

STALIN JOSE ST

Registered Nurse (RN) — Medical Surgical Ward

📞 0504534169

✉ stalinjose64@gmail.com

📍 Dubai, UAE | Residence Visa

🌐 DHA License No: 73392109



PROFESSIONAL SUMMARY

Dedicated Medical Surgical Ward Registered Nurse with 11+ years of direct patient care experience across the UAE, Maldives, and India. Proven expertise in high-acuity patient management, pre- and post-operative care, pain management, and complex medical cases including sepsis, CVA, COPD, meningitis, and multi-system conditions. Skilled communicator and patient advocate with a strong track record in interdisciplinary collaboration, patient education, and clinical documentation. Holds an active Dubai Health Authority (DHA) License.

LICENSES & CERTIFICATIONS

- Dubai Health Authority (DHA) License No: 73392109
- Tamilnadu Nurses and Midwives Council Registration No: 244804
- Maldives Nursing Council Registration No: TMP3083
- Basic Life Support (BLS) — Valid through February 2027
- Bachelor of Science in Nursing — 2012

PROFESSIONAL EXPERIENCE

Registered Nurse, Medical Ward | Iranian Hospital L.L.C, Dubai, UAE | *October 2025 – March 2026*

- Providing comprehensive nursing care to medical-surgical patients in a fast-paced hospital environment.
- Performing patient assessments, IV therapy, medication administration, and care coordination.
- Collaborating with physicians and multidisciplinary teams to ensure optimal patient outcomes.

Registered Nurse, Medical & Surgical Unit | ADK Hospital, Maldives | *March 2024 – May 2025*

- Managed pre- and post-operative cases, admission and discharge processes, wound care, and pain management.
- Provided care for diverse medical cases including neurological, respiratory, and gastrointestinal conditions.
- Ensured accurate patient documentation and effective communication with medical staff.

Registered Nurse, Medical & Surgical Unit | Dharmaraj Multi Specialty Hospital, Kale | *July 2020 – December 2023*

- Delivered IV therapy, pain management, discharge planning, and post-operative monitoring.
- Maintained detailed nursing records and coordinated patient education programs for chronic disease management.

Registered Nurse, Medical & Surgical Unit | ADK Hospital, Maldives | *November 2014 – September 2019*

- Specialized in pre- and post-operative care for patients undergoing orthopaedic, neurological, and general surgery.
- Managed complex medical cases including meningitis, sepsis, CVA, COPD, and cholecystitis.

Registered Nurse, Medical & Surgical Unit | Vijay Multi Specialty Hospital, Hosur | *November 2012 – November 2014*

- Assisted with diverse medical cases and supported surgical teams in a multi-specialty setting.

CLINICAL SKILLS

- Patient Assessment & Evaluation
- Invasive Line Management
- Medication Administration
- Infection Control & Prevention
- Fluid & Electrolyte Management
- Peripheral & Arterial Blood Sampling
- IV Therapy & Infusion Management
- Wound & Procedural Site Care
- Pressure Injury Prevention & Management
- Pain & Symptom Management
- Pre- & Post-Operative Management
- Reporting & Documentation
- Chest Tube, Trach, NG Tube, Ostomy & Catheter Care
- Patient Education & Discharge Planning

SURGICAL & MEDICAL CASES MANAGED

Surgical Procedures:

- Appendectomy, Cholecystectomy, Hysterectomy, Hernia Repair (Inguinal, Umbilical, Incisional)
- Craniotomy, VP Shunt, ACDF, Laminectomy, Laparotomy / Exploratory Surgeries
- Thyroidectomy, Orthopaedic Surgeries (Fracture Repair, ACL Reconstruction, TKR, ORIF)
- Colostomy and Ileostomy, Pneumothorax with ICD, TURP

Medical Cases:

- Respiratory: Pneumonia, COPD, Bronchial Asthma, Flu
- Cardiovascular: Hypertension, Hypertensive Crisis, Congestive Heart Disease
- Neurological: CVA (Stroke/TIA), Cerebral Palsy, Meningitis
- Gastrointestinal: Gastritis, Peptic Ulcer, Pancreatitis, Liver Cirrhosis, Hepatitis
- Metabolic & Renal: Diabetes Mellitus with complications, Electrolyte Imbalance, Dehydration, CKD, AKI
- Infectious: Sepsis, Systemic Infections, Chickenpox, Pertussis, UTI

MEDICAL EQUIPMENT PROFICIENCY

- Cardiac Monitors, ECG Machine, Crash Cart, AMBU Bag with Mask
- Infusion Pump, Syringe Pump, BIPAP Machine (Portable), Suction Machine
- Pulse Oximeter, Glucometer, BP Apparatus (Digital & Manual), Thermometer (Digital & Tympanic)
- Chest Tube Water Seal Drainage System, Steam Inhaler, Nebulizer, Emergency Oxygen Cylinders
- Stethoscope, Laryngoscope, Traction Devices, Portable Phototherapy

ADDITIONAL INFORMATION

Date of Birth: 06 March 1988

Nationality: Indian

Marital Status: Married

Languages: English, Tamil, Malayalam

Passport No: W1403900 | Expiry: 19 September 2032

DECLARATION

I hereby declare that all the information provided above is true and correct to the best of my knowledge and belief. I take full responsibility for the accuracy of the details mentioned in this resume.

Stalin Jose ST

Date: _____

Place: Dubai, UAE