



DEEPA JOHN

REGISTERED NURSE



PROFILE

Dedicated Registered Nurse with over 10 years of experience in Medical Surgical and Outpatient Department. Proficient in assessing patient health conditions, developing care plans, and delivering high-quality patient care. Strong communication and case management skills, with a proven ability to work effectively in fast-paced environments. Licensed to practice in the United Arab Emirates and holding a Bachelor of Science in Nursing

CONTACT

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- ✉️ deepastiby@gmail.com
- 🏠 Al Qasmia, Sharjah, UAE.

EDUCATION

BACHELOR OF SCIENCE IN NURSING

Rajeev Gandhi University of Health Science 2011
Karnataka, India

GENERAL NURSING & MIDWIFERY

Kerala Nursing Council,
Thiruvananthapuram, India 2007

LICENSES & CERTIFICATIONS

REGISTERED NURSE
Ministry Of Health U.A.E.
License Reg. #: 263994
Expires 26th June 2027

BLS
Basic Life Support for
Health Care Providers
Expires: Sept 2026

DETAILS OTHER SKILLS

- Passionate
- Forward thinking
- Responsive Intelligence
- Hard working
- Focused

EXPERIENCE

EMIRATES HEALTH SERVICES AL RIQQA PRIMARY HEALTH CARE CENTER,
SHARJAH, UAE . TEMPORARY CONTRACT, From 05th Jan 2021 to 10th June 2024.

- Delivered high-quality care in a busy outpatient setting, assisting with assessments, treatments, and follow-up care.
- Managed patient intake, including taking medical histories, vital signs, and preparing patients for examination by physicians.
- Provided Pre-operative and post-operative instructions to patients, ensuring they understood care procedures.
- Supported minor procedures, assisting physicians with tasks such as suturing, dressing changes, and specimen collection.
- Managed chronic conditions by monitoring patients regularly, updating care plans, and coordinating referrals to specialists.
- Educated patients about preventative care, lifestyle changes, and managing chronic health issues.
- Maintained accurate and up-to-date patient records using electronic health systems.

ARABIAN MEDICAL CENTER, SHARJAH, U.A.E.

Registered Nurse – Outpatient from 1st May 2019 – 4th Jan 2021

- Coordinate with physicians and other multidisciplinary healthcare professionals for creating and evaluating individualized care plans for patients.
- Analyse patient's symptoms correctly, diagnose the disease accurately and take imperative steps for his/her active recovery.
- Maintain records and reports of patient's medical histories, and monitor developments in their health conditions.
- Be alert and observant on every aspect of patient care including diet, physical activities and psychosocial interactions.
- Educate patients and their families on health maintenance and disease prevention as required.
- Administer medications and treatments as prescribed.
- Review medications and treatments of patients as indicated by their general health conditions and response to treatment.



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PROFESSIONAL FUNCTION

- Implementation of High Quality Nursing Care
- Good Team work
- Keep the dignity of profession
- Maintain confidentiality of patient's record
- Good Documentation
- Demonstrate an awareness of Socio-Cultural factors involved in -Nursing practice

EQUIPMENTS FAMILIAR WITH

- Clinical Thermometer
- BP Apparatus
- Stethoscope
- Glucometer
- Suction Apparatus
- Oxygen Cylinder
- Nebulizer
- Pulse-oxy-meter
- Infusion Pump
- Ambu Bag

PERSONAL DETAILS

- Father's Name : John Mathai
- Gender : Female
- Date of Birth : 28th May 1986
- Marital Status : Married
- Nationality : Indian
- Language Known : English, Hindi, Malayalam & Basic Arabic

PASSPORT & VISA DETAILS

- Passport Number : R8034430
- Date of Issue : 02nd January 2018
- Date of Expiry : 01st January 2028
- Place of Issue : Cochin
- Visa Type : Residency Visa
- Expire date : 22nd July 2026

EXPERIENCE continued

St. Gregorios Medical Mission Hospital, Parumala, Kerala, India

Registered Nurse Medical Surgical Ward In charge, from 1st July 2014 to 15th December 2017

- Assessing, planning, implementing, and evaluating patient care plans in consultation with healthcare professionals.
- Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre-and post-surgery patients.
- Preparing, administering and recording prescribed medications.
- Changing dressings, inserting catheters, and starting IVs.
- Adjusting specialized medical equipment as needed, as well as interpreting and recording measurements.
- Monitoring patients' vitals and reporting adverse reactions to medications in a timely manner.
- Collaborating on discharge planning with the healthcare team.
- Answering questions and educating patients and their families on surgical procedures and post-surgery care.
- Maintaining and updating patient files, medical charts, and health records.
- Adhering to best nursing practices, standards, and protocols.

St. Gregorios Medical Mission Hospital, Parumala, Kerala, India

Medical & Surgical ward 3rd April 2008 to May 2009

- To study the case details & set up priorities of Nursing care
- To follow sterile techniques strictly
- To maintain interpersonal relationship with patients
- To access general condition of patients
- To provide comprehensive care for patients
- To attend physician rounds
- To assist physicians in medical & surgical procedures

Mother Chantal School of Nursing, Lourdes's Matha Hospital Pacha,

General Nurse Medical & Surgical ward March 3, 2007 to March 3, 2008