



**JEBY ALEXANDER**

**REGISTERED NURSE**

**DHA (Dubai Health Authority) License No: 47434835**

**Experienced as Registered nurse in department of Dental /Labour Room/OPD**

**Experience: - 6 years**

✉ [jebynibin@gmail.com](mailto:jebynibin@gmail.com)

☎ +971 58 994 5304

📍 Dubai, UAE.

🌐 [linkedin.com/in/jeby-alexander-3a1649283](https://www.linkedin.com/in/jeby-alexander-3a1649283)

“A qualified healthcare professional and dedicated Registered Nurse with over 6 years of experience in a variety of medical settings and a proven inter-professional team member in the collective delivery of patient-centered care. Dedicated to providing high-quality patient care with a focus on safety and using evidence-based practices to improve treatment outcomes. offering excellent clinical knowledge and judgment combined with strong documentation, vitals monitoring, and problem-solving abilities. Skilled in quickly building connections with patients to build trust and rapport in stressful situations. competent and reliable in nursing skills and being a team player” .

## PROFESSIONAL SKILLS

Assertive at Work & Maintain Effective Work	Ability to Move Along with Work	Critical Thinking
Empathy and Compassion	Reliability and Flexibility	Honesty and Trustworthiness
Time Management Skills	Positive thinking	Leadership & Team Work
Ethics and confidentiality	Listening and Communication	Technology Skills
		Problem solving
		Confidence
		Patients Safety

## PROFESSIONAL EXPERIENCE

- **Zulekha Hospital LLC, Dubai, UAE** **June 2021 - Present.**  
*Designation: Registered nurse in department of Dental& OPD*

### ROLES AND RESPONSIBILITIES

- ❖ Provide chair-side assistance to dentists and/or dental hygienists in the performance of dental procedures, to include operative, preventive, periodontal, endodontic, prosthetic, and/or oral surgical procedures.
- ❖ Prepare, sterilize, organize, and set up dental equipment. Ensure that all dental instruments are cleaned, dated, and processed according to established clinic guidelines and standards.
- ❖ Monitor and maintain dental equipment, system, radiographic developing equipment, sterilizer, and light curing units, in accordance with manufacturers’ guidelines.
- ❖ Develop and process dental radiograph in accordance with guidelines, assists in the monitoring and maintenance of radiation safety procedures and protocols.
- ❖ Assist with basic restorative, periodontal, endodontic and surgical extraction procedures using the concept of four handed dentistry.
- ❖ Maintain a field of operation during dental procedures through the use of retraction, suction, irrigation, drying, placing and removing of cotton wool balls etc.
- ❖ Prepare dental materials, cements, composite, and impression materials.
- ❖ Demonstrate knowledge and practice of Prevention and management of dental medical emergencies.
- ❖ Update dental ICD codes and data on the computer system as well as DHA website.
- ❖ Monitoring the up keeping of the consultation rooms, supervising the completion of checklists.
- ❖ Accountable for the equipment and medications used in the OPD
- ❖ Providing the necessary facility required for effective patient care.
- ❖ Check and keep the instruments ready
- ❖ Send the instruments after cleaning for autoclaving as required.
- ❖ Keep the bed with clean linen.
- ❖ See that the patients are attended promptly.
- ❖ Check the stock of medicine.

- ❖ Check oxygen, suction and other equipment's on the floor if any.
  - ❖ Record TPR and BP of the OPD patients
  - ❖ Assist the doctor/consultant in examining the patient and other procedures.
  - ❖ Help in shifting of the patients.
  - ❖ To keep sufficient stock of sterile dressings like gauze piece, pads, and dressing packs etc.
  - ❖ See to the comfort of the patient.
  - ❖ Maintain the OPD records.
  - ❖ Remind the patient for his /her next visit to the consultant.
  - ❖ To co-ordinate and work for the smooth functioning of the hospital
- **Belhoul Speciality Hospital LLC, Dubai, UAE** **March 2021 - June 2021.**  
*Designation: - Registered nurse in department of Labour Room*
  - **Manipal Hospitals, (280 bedded Hospital), Bangalore, India** **Sept 2018 - Sept 2019.**  
*Designation: - Registered nurse in department of Labour Room*
  - **Narayana Hrudayalaya Ltd, (200 bedded Hospital), Bangalore, India** **Jan 2016 – April 2017.**  
*Designation: - Registered nurse in department of Labour Room*

### ROLES AND RESPONSIBILITIES

- ❖ Excellent obstetrics skills with ability to nurse newborn.
- ❖ Comprehensive knowledge of labor, delivery, and postpartum nursing care.
- ❖ Experienced in controlling infection and sterile technique practices.
- ❖ Ability to provide care to mothers-to-be before and during pregnancy.
- ❖ Skilled in assisting pregnant women overcome stress.
- ❖ Adept in preparing delivery room for childbirth.
- ❖ Monitor and time contractions during labor and delivery;
- ❖ Administer epidurals (pain management) and other medications;
- ❖ Assist the doctor in inducing labor by administering Pitocin or Cytotec;
- ❖ Monitor the vital signs of the mother and the heart rate of the baby;
- ❖ Monitor for potentially dangerous complications of medications commonly given during labor and delivery;
- ❖ Communicate with the doctor to provide timely and accurate information;
- ❖ Identify complications and notify the doctor; and
- ❖ Prepare for cesarean (C-section) delivery, including emergency C-sections.
- ❖ Strong communication skills with attention to detail

### EDUCATION

---

- Course: - **Bachelor of Science (B.Sc.)**  
Specialized:- Nursing. Institution: - Kerala university of Health Science (KUHS)
- Course: - **Plus Two**  
Specialized: - Science. Institution: - Board of Higher Secondary Examination Govt of Kerala
- Course: - **S.S.L.C**  
Specialized: - S.S.L.C. Institution: - Board of Public Examination Govt of Kerala.

### SOFTWARE KNOWLEDGE

---

- MS Office
- HMIS
- MS Outlook

### DECLARATION

---

I, JEBY ALEXANDER, hereby solemnly declare that the above information is true to the best of my knowledge and belief.

JEBY ALEXANDER