



ABIYO P J

REGISTERED NURSE | DHA-REGISTERED (71057518)

PROFILE SUMMARY

Experienced DHA-registered nurse with strong ICU, transplant, and outpatient clinic expertise, committed to delivering safe, patient-centered care and improving clinical outcomes. Skilled in advanced patient monitoring, ventilator management, emergency response, and infection control. Proven track record in handling high-acuity cases with a 1:1 nurse-patient ratio. Successfully led a ventilator-associated pneumonia prevention project, improving recovery outcomes. Committed to delivering compassionate, evidence-based care, fostering patient trust, and supporting multidisciplinary teams in achieving optimal health outcomes within fast-paced, high-pressure healthcare environments.

WORK EXPERIENCE

STAFF NURSE – ENT, DERMATOLOGY, DENTAL, GP, INTERNAL MEDICINE

Right Health Karama Medical Center, Dubai, UAE | May 2025 – Present

Size of the hospital: 5 beds, 1:5 nurse-patient ratio

- Delivered outpatient care across ENT, dermatology, dental, general medicine.
- Monitored vital signs, ensuring accurate documentation and timely interventions.
- Assisted physicians during minor surgical and diagnostic outpatient procedures.
- Educated patients on treatment plans, medication use, and follow-up.
- Maintained strict infection control protocols to ensure patient safety.

STAFF NURSE – TRANSPLANT ICU

Aster Medcity, Kochi, Kerala, India | Nov 2021 – Mar 2023

Size of the hospital: 670 beds, 1:3 nurse-patient ratio

- Monitored critically ill patients with advanced ICU equipment.
- Administered intravenous medications and titrated inotropes accurately.
- Assisted in emergency intubation and central line insertions.
- Participated in multidisciplinary ICU rounds and care planning.
- Implemented ventilator care bundles reducing infection risks.

STAFF NURSE - COVID ICU & GENERAL WARD

Government Medical College Hospital, Thrissur, Kerala | Apr 2021 – Sep 2021

Size of the hospital : 1200 beds, 1:4 ICU ratio

- Provided critical care to severe COVID-19 patients.
- Managed ventilators and high-flow oxygen therapy effectively.
- Ensured PPE compliance and minimized staff exposure risks.
- Administered medications and monitored patient vital signs.
- Coordinated discharge planning and follow-up appointments.

STAFF NURSE – MEDICAL ICU

BLK Super Specialty Hospital, New Delhi, India | Mar 2020 – Apr 2021

Size of the hospital: 650 beds, 1:3 nurse-patient ratio

- Cared for pre and post-liver transplant patients.
- Performed invasive monitoring and managed life-support systems.
- Led ventilator-associated pneumonia prevention quality improvement project.
- Coordinated donor organ arrival with surgical transplant team.
- Provided emotional support to patients and families.

ACADEMIC QUALIFICATION

BACHELOR OF SCIENCE IN NURSING (B.SC. NURSING)

Snehodaya College of Nursing, Irinjalakuda, Thrissur, Kerala University of Health Sciences, India | 2015 - 2019

CONTACT DETAILS

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CORE COMPETENCY

Ventilator patient management

Arterial blood sampling

Peripheral IV cannulation

Tracheostomy patient care

Blood transfusion procedures

Cardiac rhythm monitoring

Infection control protocols

Central line assistance

Wound dressing techniques

Jejunostomy feeding care

Colostomy patient management

Oxygen therapy administration

Neurological status assessment

Patient discharge planning

Multidisciplinary care coordination

EQUIPMENTS HANDLED

Ventilator

Pulse oximeter

laryngoscope

Defibrillator

Suction apparatus

ECG machine

Cardiac monitor

ABG analysis

Thermometer

Sphygmomanometer

Stethoscope

Glucometer

Syring pump

Infusion pump

PCA pump

ADDITIONAL CERTIFICATION

BASIC LIFE SUPPORT (BLS) PROVIDER

COURSE — AMERICAN HEART

ASSOCIATION

PERSONAL DETAILS

Date of Birth: 31/05/1998
Gender: Female
Marital Status: Married
Nationality: Indian
Passport No: U6408079 (Exp: 30/01/2030)
Visa Status: Residence Visa

LANGUAGES KNOWN

English
Malayalam
Hindi

PROFESSIONAL REGISTRATION

DUBAI HEALTH AUTHORITY (DHA)

- Registered Nurse (Reg. No: 71057518, 2023)

ACHIEVEMENTS

- Successfully managed high-pressure situations in ICU, ensuring patients' swift recovery.
- Consistently provided compassionate care, improving patient satisfaction and recovery outcomes.
- Delivered exceptional support in critical care, contributing to successful surgeries and treatments.