

ARYA MOHAN

MOH QUALIFIED REGISTERED NURSE

CAREER OBJECTIVE

Dedicated and compassionate Registered Nurse with over 9 years of experience in psychiatric nursing, critical care, dialysis, and multi-specialty wards. Skilled in delivering high-quality patient care, managing emergencies, and supporting recovery through evidence-based practices. Seeking an opportunity to contribute clinical expertise, patient-centered care, and teamwork to a reputable healthcare organization while continuing to enhance professional skills and uphold the highest standards of nursing practice.

WORK EXPERIENCE

Registered Nurse – St. Mary’s Ward, ICU & Dialysis Unit
Jubilee Mission Medical College & Research Institute,
Thrissur, India | June 2016 - August 2024

- Delivered nursing care to patients from multiple specialties including Urology, Faciomaxillary Surgery Neurology, Ophthalmology, and post-operative cases.
- Assisted in procedures such as cardiac monitoring, ECG, defibrillation, tracheostomy insertion/removal, lumbar puncture, suturing, drain/ICD removal, and central line insertion.
- Provided pre- and post-operative care for Ophthalmology patients and critical care support in ICU.
- Managed patients in the Dialysis Unit equipped with 21 haemodialysis machines, performing ~100 sessions daily.
- Assisted in hemodialysis and plasmapheresis for both acute and chronic renal failure patients.
- Administered medications via infusion pump, syringe pump, glucometer checks, and CPR techniques during emergencies.
- Completed 119 hours of training and development programs at Jubilee Mission Medical College & Research Institute.
- Ensured strict adherence to hospital protocols, infection control standards, and ethical nursing practices.

Registered Nurse – Psychiatry Ward

St. James Hospital, Chalakudy, India | April 2015 - April 2016

- Provided direct nursing care to patients with acute and chronic psychiatric conditions, ensuring a safe and therapeutic environment.
- Administered prescribed medications (oral, IM, IV) and monitored treatment responses.
- Assisted psychiatrists during assessments, diagnostic evaluations, and therapy sessions.
- Monitored and documented behavioral changes, mental status, and physical health parameters.
- Handled psychiatric emergencies with crisis intervention and de-escalation techniques.
- Educated patients and families about psychiatric illnesses, medication adherence, and coping strategies.
- Supported rehabilitation through group therapy, recreational activities, and social reintegration programs.



PERSONAL

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EDUCATION

BACHELOR OF SCIENCE - NURSING
St. James College of Nursing,
Chalakkudy, Kerala, India | 2010 - 2014
Kerala University of Health Sciences

REGISTRATION / LICENSE

**KERALA NURSES AND
MIDWIVES COUNCIL**
Kerala University of Health Sciences
Register Number: KL03201503264
Validity: March 2015

**MINISTRY OF HEALTH (MOH)
EXAM - PASSED**

PROFESSIONAL SKILLS

- Patient Care & Clinical Expertise
- Critical Care Nursing
- Psychiatric Nursing
- Dialysis & Renal Care
- Emergency & Trauma Management
- Medication Administration
- Infection Control & Safety Compliance
- Diagnostic & Therapeutic Procedures
- Documentation - Medical Records
- Multidisciplinary Team Collaboration
- Training & Professional Development
- Health Education & Patient Counseling

PERSONAL SKILLS

- Communication
- Empathy & Compassion
- Adaptability
- Problem-Solving
- Stress Management
- Teamwork
- Time Management
- Ethical & Confidential Practice

LANGUAGES

- English
- Malayalam
- Hindi