

# SARANYA M

Registered Nurse — ICU Critical Care Specialist  
+971 501687758 | 1998saranyam@gmail.com | Al Nahada, Sharjah, UAE

## Professional Summary

Dedicated and patient-focused Registered Nurse with 3+ years of clinical experience in Cardiac ICU, Medical ICU, general medical wards, and tertiary hospital environments. Strong expertise in patient assessment, medication administration, vital sign monitoring, wound care, infection control, and post-operative care. Proficient in electronic health records (EHR), clinical documentation, emergency response, and multidisciplinary coordination. Certified in BLS and ACLS (American Heart Association) with DHA & Eligibility letter. Committed to delivering safe, compassionate, and evidence-based nursing care.

## Professional Experience

**Staff Nurse (Medical ICU)** Mar 2024 – Nov 2025  
*Government Medical College Hospital, Manjeri, Kerala, India*

- Delivered comprehensive nursing care to critically ill patients in high-volume ICU settings.
- Administered medications, monitored vital signs, and assisted in invasive and non-invasive procedures.
- Maintained accurate patient records and clinical documentation in compliance with hospital protocols.
- Assisted physicians during emergency interventions and post-operative patient management.
- Ensured strict adherence to infection control, hygiene standards, and patient safety guidelines.

**Staff Nurse** Jul 2023 – Mar 2024  
*Taluk Headquarters Hospital, Malappuram, Kerala, India*

- Provided direct patient care including assessment, medication administration, and monitoring.
- Supported chronic disease management and routine inpatient care.
- Educated patients and families on treatment plans and discharge instructions.

**Junior Staff Nurse (CCU)** Jun 2023 – Jul 2023  
*Metro Malabar Cardiac Center, Malappuram, Kerala, India*

- Assisted in cardiac monitoring, emergency response, and critical care support.
- Participated in CPR, first aid, and rapid response procedures.
- Supported cardiac diagnostics and patient stabilization.

**Staff Nurse Intern (CCU)** Nov 2022 – May 2023  
*Metro Malabar Cardiac Center, Malappuram, Kerala, India*

- Assisted senior nurses in cardiac care, patient monitoring, and clinical documentation.
- Supported catheterization procedures, specimen collection, and medical equipment handling.

## Clinical Skills

- Patient Care and Monitoring
- Medication Administration
- Vital Signs Assessment
- IV Therapy and Fluid Management
- Wound Care and Dressing
- Emergency Response and CPR
- Post-Operative Care
- Infection Control and Hygiene
- Patient Safety and Risk Management
- Cardiac and ICU Nursing
- Electronic Health Records (EHR)
- Medical Equipment Handling
- Multidisciplinary Team Communication

## Education

**Bachelor of Science in Nursing (B.Sc Nursing)**

First Class with Distinction

SRM College of Nursing, SRM University, Chennai, India

2022

**Higher Secondary Education**

Government Boys Higher Secondary School, Manjeri, Kerala, India

## **Certifications & Training**

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- Basic Life Support (BLS) – American Heart Association
- Advanced Cardiovascular Life Support (ACLS) – American Heart Association
- International Conference on Nursing Science and Healthcare (ICNSH)
- International Conference on Bioethics in Health Science (UNESCO Chair)

## **Computer Skills**

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- MS Word, Excel, PowerPoint
- Electronic Health Records (EHR)
- Internet and Email Communication

## **Additional Information**

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- Nationality: Indian
- Passport Valid (Expiry: 10/02/2035)
- Gender: Female
- Marital Status: Married
- Currently based in Sharjah, UAE
- Languages: English, Malayalam, Hindi