



**SHAMAL V V**

## CONTACT



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Al Mateena St, Deira - Dubai  
Building no 39

## PERSONAL DATA

Date of Birth : 25/04/1997

Gender : Male

Nationality : Indian

## LANGUAGES KNOWN

- Malayalam
- English
- Hindi

## TECHNICAL SKILLS

- Bio, Psycho, social Assessment application
- Discharge planning
- Community Resources utilization
- Crisis intervention
- Cordination of care
- Advocating for patients
- Coordinating home care
- Group work
- Leadership
- Case Management
- Professional behaviour

## INTERESTS

- Football
- Cricket

## SUMMARY

Medical Social Worker with 3 years of experience in blood banking, and providing psychosocial support to students and patients within clinical, college, schools, community, and hospital settings. Experienced in providing intervention through psychosocial counseling, navigating healthcare systems, coordinating care, and offering crisis management support. Skilled in project coordination, staff training, and community engagement initiatives. Focused on enhancing patient well-being, optimizing healthcare services, and fostering a supportive environment for patients, families, and staff.

## EXPERIENCE

### **Medical Social Worker, Blood Bank Counselor & Student Counselor | Kannur Medical College, Anjarakandy | July 2022 – April 2025 | 2 years 9months**

- **Patient and Family Support:**
  - Provided comprehensive psychosocial support and advocacy to patients and families in clinical and community settings.
  - Conducted psychosocial assessments, developed care plans, and facilitated smooth transitions.
  - Provided crisis intervention and counseling to individuals and families facing medical challenges.
  - Assisted patients with accessing resources and navigating healthcare systems.
- **Project Coordination & Community Engagement:**
  - Collaborated in the planning and execution of health camps and outreach programs.
  - Coordinated medical care for residents of destitute homes and patients in palliative care wards.
- **National Youth Volunteer | Ministry of Youth Affairs | 2019 – 2021 | 2 years**
  - Engaged in community outreach programs focused on health education and awareness.
  - Coordinated and facilitated health camps and outreach events to provide services to underserved populations.
  - Organized and facilitated youth development activities promoting social responsibility and well-being.
  - Coordination of empowerment activities of clubs and youth.
- **Fieldwork | Sristi Foundation, Chennai | February 2021 – March 2021 | 1 month**
  - Worked for the support programs for differently abled children in Villupuram District - Tamil Nadu
  - Gained practical experience in providing social work services to vulnerable populations

## **EDUCATION QUALIFICATION**

**Master of Social Work (MSW) | Sreesankaracharya University of Sanskrit (NAAC A+) | 2019 – 2021**

**Bachelor of Commerce (B.Com) | Madayi College, Kannur University | 2015 – 2018 Certifications & Training**

- American Heart Association (AHA) Certified Basic Life Support (Adult & Pediatrics) Provider - 2024.
- Blood Bank Counselor Training under Kerala AIDS Control Society (KSACS) & Keral State Blood Transfusion Council (KSBTC) - 2022
- Breaking the Barrier – Mastering communication in healthcare setting - 2024.
- Anti-microbial stewardship awareness (Right drug Right Solution)
- NSS certification at 12th and undergraduate level.

## **PROJECTS & PUBLICATIONS**

- Impact of Psychosocial Support on Patient Satisfaction among Hospitalized Individuals (On going Research).
- "A Study on Consumer Preference on Eco-Friendly Products" (Undergraduate Research Project)
- "The Study on the Importance of Agricultural Start-Up with Special Reference to Farmers Fresh Zone" (Postgraduate Dissertation)
- Paper submitted on "Importance of Agricultural Start-Up in the Modern World" as part of research work.
- Participated in national conference on "Towards A sustainable world: revisiting social work theory and practice" organized by department of social work.

## **REFERENCES**

1. Dr Bithun Balan Kunnummal | Associate Professor, Head of Diagnostic Services, Academic Administrator | Kannur Medical College Anjarakandy | Phone: 9744880098
2. Mr Sreeju | Assistant professor | Department of Commerce | Madayi College | Phone: 9895526353
3. Dr Anshad Kolathur | Assistant Professor | Department of Social Work| Kalady Srishakaracharya university | Phone: 9447417791