

BINCY BABU

Registered Nurse

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PROFESSIONAL SUMMARY

Registered Nurse with 5+ years of experience in Operating Theatre (OT) and Intensive Care Unit (ICU) settings in multi-specialty hospitals with 250+ beds. Skilled in patient assessment, critical care monitoring, surgical assistance, postoperative care, medication and IV administration, and emergency response. Experienced as staff nurse, scrub nurse, and circulating nurse, supporting surgeries including caesarean sections, laparoscopies, hysterectomies, cataract, and ENT procedures. Proficient in maintaining sterile environments, infection control, and operating specialized equipment such as cardiac monitors, infusion pumps, and surgical diathermy. Certified in ACLS and BLS, with strong communication, attention to detail, and experience mentoring junior nursing staff.

PROFESSIONAL EXPERIENCE

Staff nurse – Operating Theater (OT) | St. Thomas Mission Hospital, Kerala, India
Jun 2021 – July 2025

- Achieved zero incidents of retained surgical items, as demonstrated by strict compliance with surgical count protocols and collaboration with circulating nurses.
- Ensured 100% readiness of the operating room by proactively preparing sterile instruments, supplies, and equipment in advance of scheduled and emergency surgeries.
- Reduced surgical delays by 15% through efficient workflow coordination, sterile field management, and adherence to infection control protocols.
- Assisted in over 300 successful surgical procedures including caesarean sections, laparoscopies, hysterectomies, cataract surgeries, and ENT surgeries by functioning as both scrub nurse and circulating nurse.
- Delivered safe intraoperative care by monitoring patient vitals, positioning patients, and managing anesthesia-related requirements to maintain patient safety and comfort.
- Supported postoperative recovery by evaluating patient conditions, administering medications, and coordinating handovers to PACU nurses, ensuring continuity of care.
- Contributed to staff development by training and mentoring junior nurses on OT protocols, aseptic techniques, and emergency preparedness.
- Collaborated with multidisciplinary teams to ensure smooth surgical workflows, patient safety, and adherence to hospital policies.

ICU nurse | Saket Hospital, Jaipur, India
Dec 2014 – Dec 2015

- Provided critical care to 20+ patients daily by monitoring vital signs, ventilator settings, and cardiac parameters, ensuring timely interventions in emergencies.
- Assisted in multiple successful resuscitation efforts, including code blue situations, by administering CPR, IV medications, and advanced life-saving interventions.
- Delivered compassionate care through medication administration, IV therapy, and oxygen support, aligned with physician orders and critical care protocols.
- Strengthened family communication by educating patient families on ICU procedures, progress updates, and recovery planning.
- Maintained accurate patient documentation, treatment logs, and records, supporting safe care transitions and compliance with ICU standards.
- Ensured strict adherence to infection prevention and biomedical waste management protocols, maintaining a safe clinical environment.

SKILLS

- **Patient Assessment & Monitoring:** In OT and ICU for preoperative evaluations, intraoperative vital sign monitoring, and postoperative recovery checks.
- **Surgical Assistance (Scrub & Circulating Nurse):** During procedures by preparing instrument trolleys, maintaining sterility, passing instruments, and verifying surgical counts.
- **Infection Control & Sterile Techniques:** In OT and ICU through aseptic practices, sterilization procedures, and biomedical waste management.
- **Emergency & Critical Care Response:** In ICU and OT through resuscitations, emergency surgical support, and rapid stabilization procedures.
- **Medication & IV Administration:** In ICU and postoperative care for safe delivery of medications, IV fluids, and oxygen therapy.
- **Postoperative & Recovery Care:** In OT and PACU through patient evaluation, pain management, medication administration, and recovery support.
- **Team Collaboration:** With surgeons, anesthetists, and nursing staff for coordinated surgical workflows and patient care.
- **Training & Mentorship:** With junior nurses by sharing OT protocols, aseptic techniques, and emergency preparedness practices.
- **Documentation & Record Management:** In OT and ICU by maintaining accurate patient charts, surgical logs, and treatment records.
- **Communication:** With patients, families, and multidisciplinary teams for clear information exchange and care coordination.
- **Attention to Detail:** In surgical counts, sterile field preparation, and patient monitoring accuracy.
- **Compassion & Empathy:** In ICU and postoperative care through patient support and family guidance.

EDUCATION

Post Basic B.Sc. Nursing | Rajiv Gandhi University of Health Sciences, Karnataka, India

2016 – 2019

Diploma in Nursing | Kerala Nurses & Midwives Council, Kerala, India | 2010 – 2014

CERTIFICATIONS

- **DHA Passed**
- **Advanced Cardiac Life Support (ACLS)**
- **Basic Life Support (BLS)**
- **Registered Nurse** – Karnataka Nurses & Midwives Council, India
- **Registered Nurse** – Kerala State Nurses & Midwives Council, India

EQUIPMENT HANDLED

- Cardiac Monitor | Infusion & Syringe Pumps | Surgical Diathermy | Suction Apparatus | Operating Theatre Table | Radiant Warmer | Nebulization Machine | Endoscopy Machine | Cautery Machine | Microscope

CASES ASSISTED

- Cesarean Section | Vaginal/Abdominal Hysterectomy | Hernia Repair | Hydrocele Surgery | Hemorrhoidectomy | Cataract Surgery | Septoplasty | Tonsillectomy | Adenoidectomy | Diagnostic Arthroscopy | Fistulectomy | Debridement

ADDITIONAL INFORMATION

- **Languages:** English, Hindi, Malayalam | **Visa Status:** Dependant (UAE)
- **Passport:** C9518959 | **Expiry:** 23/03/2035 | **Date of Birth:** 09/03/1993 | **Nationality:** Indian