



Ribi Alex

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Profile

DHA ELIGIBLE NURSE | ICU NURSE

Driving high-reliability clinical outcomes across multidisciplinary care pathways by operationalizing evidence-based critical-care practices, precision-driven patient monitoring, and structured ICU workflows. Positioned to elevate clinical quality, enhance patient safety, and optimize care-delivery excellence within fast-paced acute-care environments through proficient use of advanced medical technologies, regulatory-compliant nursing protocols, and end-to-end patient-management frameworks. Leveraging strong competencies in ventilator management, hemodynamic stabilization, emergency response, pharmacological accuracy, infection-control adherence, and seamless interdisciplinary coordination to support lifecycle patient care, reduce clinical variability, and strengthen ICU performance benchmarks.

Professional Experience

MICU Staff Nurse | Mazumdar Shaw Medical Center (A unit of Narayana Hrudayalaya), Bengaluru, India (Accreditations: NABH, JCI, QAI, CAPs) | Apr 2024 – Jun 2025

- Executed high-acuity patient care delivery using structured, evidence-driven MICU protocols and continuous hemodynamic evaluation frameworks.
- Managed a defined caseload of critically ill patients requiring ventilatory support, advanced life-support systems, and complex therapeutic interventions.
- Monitored vitals, administered IV medications, tracked infusion therapies, and conducted ECG interpretation aligned with critical-care best practices.
- Drove interdisciplinary care planning through structured care-team huddles, clinical meetings, and case-management reviews.
- Conducted systematic assessment, planning, implementation, and evaluation of individualized care plans aligned with approved ICU standards.
- Ensured seamless communication with patients and families, supporting informed decision-making and maintaining ethical and culturally sensitive care delivery.
- Maintained accurate nursing records, incident documentation, and regulatory-compliant reporting in alignment with institutional and national clinical guidelines.
- Supported infection-control compliance, safety audits, and quality initiatives to strengthen operational integrity across ICU workflows.

Core Competencies And Skills

- **Critical Care Nursing Operations:** Manages ventilators, hemodynamic parameters, and infusion therapies in alignment with ICU protocols.
- **Emergency & Life-Support Response:** Provides rapid assessment, code-blue support, and stabilization interventions during critical events.
- **Clinical Documentation & Reporting:** Maintains accurate EMR updates, progress notes, and incident records per regulatory standards.
- **Patient Monitoring Technologies:** Operates multi-parameter monitors, interprets ECGs, and manages infusion and defibrillation equipment.
- **Medication & Therapeutic Administration:** Administers IV/IM medications, calculates dosages, and manages titration protocols safely.
- **Interdisciplinary Care Coordination:** Supports case discussions and care transitions to streamline multidisciplinary collaboration.
- **Infection Control Compliance:** Follows aseptic techniques, PPE protocols, and isolation procedures supporting audit readiness.
- **Quality & Safety Alignment:** Applies risk-reduction practices and patient-safety protocols to maintain regulatory compliance.

Education

- **Bachelor of Science in Nursing** | T. John College of Nursing, Bangalore | Sep 2019 – Oct 2023
- **Higher Secondary Education** | GGHSS, Ambalamukku, Trivandrum | 2018 – 2019

Certifications

- **Basic Life Support (BLS)**, AHA Approved
- **Advanced Cardiac Life Support (ACLS)**, AHA Approved
- **Registered Nurse (RN)** – As per national nursing council requirements

Registration Details

DHA Eligibility:

- Unique ID: 48461808
- Registration Title: Registered Nurse and Midwife
- Valid Until: 20/10/2026

Nursing Council Registration:

- Reg No.: 153647 (RGUHS)
- Renewal Valid Until: 31/01/2027

Personal Details

- **Date of Birth:** 20/10/2001
- **Gender:** Female
- **Nationality:** Indian
- **Passport No.:** B6419791 | Expiry: 16/11/2033
- **Visa Status:** Visit Visa

Languages

- **English | Malayalam | Tamil**

References

- **Available upon request.**