

LIDIYA P LALU

REGISTERED NURSE



Flat No. 415, Rolla Tower,
Al Rolla St., Sharjah, UAE



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ABOUT ME

Dedicated and compassionate registered nurse with proven ability to provide direct patient care in a fast-paced environment. Calm and levelheaded with the ability to effectively handle difficult patients and navigate high-stress situations with ease. Leveraging my strong verbal communication skills and a touch of humor, I excel at building robust interpersonal relationships with both patients and their families, ensuring a comfortable and trusting environment for all.

WORK EXPERIENCE

PD Hinduja
Hospital &
Medical Research
Centre

Feb 2022 - Apr
2025
Mumbai

NURSING OFFICER I

EMPLOYER DESCRIPTION:

PD Hinduja Hospital and Medical Research Centre is a tertiary level multi-specialty private hospital equipped with over **520 beds** of which 20% are charity reserved. It has **62 critical care beds**, and **12 operating rooms**. It runs an OPD and IPD for all medical and surgical specialties, except for Obstetrics, burns and organ transplantation.

UNIT DESCRIPTION:

10th floor South-West ICU is a cardiac specialized and medical-surgical ICU with a total of 11 beds - 6 for post operative cardiac cases and the rest 5 for medical surgical cases, among which 6 beds are inbuilt with hemodialysis amenities. It receives all kinds of post operative cardiac patients including open as well as minimally invasive CABGs, valve repair, and Bentall's procedure. It is also equipped to be transformed to a pseudo operation theater for emergency thoracotomies. Bedside catheterization procedures like that of TPM, IABP, hemodialysis catheters, CRRT, and ECHMO also happen here with an efficient team of doctors and nurses.

ROLES AND RESPONSIBILITIES:

- Expertise in evidence-based nursing care through comprehensive assessment, planning, implementation, and evaluation.

PERSONAL DETAILS

Date of birth:

07 Apr 1999

Nationality:

Indian

Marital status:

Single

EDUCATION

BACHELOR OF SCIENCE IN NURSING

Mumbai / 2017 -2021

College: Leelabai Thackersey College of Nursing

University: Shreemati Nadhibai Damodar Thackersey Women's University

College Address: 1, Nathibai Thackersey Road, Churchgate, Mumbai, Maharashtra, India

College E-mail: ltcn@rediffmail.com

LANGUAGES

English

Hindi

Malayalam

Marathi

- Proficient in medication administration adhering to the 6 Rights, including S4 & S8 drugs to ensure a safe work environment.
- Diligent maintenance of unit stock and accurate shift-wise inventory management.
- Specialized in patient care undergoing cardiac imaging and stenting procedures.
- Skilled in post-operative care for cardiothoracic surgery patients.
- Competent in assisting aseptic ICU procedures including catheterization of IABP, TPM, and Pulmonary Artery catheter .
- Experienced in managing patients requiring CRRT, cardioversion, defibrillation, hemodialysis, high dependency inotropes ; and anti-arrhythmic drugs.
- Proficient in applying various invasive and non-invasive oxygen delivery techniques.
- Committed to patient and family education to support informed decision-making.
- Active participant in Rapid Response and Code Blue teams, demonstrating emergency response proficiency
- Working hours : 48 hours/ week

NURSE INTERN

UNIT DESCRIPTION:

13th floor Surgical ICU Provides care for pre-operative clients who are scheduled for planned surgeries in a day or two. It has a total of 24 beds with 8 single deluxe rooms and 8 twin sharing rooms. It receives all kinds of stable post-operative cases. Each shift here the ward is run by 4 nursing officers, nurse interns, and visiting specialty registrars.

ROLES AND RESPONSIBILITIES:

- Conducted initial assessments and provided continual, comprehensive care to patients.
- Managed admission, transfer, and discharge processes efficiently.
- Ensured patient's basic care and comfort needs were consistently met.

PD Hinduja Hospital & Medical Research Centre

May 2021 - Jan 2022
Mumbai

LINK

Certificates:

<https://drive.google.com/file/d/15MODJLR1ThObdXvG7DdW0uzb...>

ACHIEVEMENTS

BEST ICU NURSE AWARD

PD Hinduja Hospital and Medical Research Centre, Mumbai.

Feb 2024 - Apr 2024

NATIONAL FINALIST

ANEICON Best Student Nurse Speaker

2021

SPEAKER IN BREAST FEEDING WEEK CELEBRATION

Student Led Conference - LT College of Nursing

2020

PROFESSIONAL CERTIFICATION AND TRAINING

Charles Institute, Mumbai

BLS AND ACLS

March 2025

PD Hinduja Hospital and Medical Research Centre, Mumbai

VENOUS THROMBOEMBOLISM PREVENTION AND MANAGEMENT

Oct 2024

PD Hinduja Hospital and Medical Research Centre, Mumbai

CERTIFICATION FOR CRITICAL CARE NURSING PROGRAM

Apr 2022 - Dec 2023

PD Hinduja Hospital and Medical Research Centre, Mumbai

SAFE INFUSION THERAPY

Aug 2023

PD Hinduja Hospital and Medical Research Centre, Mumbai

NURSING EXCELLENCE CERTIFICATION PROGRAM

May 2022

PD Hinduja Hospital and Medical Research Centre, Mumbai

PRESSURE INJURY PREVENTION AND MANAGEMENT

May 2022

PD Hinduja Hospital and Medical Research Centre, Mumbai

BEST PRACTICES OF PHLEBOTOMY

Mar 2022

REGISTRATIONS

Nurse and Midwife-Registered Nurse

DUBAI HEALTH AUTHORITY

DHA Unique ID: 71095203
Validity: 20 Apr 2026

MAHARASHTRA NURSING COUNCIL, INDIA

BSc Nurse: II-33321
Midwife: XVI-30108
Validity: 30 Mar 2027

REFERENCES

**DR. PHALAKSHI MANJREKAR
(DIRECTOR OF NURSING)**

PD Hinduja Hospital and Medical
Research Centre

✉ noffice@hindujahospital.com

**MS. SHOLLY VARGHESE
(NURSE MANAGER)**

PD Hinduja Hospital and Medical
Research Centre

✉ shollymumbai@gmail.com

DECLARATION

I hereby declare that all the above-mentioned information is true to the best of my knowledge and belief, and I take the complete responsibility of the same.

Thank you.

Name: Lidiya Pappachan Lalu

Place: Rolla, Sharjah

Date: 10 May 2025