



CHINJU T J

REGISTERED NURSE

DHA ID:38100709

Phone : +971 529040311

Email : chinjujoytj@gmail.com

Location : Al karama, Dubai, UAE

SUMMARY

Experienced and dedicated Registered Nurse with a strong background in critical care and emergency nursing. Skilled in providing comprehensive care in Intensive Critical Care Units (ICCU) and Emergency Departments, including monitoring vital signs, administering medications, and supporting emergency interventions. Proven ability to collaborate with multidisciplinary teams and deliver compassionate care to patients and families. Focused on maintaining accurate records, adhering to protocols, and ensuring high-quality care in fast-paced environments.

EDUCATION

Bachelor of Science in Nursing

Dr. NTR University of Health Sciences |
Andhra Pradesh | 2017 - 2022

Higher Secondary

Government of Kerala | 2015 - 2017

PROFESSIONAL REGISTRATION

- **B.sc.Nursing & Midwifery**, The Holy family Hospital, Mubai (Staff Nurse) | Maharashtra Nursing Council Mumbai.
- **Nurse and Midwife**, The Andhra Pradesh Nurses, Midwives, Auxiliary | Nurse-Midwives and Health Visitors Council.

PROJECTS

Attitude and Practice Of Breast Self Examination

- A Cohort Study to assess the Attitude and Practice Of Breast Self Examination among Pre-Menopause women in selected areas in Nellore district of Andhra Pradesh.

PROFESSIONAL SKILLS

- Patient care and assessment
- Critical care and emergency nursing
- IV insertion, ECG monitoring, wound dressing
- Basic Life Support (BLS)
- Collaboration with multidisciplinary teams
- Accurate documentation and record keeping
- Infection control protocols
- Medical equipment proficiency
- Communication and Team Work
- Empathy & Compassion
- Adaptability and Problem - Solving

PROFESSIONAL EXPERIENCE

STAFF NURSE

Holy Family Hospital, Bandra, Mumbai (NABH Accredited)

Department: **Intensive Critical Care Unit** | Nov 2022 - Dec 2024

- Delivered exceptional nursing care to critically ill patients in the Intensive Critical Care Unit (ICCU), following hospital protocols and best practices.
- Provided continuous monitoring of vital signs, including heart rate, blood pressure, oxygen saturation, and other critical parameters.
- Administered medications, including intravenous drugs, and performed necessary interventions under the guidance of the medical team.
- Assisted in emergency response situations and supported physicians and senior staff during procedures and surgeries.
- Maintained accurate patient records, documented observations, and provided regular updates to the healthcare team.
- Collaborated effectively with doctors, physiotherapists, and other specialists to ensure comprehensive patient care.
- Provided emotional support to patients and their families, explaining treatment plans and care instructions in a compassionate manner.

INTERNSHIPS

Internship in Emergency and Trauma Care

Narayana Medical College Hospital | Aug 2021 - Jan 2022

Department: **Emergency Department**

- Gained hands-on experience in the Emergency Department, assisting healthcare professionals in delivering immediate care to trauma and emergency patients.
- Assisted in patient assessments, including vital signs, medical history, and injury severity evaluation.

EQUIPMENTS HANDLED

- Crashcart
- Laryngoscope
- Ambu bag
- Nebulizer
- Cardiac Monitor
- Pulse Oxymeter
- Blood Gas Analyzer
- Suction Apparatus
- Glucometer
- O2 Flow Meter

PROCEDURES HANDLED

- Ryles Tube Feeding
- Peripheral Line Insertion and Giving Drug through Line
- ABG
- Handling ventilator
- Handling Syringe Pumps
- Maintaining Intake Output Chart, Vital Signs
- Fever Management
- ECG
- Admission and Discharge Procedure
- Dressing
- Medicine Administration
- Taking Blood Samples
- Care of Patients with ICD Bottles
- Suctioning and Tracheostomy Care

PERSONAL INFO

- Nationality : Indian
- Date of Birth : 10/06/1999
- Gender : Female
- Passport No : W0880409
- Date of Expiry : 17/05/2032

LANGUAGES

- English
- Hindi
- Tamil
- Malayalam

- Supported in emergency interventions, including wound dressing, administering medications, and assisting in resuscitation efforts.
- Collaborated with multidisciplinary teams to manage high-pressure situations and ensure timely patient care.
- Observed and participated in procedures such as IV insertions, ECG monitoring, and basic life support (BLS) interventions.
- Maintained accurate and timely documentation of patient interactions, medical procedures, and treatments.

RANGE OF SERVICES

- Cardiology
- Medical
- Respiratory Medicine
- Neurology
- Surgical
- Gastrology

REFERENCE

Sr. Sheela D' Mello (Nursing Director)

Holy Family Hospital, Mumbai, India

E-Mail : nursing_director@holyfamilyhospital.in

Dr. Indhira S - Principal & WHO Member

- Narayana College of Nursing, Andhra Pradesh
- E-Mail : narayana_nursing@yahoo.co.in