

# LAKSHITHA SHAMEN

DHA & SLNC REGISTERED NURSING OFFICER | EMERGENCY & TRAUMA CARE | BLS CERTIFIED | PATIENT-CENTERED CLINICAL CARE SPECIALIST



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Dubai, UAE

Lakshitha Shamen

## PROFILE

Compassionate and skilled Nursing Officer with hands-on experience in Accident & Emergency Treatment Unit, Minor Operation Theater and Medical ward settings. Proficient in-patient assessment, triage, IV therapy, medication administration, and life-saving procedures including CPR and intubation. Experienced in handling trauma, crisis situations, and critical care, while maintaining accurate clinical documentation. Adept at collaborating with interdisciplinary teams, ensuring infection control, and providing patient-centered support. Holds BSc Nursing (Hons), DHA and SLNC registrations, and certifications in BLS, Pain & Palliative Care, and specialized nursing workshops.

## PROFESSIONAL EXPERIENCE

**NURSING OFFICER: EMERGENCY TREATMENT UNIT AND MINOR OPERATING THEATER** JUN 2023 - AUG 2025  
DR. NEVILLE FERNANDO TEACHING HOSPITAL - MALABE, SRI LANKA (BED CAPACITY - 1002 BEDDED)

**NURSING OFFICER: MEDICAL WARD** APR 2023 - JUN 2023  
DR. NEVILLE FERNANDO TEACHING HOSPITAL - MALABE, SRI LANKA (BED CAPACITY - 1002 BEDDED)

## KEY RESPONSIBILITIES

### MEDICAL WARD MANAGEMENT

- Delivered comprehensive nursing care to patients with a variety of acute and chronic medical conditions.
- Performed accurate patient assessments, monitored vital signs, and documented clinical findings.
- Educated patients and families about disease processes, treatment plans, medications, and discharge instructions.

### TRIAGE AND PATIENT ASSESSMENT

- Quickly assess the severity of patients' conditions.
- Prioritize care based on the urgency of the patient's situation.

### EMERGENCY CARE DELIVERY

- IV cannulation, blood withdrawing, IM/SC Injection, Urinary catheterization procedures.
- Administer medications, IV fluids, and emergency treatments.
- Assist in life-saving procedures like CPR, intubation, or wound care.
- Monitor vital signs and respond to changes in patient condition.

### COLLABORATION

- Work closely with physicians, paramedics, and other healthcare professionals.
- Coordinate care and communicate clearly during high-pressure situations.

### DOCUMENTATION AND CHARTING

- Accurately document all assessments, treatments, and outcomes.
- Maintain patient records in compliance with legal and hospital standards.

### HANDLING TRAUMA AND CRISIS SITUATIONS

- Manage cases such as heart attacks, strokes, car accidents, overdoses, and many more.
- Stay calm and effective during mass casualty incidents or disasters.

### PATIENT AND FAMILY SUPPORT

- Provide information and emotional support to patients and their families.
- Explain procedures, diagnoses, and next steps clearly and compassionately.

## INFECTION CONTROL AND SAFETY

- Follow strict hygiene and infection control protocols.
- Ensure a safe and clean environment for patients and staff.

## CONTINUED EDUCATION AND SKILLS TRAINING

- Regularly participate in training for new equipment, protocols, and emergency procedures.

## HANDLED EQUIPMENTS

- Multipara patient monitor, ECG machine, CPAP machine, Defibrillator, Infusion pump, Syringe pump, Fixed and portable suction machines, BP apparatus, nebulize machine, Microhematocrit centrifuge machine and emergency treatment unit instruments.

