



SUMAIYA BANU I

PHYSIOTHERAPIST

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Abu Hail, Dubai, UAE

About Me

Young compassionate & licensed Physical Therapist over 7+ years of experience, possessing strong clinical assessment and evaluation skills, committed in helping helping patients to manage pain and injuries. Skillful in monitoring results and prescribing exercises for maintaining patients' long term health. Communicative and reliable professional well-versed in collaborating with other practitioners & adhering to treatment instructions. Committed to delivering exceptional care and Support to all the patient to improve their quality of life.

Education

Bachelor of Physiotherapy

Dr. MGR Educational and Research Institute
2015 - 2020

Master of Physiotherapy

The Tamil Nadu Dr. M. G. R. Medical University
2020 - 2023

Skills

CPR Certified

Patient Care

Exercise Prescription

Pt Focused Therapy

Records management

Language

- English
- Urdu
- Hindi

Experience

- Clinical Physiotherapist cum Lecturer** 2023-2025
Dr. MGR Educational and Research Institute | Chennai
 - Committed and responsible in handling multiple roles like Clinical Therapist by treating IP & OP patients, serving as Lecturer to mentor & guide students and entangled to administrative duties like event managements, audits, inspections and so on...
- Consultant Physiotherapist** 2022-2025
Way to Health - An integrated Manual Therapy Clinic | Chennai
 - As a consultant therapist conducted comprehensive assessments to accurately diagnose a wide range of musculoskeletal conditions and developed individualized, evidence-based treatment, implemented tailored therapeutic exercise programs focusing on strengthening, flexibility, balance to promote sustainable recovery. Educated patients on injury prevention, proper body mechanics, and self-management strategies, empowering them in their recovery journey.
- Senior Physiotherapist** 2019-2022
CURE 'N' CARE | AYANAVARAM., CHENNAI
 - As a senior therapist dealt with critical and complex cases to assist inability, Planned Individually-designed treatment programs. to restore, maintain and improve physical function, alleviate pain, and prevent disability according to patients needs.
- Junior Physiotherapist** 2017-2019
CURE 'N' CARE | AYANAVARAM., CHENNAI
 - Expertise in handling all kinds of physio therapeutic modalities and giving treatment using wax bath, cryotherapy, therapeutic ultrasound, muscle stimulator, traction, IFT, TENS, SWD.

Licensing

DHA - Eligibility letter

Dubai Health Authority

BLS

American Heart Association

MIAP

Indian Association of Physiotherapist