

Mariya Jose

Mobile : +971 524433691

E-Mail: josemariya79@gmail.com



Professional Summary:

Experienced **Emergency /Trauma Registered Nurse** with a strong background in providing high-acuity care to critically injured patients in fast-paced emergency and trauma settings. Skilled in rapid assessment, trauma resuscitation, and life-saving interventions. Adept at collaborating with multidisciplinary teams to deliver evidence-based, patient-centred care. Proven ability to remain calm under pressure, prioritise critical cases, and ensure optimal patient outcomes. Committed to ongoing professional development and excellence in emergency and trauma nursing.

DHA Eligibility reference number: DHA/77634975

Valid till: 18 July 2026

PROFESSIONAL QUALIFICATION

BSc Nursing from the Kerala University of Health Sciences, India

Registration Number : KL03202301144

Validated : 05th July 2023

ACLS Valid till : June 2027

BLS Valid till : June 2027

Exam Passed	Institute	Year of Passing
B.sc Nursing (Kerala University of Health Sciences)	Lourdes College of Nursing, Sidhi Sadan, Kochi, Kerala	2023

Career History

Hospital : **MALANKARA ORTHODOX SYRIAN CHURCH MEDICAL COLLEGE KERALA**

Designation : **REGISTERED NURSE**

Department : **EMERGENCY AND TRUMA CARE DEPARTMENT**

Duration : 02nd May 2024 till 01st May 2025

MEDICAL-SURGICAL NURSE RESPONSIBILITIES

- Conduct rapid and accurate primary and secondary assessments of trauma patients.
- Emergency Interventions & Stabilization, Administer life-saving interventions (e.g., CPR, hemorrhage control, airway management).
- Preparing, administering, and recording prescribed medications.
- Changing dressings, inserting catheters, and starting IVs.
- Adjusting specialized medical equipment as needed, as well as interpreting and recording measurements.
- Monitoring patients' vitals and reporting adverse reactions to medications promptly.
- Provide emotional support and education to patients and their families during times of crisis, explain medical procedures and obtain informed consent when appropriate, and assist with end-of-life care as needed
- Maintaining and updating patient files, medical charts, and health records.
- Adhering to best nursing practices, standards, and protocols.
- Performs medical tasks, including drawing blood and giving shots
- Administers medication and other doctor-recommended treatment plans
- Wound Care – Proficient in treating and dressing wounds

PROCEDURES PERFORMED

- Ryle's tube insertion
- IV cannulization
- Administration of medicines (Oral and injection)
- Transfusion and infusion therapy.
- Urinary catheterization, and bladder irrigation.
- Cardiopulmonary resuscitation (C P R).
- A B G sampling,
- E C G.
- Surgical Dressing.
- Mouth care and Back care
- Bowel Wash.
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MACHINES AND TYPES OF EQUIPMENT HANDLED

- E C G Machine.
- Cardiac monitor
- Pulse Oximeter
- Defibrillator
- Infusion pumps and syringe pumps.
- Ventilator
- Suction apparatus

- Suture removal.
- Steam inhalation and nebulization.
- Collection of blood samples and specimens
- Provide adequate positioning

SPECIAL PROCEDURES ASSISTED

- Endotracheal intubation.
- Central venous catheterization.
- Lumber puncture.
- Intercostal drainage.
- Peritoneal and hemodialysis
- Bone marrow aspiration.
- Cardioversion
- Major dressing and wound Debridement.
- Echo Cardiography.

- A B G analyzer and electrolyte machine.
- Oxygen flow meter
- Glucometer for instant blood sugar.
- Wall suction
- Air bed and water bed.

PERSONAL INFORMATION

Name	- Mariya Jose
Date of Birth	- 07 th October 2000
Sex	- Female
Marital Status	- Married
Religion	-Christian
Nationality	- Indian
Language proficiency	- English, Malayalam

PASSPORT DETAILS

Passport Number	- X4392488
Date of issue	- 01 th March 2024
Date of expiry	- 28 th February 2034
Place of Issue	- Cochin
Visa Status	- Visit visa (Till 22nd September 2025)

DECLARATION

I hereby would like to declare that all the information furnished above is correct to the best of my knowledge and belief.

Date: 01/08/2025
Place: Dubai

Mariya Jose