



# SREELAKSHMI BHARGAVAN

REGISTERED NURSE

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**Address**

MUHAISNAH1, Dubai

## About Me

Dedicated and compassionate Registered Nurse with 2 years of experience in labour room and gynecology nursing. Skilled in patient assessment, care planning, emergency response, and EMR documentation. Proven ability to assist in high-risk deliveries and provide quality patient-centered care in fast-paced hospital environments. Seeking to contribute expertise to a healthcare team focused on excellence and safety.

## Skills

- LABOR ROOM NURSING
- PATIENT SAFETY
- QUALITY PATIENT CARE
- CLINICAL ASSESSMENT AND NURSING PROCEDURE
- CRITICAL THINKING AND PROBLEM SOLVING
- TEAM COLLABORATION AND COMMUNICATION
- MEDICATION ADMINISTRATION AND MANAGEMENT
- NURSING EDUCATION AND STAFF DEVELOPMENT
- IV THERAPY
- HIGH ALERT MEDICATION
- NURSING CARE PLAN
- INITIAL ASSESSMENT
- NURSING PROCESS
- EMR DOCUMENTATION
- OBSTETRICS AND GYNAECOLOGY NURSING
- LABOR AND DELIVERY NURSING

## Experience

**Staff Nurse, Gynecology Department**

**Welcare Hospital**

**2023–2025**

- Provided comprehensive nursing care to women across antenatal, intrapartum, and postnatal periods, ensuring patient safety and comfort.
- Assisted obstetricians during normal deliveries, C-sections, D&C, hysterectomies, and other gynecological procedures.
- Monitored maternal and fetal vital signs, documented progress, and promptly reported complications.
- Administered medications, IV fluids, and injections as per physician orders, maintaining accurate dosage and timing.
- Educated patients and families about prenatal care, breastfeeding techniques, newborn care, and postnatal recovery.
- Maintained sterile environment by following strict infection control protocols during deliveries and surgeries.
- Collaborated with multidisciplinary teams (doctors, anesthetists, pediatricians) to ensure holistic patient care.
- Managed patient admissions, discharge planning, and medical records with accuracy and confidentiality.
- Provided emotional support and counseling to patients dealing with high-risk pregnancies or gynecological concerns.
- Participated in hospital quality improvement initiatives, staff training, and continuous professional development programs.

## Achievements

Handled an average of 10–15 deliveries per week with zero medication errors. Reduced patient wait time by improving admission documentation process. Recognized as 'Best Nurse of the Month' for outstanding patient care.

# Professional Registration

**Kerala Nurses and Midwife Council**

**Registration Number :**

**KL01202202458**

## STRENGTHS

### Empathy

Always relate to patients' problems and give the best of myself to solve them.

### Stress Management

Capable of controlling stress by everyday meditation and positive thoughts.

### Patience

Adept at having personal or work problems without becoming anxious or depressed.

## Certifications

**BLS**

**DHA**

## Languages

English

Malayalam

Hindi

## personal Details

**Date of Birth :11-02-2000**

**Nationality : Indian**

**Visa status :Visit Visa**

## Internship

May 2022- November 2022

- Supported doctors and senior nurses in delivering emergency care, including triage, resuscitation, and patient stabilization.
- Performed routine nursing procedures such as IV cannulation, injections, wound dressing, and catheterization under supervision.
- Monitored vital signs, recorded patient observations, and reported changes promptly to the medical team.
- Assisted in preparing and maintaining emergency equipment, ensuring readiness for critical cases.
- Participated in the management of trauma, cardiac arrest, stroke, and accident cases.
- Provided emotional support to patients and families in stressful situations.
- Ensured adherence to infection control, patient safety, and hospital policies.
- Improved teamwork, critical thinking, and decision-making skills in a fast-paced environment.

## Education

**DIPLOMA IN GENERAL NURSING AND MIDWIFERY 2018-2022**  
**INDIRA GANDHI SCHOOL OF NURSING**

**HIGHER SECONDARY 2016-2018**  
**GOVERNMENT GHSS MANGAYIL**

**SSLC 2016**  
**SNDPHSS UDAYAMPEROOR, COCHIN**