

ATHIRA SASI

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Profile

Dedicated and result-driven **Registered Nurse (B.Sc Nursing)** with over 2.5 years of hands-on experience in **ICU and Transplant ICU Units**. Skilled in **critical care nursing, ventilator and ECMO management, emergency response, and advanced medication administration**. Experienced in **leading and coordinating nursing teams** to ensure efficient workflow and high-quality patient outcomes. Committed to upholding **evidence-based clinical standards**, maintaining **patient safety**, and fostering **interdisciplinary collaboration**. Seeking a challenging role as a **Registered Nurse** in a reputed healthcare institution where I can apply my clinical expertise, leadership abilities, and compassionate approach to deliver exceptional patient-centered care.

Professional Experience

Staff Nurse -ICU and Transplant ICU | Meitra Hospital (JCI & NABH Accredited), Calicut, Kerala, India |
2023 - Still working

- Assisted physicians during central venous catheter (CVC) insertion.
- Supported during arterial line insertion for continuous hemodynamic monitoring.
- Assisted with endotracheal intubation and airway management procedures.
- Participated in tracheostomy care and dressing changes.
- Assisted in chest tube insertion and drainage system setup.
- Supported temporary pacemaker insertion and monitoring.
- Assisted during pericardiocentesis and other emergency bedside procedures.
- Prepared and assisted during bronchoscopy and specimen collection.
- Handled ventilator setup and troubleshooting during procedures.
- Ensured availability and sterility of procedure trays, instruments, and emergency drugs.
- Monitored vital signs and patient response throughout and after procedures.
- Documented all procedures, interventions, and patient outcomes accurately in EMR.
- Provided post-procedure care and patient/family education as needed.

Key Competencies & Skills

- **Critical Care & ICU Nursing** - Managing ventilated, sedated, and post-surgical patients with complex needs.
- **Emergency & Life Support Procedures** - Skilled in Code Blue management, airway handling, and rapid patient stabilization.
- **Medication Administration & IV Therapy** - Proficient in drug calculations, infusion setups, and safe administration practices.
- **Patient Monitoring & Clinical Assessment** - Expertise in interpreting ECG, ABG, and vital trends for early intervention.
- **Infection Control & Quality Compliance** - Adherence to JCIA/NABH standards and implementation of hygiene protocols.
- **Documentation & EMR Proficiency** - Accurate charting, incident reporting, and data management using EMR tools.
- **Equipment Handling & Maintenance** - Skilled in operating and troubleshooting life-support systems.
- **Interdisciplinary Collaboration** - Effective teamwork with doctors, therapists, and support staff in critical environments.
- **Time Management & Prioritization** - Efficiently balancing multiple high-acuity patients under pressure.
- **Continuous Learning & Adaptability** - Committed to clinical skill advancement and professional growth.

Education

- Bachelor of Science in Nursing (B.Sc Nursing) | Manjunatha college of nursing, RR institutions / Bangalore | 2018 - 2022

Certifications

- ACLS - Advanced Cardiovascular Life Support (American Heart Association)
- BLS - Basic Life Support (American Heart Association)

Medical Equipment Handled

- Multiparameter cardiac monitors
- Invasive and non-invasive blood pressure monitors
- Central venous pressure (CVP) monitors
- Pulse oximeter
- Capnography (ETCO₂) monitors
- Intracranial pressure (ICP) monitors
- Mechanical ventilators (invasive and non-invasive)
- CPAP / BiPAP machines
- Oxygen delivery systems (nasal cannula, mask, venturi)
- Suction apparatus (wall-mounted and portable)
- Ambu bag (manual resuscitator)
- Nebulizers and humidifiers
- Infusion pumps / syringe pumps
- Volumetric infusion devices
- PCA (Patient Controlled Analgesia) pumps
- Blood and fluid warmers
- Defibrillator (manual and automated AED)
- Temporary pacemaker setup
- Emergency crash cart (with emergency drugs)
- Airway management kits (laryngoscope, ET tubes, tracheostomy sets)
- Hemodialysis / CRRT (Continuous Renal Replacement Therapy) machine
- Temperature management systems (cooling/warming blankets)
- Chest drainage systems
- Enteral feeding pumps

Personal Information

- Date of Birth: 05/12/1998
- Gender: Female
- Nationality: Indian
- Passport No: W8841177
- Expiry Date: 01/01/2033
- Visa Status: Visit Visa

Languages

- English | Hindi | Malayalam | Tamil

References

- Available upon request.