



ASHNA SATHEESH

REGISTERED NURSE (DHA)

+971 564290147 | ashnasatheesh21@gmail.com | Dubai, UAE

Compassionate and detail-oriented **Registered Nurse (DHA Eligible)** with proven experience in **aesthetic, dental, pediatric, and operation theatre (OT) care**. Adept in delivering high-quality patient care, clinical documentation, and multidisciplinary collaboration. Skilled in **emergency and critical care nursing, patient assessment, medication administration, and infection control**. Demonstrated ability to manage high-pressure environments with professionalism, empathy, and accuracy.

AREA OF EXPERTISE

Patient Care • Emergency Response • IV Therapy • Medication Administration • Critical Thinking • OT & Aesthetic Procedures • Pediatric Nursing • Clinical Documentation • Infection Control • Health Education • Patient Safety • Multidisciplinary Teamwork • Electronic Health Records (EHR) • Time Management • Adaptability

WORK HISTORY

RALS HEALTHCARE CLINIC – DUBAI, UAE

Registered Nurse (Aesthetic & Dental Department) | April 2025 – Present

- Provide patient-centered care in aesthetic and dental procedures, ensuring adherence to DHA safety and infection-control protocols.
- Operate and maintain HydraFacial equipment, sterilization systems, and dental instruments.
- Monitor patients pre- and post-procedures, document vital signs, and ensure optimal recovery outcomes.
- Support doctors in facial aesthetic treatments, laser therapy, and dental care assistance.
- Maintain accurate clinical documentation in the Electronic Medical Record (EMR) system.

BHARATH HOSPITAL – KOTTAYAM, INDIA

Registered Nurse (OT Nurse – Surgical & Critical Care) | Nov 2024 – Mar 2025

- Assisted surgeons during operative procedures; prepared and maintained sterile environments.
- Monitored anesthesia equipment, patient vitals, and surgical instruments.
- Administered IV infusions, medications, and emergency life-support procedures.
- Collaborated with anesthesiologists and surgeons for pre- and post-operative patient care.
- Handled HydraFacial and laser equipment for post-surgical cosmetic recovery.

BHAVANA PEDIATRIC HOSPITAL – KERALA, INDIA

Registered Nurse (Pediatric Ward) | Nov 2023 – Nov 2024

- Delivered compassionate nursing care to pediatric patients, including vaccination, medication administration, and wound care.
- Supported physicians during child health assessments and emergency care interventions.
- Monitored growth parameters, nutrition, and vital signs; documented patient records accurately.
- Educated parents on pediatric care, hygiene, and immunization schedules.

EDUCATION

Bachelor of Science in Nursing (B.Sc Nursing) | 2019 – 2023
Tadikela Subbaiah College of Nursing

Higher Secondary Education (12th Grade) | 2017 – 2019
National Institute of School

Secondary School (10th Grade) | 2017
SKM Public School

CERTIFICATIONS

Basic Life Support (BLS)

LICENSE

Dubai Health Authority (DHA) Eligibility ID: 21620091
Status: DHA Eligible Registered Nurse

TECHNICAL SKILLS

- **Clinical Devices:** BP Apparatus, Pulse Oximeter, Nebulizer, Infusion Pump, Syringe Pump, Glucometer, Ambu Bag, ECG Machine, Cardiac Monitor, HydraFacial Machine.
- **Software:** MS Office (Word, Excel, PowerPoint), Electronic Health Record (EHR), Hospital Information Systems (HIS).
- **Procedural Skills:** Venipuncture, Catheterization, IV Cannulation, Wound Dressing, Vaccination, Oxygen Administration.

PERSONAL DETAILS

Date of Birth: 21 December 1999
Gender: Female
Marital Status: Married
Nationality: Indian
Visa Status: Employment Visa

LANGUAGES

English (Fluent)
Malayalam (Native)
Hindi (Fluent)
Kannada (Conversational)

REFERENCE

Available upon request