## TRAINING EXPERIENCE

- National Hospital Sri Lanka – Clinical Training (2021 - 2022).
- Colombo South Teaching Hospital, Sri Lanka – Clinical Training (2018 - 2022).
- Sri Jayawardhanapura General Hospital - Clinical Training (2018 - 2022).
- National Institute of Mental Health, Angoda, Sri Lanka - Clinical Training (2022).
- Apeksha Hospital (The National Cancer Institute), Maharagama, Sri Lanka - Clinical Training (2021 - 2022).
- Lady Ridgeway Hospital for Children, Sri Lanka – Clinical Training (2022).
- De Soyza Maternal Hospital, Sri Lanka – Gynecology clinical Training (2021)

## LICENSES AND CERTIFICATIONS

### DETAILS OF PROFESSIONAL REGISTRATION

#### SRI LANKAN NURSING COUNCIL (SLNC) REGISTRATION

- Organization: Sri Lankan Nursing Council.
- Registration No: 33766.

#### DUBAI HEALTH AUTHORITY (DHA) REGISTRATION

- Organization: Dubai Health Authority.
- DHA Unique ID: 37253963.
- Registration Expiry Date: 18 July 2026.

#### BLS CERTIFICATION

- Issued By: European Resuscitation Council.
- Valid Duration: 01/03/2025 to 01/03/2028.

## PERSONAL SKILLS

- **Basic Nursing Procedures:** Procedures such as IV cannulation, IM/SC/ID injection, Urinary catheterization, Blood withdrawing, Wound dressing, IV/oral Drug administration, Patient monitoring, Nebulization, Suctioning, ECG recording, assisting suturing and minor invasive procedures, Manual resuscitator (Ambu) ventilation, Delivering CPR
- **Emergency Patient Assessment & Triage** – Rapid evaluation and prioritization in high-pressure environments.
- **Critical Thinking & Decision-Making** – Quick clinical judgment in trauma, cardiac, and pediatric emergencies.
- **Basic Life Support** – Certified in BLS, experienced with CPR, intubation support, and defibrillation.
- **IV Therapy & Medication Administration** – Competent in starting IVs, administering emergency drugs, and fluid resuscitation.
- **Clinical Records** – Proficient in accurate patient documentation.
- **Team Collaboration & Communication** – Works collaboratively with interdisciplinary teams; clear, compassionate communicator.
- **Wound Care & Trauma Management** – Skilled in managing burns, lacerations, fractures, and assisting in trauma procedures.
- **Adaptability & Stress Management** – Remains calm and effective in mass casualty, disaster response, and fast-paced settings

## ACADEMIC & OTHER QUALIFICATIONS

### BACHELOR OF SCIENCE (HONORS) IN NURSING

FACULTY OF NURSING, UNIVERSITY OF COLOMBO

JANUARY 2018 - MARCH 2023

### PARTICIPATED IN THE 'ENT NURSING' WORKSHOP

COLLEGE OF OTORHINOLARYNGOLOGISTS AND HEAD & NECK SURGEONS OF SRI LANKA

OCT 2024

### PARTICIPATED IN MARKETING STRATEGIES FOR ACHIEVING BUSINESS GROWTH AND CUSTOMER RETENTION

DR. NEVILLE FERNANDO TEACHING HOSPITAL

DEC 2024

### PARTICIPATED IN THE STOMA , INCONTINENCE AND WOUND CARE 138TH ANIVERSARY INTERNATIONAL MEDICAL CONGRESS

SRI LANKA MEDICA ASSOCIATION

JUL 2025

### PARTICIPATED IN THE PAIN AND PALLIATIVE CARE MANAGEMENT IN NURSING WORKSHOP IN NHSL

SRI LANKA INTENSIVE CARE NURSES ASSOCIATION & SRI LANKA CPD PROVIDERS NURSES'S ASSOCIATION

JUL 2025

## LANGUAGES

- **English** – Fluent
- **Sinhala** – Native

## PERSONAL DETAILS

**Date of Birth** 21st August 1995  
**Gender** Male  
**Nationality** Sri Lankan  
**Civil Status** Married  
**Passport no** N9113443

## REFERENCES

### Prof. S.S.P. Warnakulasuriya

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