Planning of patient care.
- Chemotherapy Medication Intravenous administration.
- Monitoring fluid balance – intake output charting.
- Management of Medication.
- Checking random blood sugar and administration of Infusion.
- Tracheostomy care.
- Female catheterization.
- Resuscitating during cardiac and respiratory arrest.
- Inserting nasogastric tube.
- Care of unconscious patients.
- Tracheo – bronchial suctioning.
- Application of traction.
- Infection Control.
- Care of patients in TPN
- Computer charting.
- Monitoring patients on central line.
- Surgical dressing.
- Catheter care.
- Enema.
- Care of patients on chest drainage.
- Giving active and passive exercise.
- Hot and cold application.
- Insertion of peripheral line.
- Administration of Oxygen and nebulizer
- SPOs
- Monitor ABG and report the values.

### **REFERENCE :**

#### **Capt . R Thankam**

Chief Nursing Officer

Aster Medicity

Email :

thangam.rajarathinam@asterhospital.com

#### **Ms. Sai Bala M**

Nursing Director

Amrita Institute of Medical Science

Email : nursingservices@aims.amrita.edu

### **ROLES AND RESPONSIBILITIES :**

- Checking vital signs at regular intervals.
- Observe patient for any complication.
- Performing CPR during an Emergency.
- Assisting and performing procedures like iv – line insertion, Foleys catheterization, Ryle’s tube insertion, Intubation.
- Preparing patients for investigation like MRI, CT SCAN, XRAY, USG, Endoscopy, ECHO.
- Sending blood, urine, stool, swab, sputum samples for investigations.
- Patient care including triage assessment, IV insertion, Pain Management, wound care.
- Covid swab collection.
- Operate medical equipment.
- Assisting the doctor during examination, treatment and procedures.
- Perform other duties as assigned.

### **EQUIPMENT HANDLED :**

- Cardiac Monitor,
- Infusion Pumps.
- Syringe pump.
- CPAP.
- Glucometer.
- ABG Machine.
- Nebulizer.
- Remote Controlled Beds.
- Suction apparatus.
- Laryngoscope.
- Defibrillator.
- Ventilator.
- Portable oxygen cylinder.

### **DECLARATION :**

I hereby declare that the above mentioned particulars are true to the best of my knowledge and believe nothing has been concealed.

**Adithyamol Shaji**