

# ANEESHA RAFEEK

**DHA REGISTERED NURSE**  
Nationality: India



## Contact Details:

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📍: **Dubai, United Arab Emirates**

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Compassionate and dedicated Registered Nurse with 2+ years of experience in delivering high-quality patient care across diverse healthcare settings, including medical-surgical, emergency, and Intensive Care Units, medication administration, and wound care, with a strong commitment to promoting patient safety and well-being. ACLS and BLS certified, with a strong background in critical care and trauma response. Adept at working collaboratively with multidisciplinary teams and ensuring compliance with hospital protocols and regulatory standards. Excellent communication skills and a proven ability to manage stressful situations effectively, ensuring optimal patient outcomes. Passionate about continuous learning and staying updated with the latest nursing practices.

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## REGISTRATION & LICENSURE

- **DHA Registered Nurse, Registration ID 34299917 - Valid until 26<sup>th</sup> November 2026**
  - **KNMC Registered Nurse, Kerala, India – License No: KL03202201377, Valid until August 2027**
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## EDUCATION

**BACHELOR OF SCIENCE ( BSC ) IN NURSING FROM KERALA UNIVERSITY OF HEALTH SCIENCES (KUHS)**

ASTER MIMS ACADEMY – CALICUT – 2022 - graduated with First Class

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## CERTIFICATIONS

- **Basic Life Support (BLS), American Heart Association – Valid until October 2027**
  - **Advanced Cardiovascular Life Support (ACLS), American Heart Association – Valid until October 2027**
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## EXPERIENCE

### ❖ **STAFF NURSE**

MOUNT ZION MEDICAL COLLEGE – Adoor, Kerala

AUGUST 2024 – SEPTEMBER 2025

Worked in the Orthopedics ward, providing comfort care to patients with fractures. Assisted in all aspects of patient care within the unit.

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## Orthopedics Ward: -

- Vital signs monitoring
- Foley's catheterization
- Ryle's tube insertion
- Medication's administration
- Oxygen therapy
- Cardiopulmonary resuscitation
- ECG
- GRBS monitoring
- Wound dressing
- All sites of injection
- Blood sampling

## ❖ **STAFF NURSE**

ASTER MEDCITY HOSPITAL – Kochi, Kerala

SEPTEMBER 2022 – APRIL 2024

Worked in the Medical ICU, providing critical care and support to patients with complex medical conditions, ensuring optimal outcomes through vigilant monitoring and effective treatment.

## Medical ICU: -

- Ventilator care
- Ryle's tube insertion
- Foley's catheterization
- IJC insertion assistant
- Intubation assistant
- Wound care
- Pressure ulcer management
- Wound cleaning and dressing
- ABG analysis
- Suctioning
- All dialysis catheter care
- Cardiopulmonary resuscitation
- Defibrillation
- Nebulization

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## EQUIPMENTS HANDLED

- Ventilator
- NIV
- BIPAP
- Infusion pump
- Syringe pump
- ECG machine
- Laryngoscope
- Defibrillator
- Suction device
- HFNC
- Arterial line
- NG tube
- Foley's catheters

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## PERSONAL SKILLS

- Compassionate Patient Care
  - Cultural Sensitivity & Multicultural Awareness
  - Teamwork & Collaboration with Medical Staff
  - Time Management & Prioritization
  - Adaptability in Fast-Paced Environments
  - Strong Communication Skills (verbal & written)
  - Attention to Detail
  - Professionalism & Ethics
  - Emotional Resilience under Pressure
  - Confidentiality & Patient Privacy Compliance
  - Proficient Computer Knowledge
  - Critical Thinking & Problem Solving
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## PERSONAL INFORMATION

Date Of Birth : 22-10-1999  
Sex : FEMALE  
Nationality : INDIAN  
Marital Status : MARRIED  
Visa Status : VISIT VISA / valid till 29-01-2026  
Passport No : V6188416 / valid till 07-02-2032  
LANGUAGES : ENGLISH, MALAYALAM, HINDI & TAMIL

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## DECLARATION

I hereby declare that the above-mentioned information is true and correct to the best of my knowledge and belief. I am also prepared to provide any relevant certificates or supporting documents upon request.

Place : Dubai, UAE

ANEESHA RAFEEK