



# RINI VARGHESE

Registered Nurse

## Contact



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DHA ID No: 00226656

## Personal Details

Date of Birth : 30-11-1989

Visa Status : Residence visa

Nationality : INDIA

DRIVING LC NO : 5109591

## Languages

• English • Hindi • Malayalam • Arabic (Basic)

## SKILLS

- Critical Care Nursing,
- Emergency & Trauma response
- Patient assessment & monitoring
- Medication Administration & IV Therapy
- Ventilator and life support management
- Infection Control & Safety Standards
- Communication & interpersonal skills
- EMR Documentation
- Pain management and Palliative Care
- Postoperative and Transplant Care
- Team collaboration & leadership

## About Me

Compassionate and detail-oriented Registered Nurse with over 8 years of clinical experience, including critical care and outpatient settings across India, Saudi Arabia, and the UAE. Demonstrated expertise in critical care nursing, patient monitoring, emergency response, and interdisciplinary collaboration. Dedicated to delivering evidence-based, patient-centered care in fast-paced healthcare environments.

## Education

- **Post Basic B.Sc. Nursing (P.B.B.Sc) (2024)**  
New Navodaya College Of Nursing  
Rajiv Gandhi University, INDIA
- **General Nursing & Midwifery (GNM) (2011)**  
St. Martin De Porres School of Nursing, INDIA  
Kerala University

## Work Experience

- **NMC Medical Center, Deira, Dubai, UAE (2019 TO 2019)**  
Nurse O.P Dept.
  - Delivered nursing care in a multidisciplinary outpatient setting under DHA regulations.
  - Maintained infection control practices and ensured patient safety
  - Assisted in minor procedures, training, administering, medications, and updating patient records
- **Armed Forces Hospital, Wadi Al Dawasir, Saudi Arabia (2015 - 2018)**  
ICU Nurse
  - Provided intensive care to patients in a JCI and CIBAHI-accredited facility.
  - Monitored patients on ventilators, performed emergency interventions, and managed critical medications.
  - Collaborated with doctors and allied staff for effective treatment planning and care execution.
- **Artemis Health Institute, Gurgaon, India (2013- 2015)**  
Critical Care Nurse
  - Delivered specialized care in ICU, CCU, Kidney & Liver Transplant Units.
  - Assisted in advanced procedures such as cardiac catheterization and post-transplant monitoring.
  - Maintained clinical documentation and provided emotional support to patients and families.
- **Indira Gandhi Co-operative Hospital, Kerala, India**  
Critical Care Nurse (2011 TO 2013)
  - Provided care in MICU, ICCU, and SICU units.
  - Administered medications, managed emergency situations, and monitored clinical changes.

## **EQUIPMENTS HANDLED:**

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- Ambu bag with mask
- Ventilators, Defibrillators&CPAP
- Pulse Oxymeter, &
- Sphygmomanometer.
- Cardiac Monitors
- Syringe pump and Infusion pump
- ABG machine
- Nebulizer And Steam inhaler
- ECG machine, Echo machine
- Wall type and portable suction machines and oxygen cylinder
- Chest tube and water seal drainage system
- Pacemaker and Doppler
- One touch blood glucose monitor
- Crash cart

## **CERTIFICATIONS & TRAINING**

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- Basic Life Support ( American Heart association-2027
- Advanced Cardiac Life Support (Saudi Heart Association syllabus).
- Basic Life Support (BLS. Saudi Heart Association syllabus).
- Pediatric Advanced Life Support (PALS- American Heart Association).
- Fire And Safety training
- Infection Control Symposium And Workshop
- Patient safety training course
- MERS Cov symposium
- Obesity Symposium
- In service education for safe and effective management of pain

## **COMPUTER SKILLS**

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Microsoft office - Including MS word, MS excell, Powerpoint  
Hardware: PC, scanner, Printer

## **DECLARATION**

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I do hereby declare that all the information stated above is true and correct to the best of my Knowledge and belief.

## **References - Available as on request**

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