



KRISHNENDHU PUTHUPPARAMBIL

REGISTERED NURSE



CONTACT

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Dubai,UAE

EDUCATION

BSC NURSING (2013-2017)

Zulekha Nursing College, Mangalore, India

CERTIFICATIONS AND TRAINING

- DHA (Dubai Health Authority)
- Saudi council license :
21330619(31/03/2026)
- MOH (Ministry of Health-Saudi Arabia)
License number -3500375432
(31/03/2026)
- ACLS (Expiry-04/2026)
- BLS (Expiry-04/2026)

EQUIPMENT HANDLED

- Cardiac Monitor
- Ambu Bag
- Infusion Pump
- Nebulizer
- Suction Apparatus
- Blood warmer
- ECG Machine
- Glucometer
- Bladder scanner
- Vacuum Suction
- Pulse oximeter

PROFILE SUMMARY

Compassionate and skilled Registered Nurse with extensive experience in Medical and Surgical ICU (Adult). Proficient in critical care, emergency response, patient monitoring, medication administration, ventilator management, infection control, and patient education. Dedicated to delivering high-quality, patient-centered care, ensuring safety, efficiency, and adherence to healthcare protocols in high-pressure environments. Passionate about continuous learning and implementing the latest medical advancements to improve patient outcomes.

WORK EXPERIENCE

REGISTERED NURSE – MEDICAL AND SURGICAL ICU (ADULT)

(MAR 2023 – MAR 2025)

ALMOOSA SPECIALIST HOSPITAL, AL AHSA, SAUDI ARABIA

- Provide direct patient care to critically ill patients in the ICU, ensuring high standards of medical treatment.
- Assess patients' conditions, monitor vital signs, and recognize signs of deterioration for prompt intervention.
- Develop and implement individualized care plans to meet patients' specific medical needs.
- Collaborate with interdisciplinary teams to coordinate treatment plans and optimize patient recovery.
- Educate patients and caregivers on disease management, wound care, and post-discharge instructions.
- Respond effectively to life-threatening emergencies and perform critical care interventions.
- Adhere to strict infection control measures to prevent the spread of diseases.
- Participate in hospital-wide quality improvement initiatives to enhance patient care and safety.

REGISTERED NURSE – MEDICAL AND SURGICAL ICU (ADULT)

(JAN 2022 – JAN 2023)

HUSSAIN AL ALI HOSPITAL, AL AHSA, SAUDI ARABIA

- Delivered advanced nursing care to critically ill patients, ensuring adherence to ICU protocols.
- Monitored and managed patients with chronic conditions such as COPD, asthma, and cardiovascular diseases.
- Maintained accurate patient records, including medical history, test results, and treatment plans.

LICENSE AND REGISTRATION

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(31/03/2026)

SKILLS

- Hemodynamic monitoring
- Mechanical ventilation
- Medication administration
- Team leadership and collaboration
- Electronic Medical Records
(Yassasi,CPRS)
- PICCO Monitoring
- CRRT (Continuous Renal Replacement
Therapy)
- ACLS
- BLS
- Assisting ICU procedures

LANGUAGES

- English
- Hindi
- Arabic
- Malayalam

- Administered medications, intravenous therapy, and emergency interventions as per physician orders.
- Assisted in emergency situations, including resuscitation and code blue scenarios.
- Conducted routine health assessments and collaborated with physicians to adjust treatment plans.
- Ensured compliance with infection control policies and promoted a safe clinical environment.
- Engaged in professional development through workshops and training programs.

REGISTERED NURSE – MEDICAL AND SURGICAL ICU (ADULT)

(APR 2018 – APR 2021)

MAX SMART SUPER SPECIALITY HOSPITAL, DELHI, INDIA

- Provided direct patient care in a high-acuity ICU setting, ensuring optimal patient outcomes.
- Assisted in pre-operative and post-operative care, supporting patients undergoing complex surgical procedures.
- Monitored patients' progress, observed responses to treatments, and reported any adverse reactions.
- Administered medications, IV therapy, and pain management interventions.
- Worked closely with a multidisciplinary team to develop and implement personalized care plans.
- Maintained comprehensive medical records, documenting patient progress and treatment details.
- Participated in quality improvement initiatives to enhance patient safety and hospital protocols.
- Provided emotional and psychological support to patients and families, ensuring compassionate care.

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