



# Sheelarani Roobertajan

## CONTACT

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## SKILLS

- Medical & Surgical Ward
- Post-Anesthesia Care (PACU)
- Emergency & Trauma Care
- Advanced Patient Monitoring
- Medication Administration & IV Therapy
- Infection Control
- Patient Safety & Education
- Time management expertise
- Care planning proficiency
- Medication administration oversight
- Palliative care knowledge
- Midwifery training
- Patient care
- Medical teamwork

## LANGUAGES

English

Fluent

Tamil

Native

Arabic

Intermediate

## PERSONAL DETAILS

## PROFESSIONAL SUMMARY

Dedicated healthcare professional with extensive expertise in Medical & Surgical care nursing, post-anesthesia care, and emergency and trauma care. Proficient in advanced patient monitoring, life support management, and medication administration. Demonstrates strong skills in infection control, patient safety, and education, with a focus on time management and care planning. Experienced in palliative care and midwifery training, contributing to effective medical teamwork. Committed to enhancing patient outcomes through comprehensive care strategies.

Compassionate Registered Nurse with focus on patient-centered care. Delivered high-quality nursing services, improving patient outcomes and satisfaction. Enhanced team collaboration and streamlined care processes, ensuring seamless operations and better health results.

## WORK HISTORY

Registered Nurse

02/2024 - 03/2025

Peashanth Multi Speciality Hospital - Chennai

- Provide comprehensive nursing care to patients before and after surgical procedures, ensuring their comfort and stability.
- Regularly assess and monitor vital signs, such as blood pressure, heart rate, oxygen levels, and pain levels, to track recovery progress and identify any complications.
- Administer prescribed medications, IV fluids, and pain management treatments, ensuring accurate dosage and timely delivery as per the physician's instructions.
- Perform dressing changes, wound assessments, and infection prevention measures to promote healing and prevent post-surgical complications.
- Educate patients and their families on post-operative care, including wound management, dietary requirements, mobility exercises, and medication adherence.
- Work closely with surgeons, anesthetists, and multidisciplinary teams to coordinate patient care and provide necessary medical interventions.
- Maintain accurate and up-to-date patient records, including treatment plans, progress notes, and medication charts for effective communication and continuity of care.
- Recognize early signs of complications, respond promptly to emergencies, and provide immediate interventions such as CPR or oxygen therapy when required.
- Ensure proper use and maintenance of medical equipment, such as monitoring devices, IV pumps, and surgical tools, to support patient care and safety.
- Follow strict hygiene, infection control, and safety guidelines to prevent hospital-acquired infections and maintain a sterile environment in the surgical ward.

Nurse

01/2019 - 01/2021

Al Inma Group - Hayat National Hospital - al qassim, saudi arabia

Nationality: indian  
Marital Status: Married  
Visa Status: sponsorship visa  
Passport: S7441050.

DHA ELIGIBILITY  
Available.

- Offered critical care nursing for post-surgical patients in ICU and PACU.
- Assisted anesthesiologists with intubation, extubation, and ventilation management.
- Monitored cardiac functions, conducted neurological assessments (GCS), and performed ABG analysis.
- Managed and maintained accurate electronic patient records using EPIC, Cerner, or similar systems.
- Educated patients and their families on post-operative care and recovery procedures.
- Safeguarded patients' wellbeing with diligent observation and immediate action on any changes in condition.
- Maintained privacy and confidentiality whilst dealing with sensitive medical information.
- Participated regularly in professional development activities to enhance nursing skills.
- Championed the implementation of evidence-based practice within the nursing team.
- Assisted doctors during procedures, ensuring successful operations.
- Conducted triage in accident and emergency department for effective patient management.
- Managed ward supplies for seamless healthcare delivery.
- Demonstrated excellent interpersonal skills, fostering strong relationships with colleagues and patients alike.

**Registered Nurse**  
**Apollo Hospitals Group - Chennai**

01/2016 - 01/2019

- Company Overview: Hospital Accreditation: JCI & NABH
- Delivered postoperative care in a 700-bed multi-specialty hospital.
- Supported critical care, emergency response, and surgical patient recovery.
- Operated and managed ventilators, IABP, and arterial & venous lines in ICU and PACU.
- Administered medications, IV fluids, blood transfusions, and performed wound dressings.
- Trained in infection control, patient safety, and emergency protocols (ACLS & BLS).
- Hospital Accreditation: JCI & NABH

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## EDUCATION

Post Basic B.Sc. Nursing, 09/2021 - 12/2023  
Goldfinch College of Nursing - banglore india  
Rajiv Gandhi University of Health Sciences

- Graduate with PCBSc

Diploma in General Nursing & Midwifery, 08/2008 - 02/2013  
C.S.I Kalayani General Hospital - chennai india  
Tamil Nadu Nursing Board

- Completed diploma Qualification

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## CERTIFICATIONS & LICENSES

- Basic Life Support (BLS) - American Heart Association (AHA)
- Advanced Cardiovascular Life Support (ACLS) - AHA
- Infection Control & Patient Safety Training

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## CUSTOM

I hereby declare that all the information provided is true to the best of knowledge and belief.