



# ALEENA K THOMAS

REGISTERED NURSE WITH MOH

## PROFILE

To work in a health care center where my registered nursing profession is an advantage in catering quality health care and humanitarian services to its general clientele. To seek a registered nurse position where professional along with personal skills can help maximize spiritual growth in the service of good humanity in dedication to my work.

## SKILLS

- Advanced cardiac life support and Basic cardiac life support.
- Maintain interpersonal relationship.
- Communication skills and critical thinking.
- Leadership
- Commitment towards patients.

## EDUCATION

- **2019-2023**  
**Bachelor of Science in Nursing**  
**Rajiv Gandhi University**  
**Udupi College of Nursing, Manipal,**  
**Karnataka, India**

## CONTACT

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## WORK EXPERIENCE

### **AJ HOSPITAL AND RESERCH CENTERE, MANGALORE (4/1/2024) (30/04/2025) STAFF NURSE-CORONARY CARE UNIT**

- Continuously monitor cardiac rhythms (ECG/EKG) and recognize life-threatening arrhythmias.
- Assess patients for signs of cardiac distress or deterioration.
- Administer medications such as antiarrhythmics, anticoagulants, vasopressors, and cardiac glycosides.
- Titrate IV cardiac drugs based on physician orders and patient response.
- Respond promptly to cardiac emergencies, including code blue situations.
- Perform CPR and assist with advanced life support procedures (ACLS certified tasks).
- Provide care for patients recovering from cardiac catheterization, angioplasty, stent placement, or open-heart surgery.
- Monitor for post-procedure complications like bleeding, arrhythmias, or infection.
- Maintain accurate, timely, and complete nursing documentation.
- Communicate effectively with the multidisciplinary team, including cardiologists, surgeons, and physiotherapists.