

Jasmine Joy

Registered Nurse

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Profile Summary

Experienced Nursing Professional with 8 years of experience across critical care, medical-surgical, and primary health settings. Proven expertise in managing Intensive Care Units, COVID-19, and postoperative care with strong abilities in patient assessment, emergency care, and team collaboration. Recognized for exceptional performance and dedication with multiple awards and international nursing registrations.

Professional Licences

- United Arab Emirates Nursing and Midwives Council | Reg No: 259907
- Indian Nursing and Midwives Council | Kerala Reg No: 42353 | Delhi Reg No: 67594

Education

Bachelors in Nursing and Midwifery

Vinayaka Missions Annapoorna College of Nursing, Salem, Tamil Nadu | Vinayaka Missions University, India | 2013

Skills

Clinical Expertise: Skilled in-patient Assessment, IV therapy, Blood transfusion, wound care, medication administration, ventilator management, pain management, infection control, central line management, Foleys catheterization, risk management, Trauma stabilization, NG Tube insertion, PICC line care, ECG interpretation

Critical and Emergency Care: Proficient in managing critical cases and emergencies, Trauma management performing CPR, and assisting with procedures like intubations, pleural tapping, and lumbar punctures.

Personal skills: Critical thinking, problem-solving, Flexibility, Adaptability, and Communication skills.

Primary Health Care: Expertise in health assessments, recovery monitoring, vaccination, Dental assistant and patient education on health management and disease prevention.

Medical Surgical Intensive Care Unit: Skilled in hemodynamic monitoring, ventilator management, central line maintenance, wound care, and emergency interventions, with expertise in collaborating with multidisciplinary teams to provide evidence-based care in the ICU. Skilled in patient education, infection control, and sterile techniques to support recovery and minimize complications.

Pre- & Post-Operative Care: Skilled in pre-operative assessments, risk stratification, and surgical safety compliance. Experienced in post-operative monitoring, early ambulation, prevention of surgical site infections (SSI), and management of post-anesthesia recovery to ensure optimal patient outcomes.

Equipment Handling: Competent in using defibrillators, mechanical ventilators, BiPAP/CPAP and infusion pumps, syringe driver, Hoist.

Documentation and Teamwork: Strong in record-keeping, discharge planning, quality improvement, and collaborating with healthcare teams for effective care delivery.

Computer Skills: Proficient in MS Office for clinical documentation and data management in electronic health records.

Professional Experience

Registered Nurse

Christuraja Prayer Center Rehabilitation Center, Ernakulam, Kerala, India | March 2024 to October 2024

- Offered compassionate voluntary service support to orphans, destitute individuals, fostering health and inclusion.
- Assisted with daily living activities, ensuring dignity, comfort, and improved quality of life.
- Conducted ongoing assessments to evaluate treatment effectiveness and adjust care plans.
- Built rapport with patients using empathetic communication and assessed physical and mental health based on patient complaints and symptoms.

Registered Nurse (Primary health centre)

Little Feet Nursery School Clinic, Sharjah, United Arab Emirates | December 2022 to June 2023

Damas Specialist Medical Center, Sharjah, United Arab Emirates | July 2022 to October 2022

- Conducted health screenings, administered first aid, managed chronic conditions, and ensured regulatory compliance while maintaining health records.
- Promoted wellness by educating on health topics and advocating for student well-being.
- Monitored patient vital signs, performed thorough assessments, and promptly responded to changes in patient conditions in a high-acuity setting.
- Coordinated with multidisciplinary healthcare teams to ensure the delivery of optimal, evidence-based care.

Registered Nurse | Department: Medical Surgical Intensive Care Unit

Max Smart Super Speciality Hospital, Saket, Delhi, India | February 2020 to January 2022

- Provided personalized care to critically ill ICU patients, including Covid 19 patients addressing physical, emotional, cultural, and spiritual needs, and supporting families.
- Monitored vital signs using advanced monitoring equipment to identify any changes in patient condition.
- Strong in rapid assessment and intervention for post-surgical complications.
- Administered medications including high-alert medicines, sedatives, Narcotics, and emergency medicines..
- Performed both endotracheal and oral, nasal suctioning to maintain airway patency and prevent complications.
- Collaborated closely with physicians to implement and continuously update individualized treatment plans for critically ill patients.
- Assisted in various invasive procedures and managed central lines and Mechanical ventilators as needed.

Nurse cum Receptionist (Primary health centre)

Al Mueed Medical Center, Sharjah, United Arab Emirates | July 2018 to October 2019

- Provided prompt and professional customer service in OPD, resolving issues through collaboration

Registered Nurse | Department: Medical Surgical Intensive Care Unit

Max Hospital, Gurugram, Haryana, India | December 2016 to February 2018

- Delivered specialized wound care and supported post-surgical and medical recovery, ensuring the healing process through meticulous monitoring and intervention.
- Safely titrated vasoactive medications according to hemodynamic parameters, optimizing blood pressure management for critically ill patients
- Prioritized infection prevention, hygiene education, and patient comfort, while actively preventing crises and promoting a safe, healing environment.

Nurse Cum Receptionist (Primary health centre)

Al Razi Medical Center, Ajman, United Arab Emirates | May 2016 to October 2016

- Provided comprehensive nursing care in a busy outpatient department (OPD), including triaging, wound care, chronic disease management, and health education.

Registered Nurse | Department: Medical Surgical Intensive Care Unit

Shri Medishine Hospital, Raipur, Chattisgarh, India | September 2013 to September 2015

- Proficient in hemodynamic monitoring, ventilator management, and advanced wound care.
- Skilled in managing post-operative drains, fluid balance, and electrolyte stabilization.
- Managed emergencies and responded quickly to urgent situations, including cardiac arrest.
- Successfully reduced post-operative infection rates through strict adherence to sterile protocols.
- Successfully inserted intravenous lines to facilitate the administration of IV Fluids, medications, and blood transfusions ensuring proper hydration and support

Awards and Certifications

- Initial-Outbreak covid -19 Frontliner Award | April 2020
 - **First Aid Certificate | Level 2** : BLS Valid till Nov 2026
 - **ACLS**: American Heart association
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Visa status: Visit visa(Sponsor Required)

Nationality: Indian

Gender: Female

Languages Known : English, Hindi, Malayalam, Tamil, Urdu, Basic Arabic