

ANSA SABU

DHA UID: **70176500**

DHA Registration Expiry Date: **22-04-2026**

POSITION: **STAFF NURSE**

INDIA EXPERINCE: **2 YEARS**

EMAIL: ansasabu2020@gmail.com

MOB: [+971561047827](tel:+971561047827)



About Me

A highly dedicated and patient-focused registered **B.Sc. Nurse** with **2 years** of hands-on experience in India, working across Medical-Surgical, Obstetrics, and Postnatal wards. Known for delivering exceptional patient care, assisting in complex medical procedures, and ensuring strict adherence to hospital protocols. Demonstrated expertise in areas such as **postnatal care, newborn care, surgical dressing, and emergency procedures including CPR**. Proficient in operating advanced medical equipment, maintaining accurate medical records, and fostering a safe and hygienic healthcare environment. Eager to leverage my skills and experience in the **Operation Theatre, Labor Room, OBG Ward, and NICU** to contribute to a high-quality healthcare facility.

Professional Skills

- **Comprehensive Patient Care:** Skilled in providing holistic nursing care in medical, surgical, obstetrics, and gynecology wards, with strong focus on patient comfort, safety, and dignity.
- **Clinical Procedures:** Proficient in performing and assisting with clinical tasks including cannulation, endotracheal suctioning, nasogastric tube insertion, tracheostomy care, surgical dressing, and blood collection.
- **Maternal & Neonatal Care:** Experienced in managing antenatal, postnatal, and newborn care; assisted in labor and delivery procedures and provided postpartum education to mothers and families.
- **Emergency Response:** Capable of handling emergencies, performing CPR, and delivering timely interventions during critical situations.
- **Monitoring & Documentation:** Adept at monitoring vital signs, administering medications, and maintaining accurate and up-to-date patient records.
- **Team Collaboration:** Strong ability to coordinate with multidisciplinary teams to develop and implement individualized care plans.
- **Infection Control & Safety:** Committed to following infection control protocols and maintaining a safe, clean, and hygienic environment

- **Clinical Exposure:** Gained hands-on experience during academic rotations in **ICU, Emergency Department, and Operation Theatre**, enhancing readiness for diverse clinical scenarios
- **Patient Education:** Skilled in educating patients and families on postnatal care, breastfeeding, surgical recovery, and general wellness.

Key Skills:

- Patient Care & Safety
- Infection Control
- Newborn & Postnatal Care
- Critical Thinking & Decision-Making
- Communication & Team Collaboration
- Medical & Surgical Assistance
- Emergency Response & CPR
- Tracheostomy & Cannulation
- Accurate Documentation
- First Aid & Wound Care

Clinical Procedures Assisted or Performed:

- Newborn care
- Postnatal care
- IV cannulation
- Endotracheal suction
- Total Parenteral Nutrition (TPN)
- Tracheostomy care
- Surgical dressing
- Nasogastric tube insertion
- Assisted in CPR
- Blood collection

Experience

1. STAFF NURSE

ALFA MEDICARE HOSPITAL – MALAPPURAM, INDIA (Obstetrics and Gynecology Department)
DECEMBER 4, 2023 – DECEMBER 12, 2024

- Managed antenatal, postnatal, and newborn care with a strong focus on patient safety and comfort.
- Assisted in labor and delivery procedures, postpartum care, and newborn assessments.
- Performed routine procedures including tracheostomy care, surgical dressings, and blood collection.
- Educated patients and families on postnatal care, breastfeeding, and post-surgical recovery.
- Monitored patient recovery and provided timely interventions during emergencies.

2. STAFF NURSE

ASTER MEDCITY HOSPITAL – ERNAKULAM, INDIA (Medical, Surgical, and Gynecology Wards)
JULY 18, 2022 – AUGUST 30, 2023

- Provided comprehensive nursing care to patients in medical, surgical, and gynecology wards.
- Monitored vital signs, administered medications, and ensured accurate documentation of treatment records.
- Assisted in various procedures including suctioning, nasogastric tube insertion, cannulation, and endotracheal care.

- Collaborated with multidisciplinary teams to develop and implement individualized care plans.
- Ensured adherence to infection control protocols, promoting a clean, safe, and hygienic environment.

3. CLINICAL INTERNSHIP (DURING B.SC. NURSING COURSE)

VYDEHI INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE – BANGALORE, INDIA
2017 – 2022

- Rotated through departments including ICU, Emergency, and Operation Theatre as part of clinical training.
- Assisted nursing staff in providing empathetic, patient-centered care.
- Gained practical knowledge of lab tests critical for diagnosis and treatment in various departments.
- Supported patient triage by performing detailed medical assessments and recording vital signs.

Education

- **Bachelor of Science in Nursing (B.Sc. Nursing): 2017 – 2022**
Vydehi Institute of Medical Sciences and Research Centre – Bangalore, India
- **Higher Secondary Education (Plus Two): 2015 – 2017**
Pathmanabhodayam Higher Secondary School – Mezhuveli, Kerala, India
- **Secondary School Leaving Certificate (S.S.L.C): 2015**
NSS Girls High School – Kerala, India

Professional Registration

- Council: Kerala Nurses and Midwives Council
Registration No: KL04202201755
Date of Issue: 13/06/2022
Date of Expiry: 12/06/2027
- DHA: Nurse and Midwife – Registered Nurse – Nursing
DHA Unique ID: 70176500
Date of Issue: 22/04/2025
Date of Expiry: 22/04/2026

Personal Details

- **DATE OF BIRTH:** 03/11/1998
- **PASSPORT NO:** V6613014
- **NATIONALITY:** Indian
- **MARITAL STATUS:** Married