


TOP-NOTCH CLINICAL DIETITIAN

STRATEGIC VISION TO EXECUTION | MEAL PLANNING| LEADERSHIP DRIVES
PRODUCTIVITY | BUILDING TEAMS TO DRIVE BUSINESS RESULTS

DHA License-CLINICAL DIETICIAN-50444991-001

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PROFILE SUMMARY

- **Accomplished Dietitian and nutritionist** with 13 years of experience working in various aspects of the health field. Offering an array of skills in clinical research, data analysis, nutrition education, counseling, clinical support, team building and cultural competence. Verified success in developing nutritional programs and arranged Health Talks based on the health needs of Corporate Patients or residents and counselled patients on how to lead a healthier lifestyle
- **Skilled in handling organ transplant patients** such as Liver, Heart and kidney transplants
- **Track record of success resolving issues** using a logical approach in dynamic environments.
- **Knowledge of the types of diet to be followed** in various Clinical conditions (Diabetes,GI,Renal,Liver,Cardiovascular,weightmanagement,Enteral,Parenteral,Inborn error condition, Eating disorders)
- **Extensive experience in delivering clinical dietary** and Nutrition care services. Proven ability to provide clients with both the knowledge and motivation to develop healthy eating habits to meet their goals.
- **Skills in developing and designing a healthy menu** consisting of special cold and hot beverages, Protein shakes, and other supplemental foods & drinks.

PROFESSIONAL QUALIFICATION

- M.sc (Clinical Nutrition & Dietetics), Dr. B.M.N College of Home Science (S.N.D.T), Mumbai, India, 2012
- B.sc (Nutrition & Dietetics), L.J.N.J College of Home Science (S.N.D.T), Mumbai, India, 2010

CERTIFICATIONS

- Certified Dietitian in Bariatric Nutrition, IFSO, OSSI & University of Sunderland UK, 2021
- Certified Diabetes Educator, Mohan's Diabetes Education Academy (DMDEA), Mumbai, India, 2022
- Nutrigenomic Counselor- Gene Box Academy

Technical Proficiency

- Well-versed with Microsoft Office, Excel,PPT.

Membership/Registrations

- IDA (Indian Dietetics Association) - Lifetime Member (1343, National No-IDA/9536).
- Association of Allied Health Professionals (AAHP)- Registered and Life Member (Reg. No-OT881786)
- Member of ENA-Emirates Nutrition Association
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CME/Conference 2023/2024

- Certificate of Recognition for contribution to JCI Audit in Emirates Specialty hospital - December 2022
- Awarded as Corona warrior from the Hospital and Ministry of Maharashtra.
- 7th International symposium on food intolerance and digestive health- 11th Oct-2023
- Nutritional role of proteins in ICU Critically ill patients by CATALYST-The Training lab- 11th Feb 2024.
- Empower Health Connect: Nourishing the Future- 24th Feb 2024.
- Nutrition and Health Symposium-NSH 2024.

CORE COMPETENCIES

Medical Nutrition Therapy (MNT)

Clinical Support

Developing Healthy Menu

Chronic Disease Management

Patient & family
education

Nutrition Assessment &
Counselling

Electrical Health Record (EHR)Documentation

Leadership & Staff Training

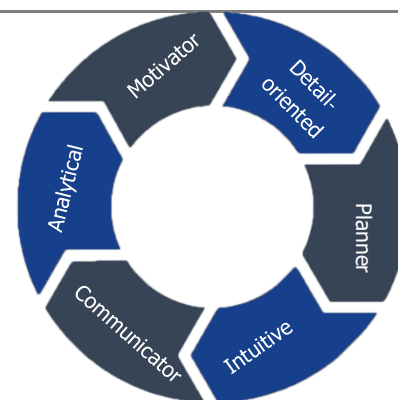
Quality improvement projects

Interdisciplinary
Collaboration

Team Building &
Leadership

Nutrition Screening & Diagnosis (NCP process)

SOFT SKILLS



- Protein in Clinical Nutrition: A Practical Approach for Hospital Dietitians By CATALYST-The Training lab- 25th Jan 2025.
- Globesity Forum 2025- February-2025
- Nutrition & Mobility: Advancing Joint Care & Muscle Performance by CATALYST-The Training lab- 25th Feb 2025.

EMPLOYMENT OUTLINE

Oct 2022-Present-2025 with Emirates Speciality Hospital (JCI), DHCC, Dubai as Clinical Dietitian

Key Deliverables:

- Nutrition support -TPN and tube feeding.
- Responsible for Medical Nutrition Therapy (MNT). Assessing patient using Nutrition care process (NCP).
- Maintaining records for all assessments and reassessments of patients.
- Work in the following units: ICU, surgical, cardiac, oncology, Endocrinology, Bariatric, Renal, Rehabilitation, paediatric.
- Started Diabetic clinic in co-ordination with Endocrinologist.
- Dealing with Bariatric patients their detailed assessment, Nutritional requirements, follow ups, lifestyle modification.
- Active participation in establishing in policies and procedures and approved competencies.
- Performing kitchen/food service inspections and audits.
- Regular Medical rounds and providing MNT to patients.
- Active participation in the staff development activities, discharge planning, patient education and other patient care related activities.
- Contributing to the Quality improvement projects of the Department/Hospital.
- Involvement in Multi-disciplinary team to meet the nutritional needs of patients.
- Developing the Patient Education Material for IPD & OPD.
- Encourage patients and caregivers to follow recommended food guidelines for well-balanced diets
- Calculate nutritional requirements and assess the adequacy of diet and nutrition support.
- Monitored menu selection for patients with multiple dietary restrictions, food allergies, and intolerances.
- Assisting Dietetic Interns.
- Monthly participation in outside awareness campaigns, Antenatal class for future mothers, inhouse campaigns, education to nurses.

May 2020 - Oct 2022 with Sevenhills Hospital (NABH), Mumbai, India, as Clinical Dietitian (Handling Dept)

Key Deliverables:

- Computerized charting
- Nutrition Support - TPN and tube feeding
- Work in the following units: ICU, Renal, oncology, surgical, rehabilitation, Bariatric, Geriatric
- Performing kitchen/food service inspections and audits.
- Regular Medical rounds and providing MNT to patients.
- Active participation in establishing in policies and procedures and approved competencies.
- Developing the Patient Education Material for IPD & OPD.
- Active participation in the staff development activities, discharge planning, patient education and other patient care related activities.
- Collaborate with interdisciplinary care team to meet the nutritional needs of patients
- Review charts and assess the nutritional status of patients
- Encourage patients and caregivers to follow recommended food guidelines for well-balanced diets
- Calculate nutritional requirements and assess the adequacy of diet and nutrition support
- Counsel patients regarding special dietary needs
- Conducts education seminars, including in-services and symposiums for the medical centre staff
- Writing Monthly Brochure for patients and caregivers.

PRIOR WORK HISTORY

Oct 2018- Aug 2020 with Health Care Global Enterprises-Colaba Unit NABH), Mumbai, India as Dietitian (Handling Department)

Aug 2017 2018 with Nanavati Hospital (NABH), Mumbai, India as Dietitian

May 2013- June 2017 with Saifee Hospital (NABH) Mumbai, India as Dietitian

Jul 2020-Sep 2020 with Sentosa Covid Centre- Dr. Bade's Accident and Multispecialty Hospital (NABH), Pune, India as Dietitian (Online Consultant)

Reference: Upon Request

PERSONAL DOSSIER

Linguistic Abilities: English, Hindi, Marathi, Urdu and Arabic-Basic

Declaration

I hereby declare that the above particular are true to the best of my Knowledge and belief.