

ANEESHA BIJU

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SUMMARY

Compassionate and skilled Registered Nurse with over **5 years** of experience in delivering high-quality patient care across medical, surgical, and outpatient settings in India and the UAE. Proven ability to manage critical care situations, assist in medical procedures, and support fast-paced clinical environments. Adept at using advanced medical equipment, maintaining accurate patient records, and ensuring compliance with healthcare standards. Holds active DHA, MOH, and Karnataka Nursing Council licenses, and is BLS & ACLS certified. Committed to upholding patient dignity, ensuring safety, and promoting recovery through evidence-based nursing practices and collaborative care.

KEY SKILLS

- Patient Care Management
- Vital Signs Monitoring
- Intravenous Therapy
- Wound Dressing
- Medication Administration
- Emergency Response
- Infection Control
- Catheterization
- Post-operative Care
- Documentation & Record Keeping
- Medical Equipment Handling
- Physician Assistance
- Health Assessment
- Basic Life Support (BLS)
- Advanced Cardiovascular Life Support (ACLS)
- Electronic Health Records (EHR)
- Ryle's Tube Feeding

WORK EXPERIENCE

STAFF NURSE

16 January 2022 – 30 November 2024

Medcare Medical Center, Jumeirah, Dubai, UAE

- Delivered patient-centered care aligned with Dubai Health Authority (DHA) protocols and international clinical standards.
- Performed comprehensive vital sign monitoring, medication administration, wound care, and other routine nursing interventions.
- Responded promptly to medical emergencies and supported life-saving procedures alongside multidisciplinary teams.
- Assisted physicians during examinations and treatments, ensuring efficient workflow and accurate clinical decision support.
- Maintained accurate medical records and ensured timely documentation in compliance with facility policies.

STAFF NURSE

February 2019 – April 2021

BMJH Hospital, Bangalore, India

Department: Medical & Surgical Department

- Delivered direct nursing care to patients in pre-operative and post-operative surgical settings.
- Performed clinical procedures including catheterization, Ryle's tube feeding, IV infusions, and wound management.
- Collaborated with medical professionals to provide comprehensive treatment plans and ensure continuity of care.
- Maintained strict adherence to infection control practices and hospital hygiene protocols.
- Supported physicians during rounds and procedures, while keeping detailed and accurate patient progress records.
- Assisted physicians during complex procedures and ensured aseptic techniques.
- Ensured adherence to infection control and patient safety guidelines.
- Provided holistic care including hygiene, nutrition, and mobility support for long-term patients.

EDUCATION

B.Sc. NURSING

September 2018

Rajiv Gandhi University of Health Sciences
QHC College of Nursing, Bangalore, India

HIGHER SECONDARY

March 2014

Kerala Board of Higher Secondary Education
CKMHSS Koruthodu, Kerala, India

SSLC

March 2012

Kerala Board of Public Examination
CKMHSS Koruthodu, Kerala, India

REGISTRATIONS

- MOH License No. : 286944
- DHA License No. : 14133382-001
- DHA ID : 4133382
- Karnataka Nursing Council Reg. No : 92817
- BLS, & ACLS Certified by American Heart Association

EQUIPMENTS HANDLED

- | | | |
|---------------------|---------------|-----------------|
| • Defibrillator | • ECG Machine | • Syringe pump |
| • Ventilator | • Ambu Bag | • Laryngoscope |
| • Cardiac Monitor | • Nebulizer | • Infusion pump |
| • suction apparatus | | |

LANGUAGES KNOWN

- **English:** Proficient/Fluent (C2), **Tamil:** Proficient/Fluent (C2), **Hindi:** Proficient/Fluent (C2), **Malayalam:** Native

PERSONAL STRENGTH

- **COMPASSIONATE:** Always empathetic toward patients, ensuring emotional and psychological support alongside clinical care.
- **ADAPTABLE:** Quickly adjusts to fast-paced, high-pressure healthcare environments and changing patient needs.
- **DETAIL-ORIENTED:** Maintains accuracy in medication administration, documentation, and patient monitoring.
- **TEAM PLAYER:** Collaborates seamlessly with doctors, nurses, and support staff to provide integrated care.

PERSONAL DETAILS

Gender : Female
Date of Birth : 23/11/1996
Nationality : Indian
Marital Status : Married
Passport Number : S5041375
Date of Expiry : 01/08/2028
Place Of Issue : Cochin
Emirates ID Number : 784-1996-4452963-0

REFERENCE

- Available upon request