

MAHESWARI MUTHARASU

REGISTERED NURSE

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SUMMARY

Compassionate and dedicated Registered Nurse with 10+ years of progressive experience across NICU (Level I-III), OB-GYN, Pediatrics, Emergency Response, and Reproductive Medicine. Proven ability to deliver evidence-based care, manage high-risk cases, and lead clinical teams in fast-paced healthcare environments. Strong proficiency in neonatal critical care, ventilator management, advanced life support, medication administration, and infection control protocols. Skilled in collaborating with multidisciplinary teams to improve patient outcomes, ensure safety, and enhance clinical efficiency.

EXPERIENCE

04/2025 - Present

Dubai, UAE

Registered Nurse

Right Health Medical Centre

- Deliver comprehensive patient care in compliance with DHA standards and evidence-based clinical guidelines.
- Perform detailed patient assessments, monitor vital signs, and document clinical findings in electronic health records.
- Administer medications, IV fluids, and injections safely while following the 7 rights of medication administration.
- Assist physicians during examinations, minor procedures, and emergency interventions.
- Provide triage support, prioritize patient needs, and coordinate timely treatment for urgent cases.
- Educate patients and families about treatment plans, discharge instructions, and preventive healthcare practices.
- Maintain accurate and confidential patient documentation ensuring completeness and audit readiness.
- Monitor patient progress, identify early signs of deterioration, and escalate critical conditions promptly.
- Ensure strict adherence to infection prevention and control protocols within the clinical environment.
- Collaborate with multidisciplinary teams to optimize patient outcomes, continuity of care, and workflow efficiency.

08/2023 - 12/2023

Dubai, UAE

Registered Nurse

Dubai Health – Clinical Attachment Training (OB-GYN)

- Assisted in providing antenatal, intrapartum, and postnatal nursing care for high-risk and low-risk mothers.
- Monitored fetal well-being using CTG and promptly reported abnormal patterns to the obstetric team.
- Supported obstetricians during labor, delivery, and gynecological procedures, ensuring sterile technique.
- Managed patients with GDM, PIH, PROM, ectopic pregnancy, preterm labor, and other maternal complications.
- Monitored vital signs and maternal-fetal parameters closely, recorded clinical observations accurately, and reported any abnormalities promptly to the medical team.

10/2019 - 12/2020

Chennai, India

Staff Nurse

Velan Child Clinic

- Delivered pediatric nursing care for infants, children, and adolescents with acute and chronic conditions.
- Assisted pediatricians during examinations, diagnostic procedures, immunizations, and minor clinical interventions.
- Monitored vital signs, growth parameters, and developmental milestones, reporting abnormalities promptly.
- Administered oral, IV, and IM medications safely while maintaining strict adherence to pediatric dosage guidelines.
- Educated parents on child health, vaccination schedules, nutrition, hygiene, and home care instructions.

03/2014 - 03/2015

Chennai, India

Staff Nurse

Rams Kids Clinic

- Provided nursing care to pediatric patients presenting with acute illnesses, injuries, and routine health concerns.
- Assisted pediatricians during medical assessments, diagnostic procedures, vaccinations, and minor treatments.
- Monitored vital signs, symptoms, and patient responses, escalating critical findings to the physician.
- Administered prescribed medications and IV therapies accurately while following pediatric safety standards.
- Educated parents on treatment plans, medication instructions, infection prevention, and follow-up care.

EXPERIENCE

12/2005 - 10/2012

Chennai, India

Senior Staff Nurse - Neonatal Intensive Care Unit

Madras Medical Mission Hospital

- Managed a 15-bed Level I-III NICU, supervising staff, delegating tasks, and ensuring adherence to neonatal care standards.
- Delivered specialized care to critically ill neonates on ventilators, CPAP, SNNIPV, TPN/PPN, and emergency stabilizations.
- Conducted comprehensive neonatal assessments, monitored hemodynamic parameters, and interpreted ABG results for timely interventions.
- Assisted neonatologists during intubations, central line insertion (UAC/UVC), and high-risk neonatal procedures.
- Maintained accurate clinical documentation, medication charts, and ensured readiness of emergency equipment including crash carts.
- Coordinated multidisciplinary care for neonates with CHD, RDS, sepsis, metabolic disorders, and extreme prematurity.

Senior Staff Nurse

Institute of Reproductive Medicine & Women's Health

- Provided comprehensive nursing care to patients undergoing fertility treatments, including IVF, IUI, and related reproductive procedures.
- Assisted physicians during egg retrievals, embryo transfers, ultrasounds, and other IVF lab-supported procedures.
- Monitored patients pre- and post-procedure, ensuring safety, comfort, and adherence to medical protocols.
- Educated patients on treatment plans, medication administration, cycle monitoring, and post-procedure care.

EDUCATION

2019

Coimbatore, India

Post Basic B.Sc. Nursing

PPG College of Nursing, The Dr. MGR Medical University

2005

Chennai, India

Diploma in Nursing

Sharmila College of Nursing

2002

Chennai, India

Higher Secondary Education

Government of Tamil Nadu

2000

Chennai, India

SSLC

Sri Sitaram Vidhyalaya Matriculation

LICENSE & CERTIFICATIONS

Registered Nurse – RN Number: 71627 (Valid until 2026)

Cardio Thoracic Nursing Certification

DHA Eligibility Registered Nurse – Unique ID: 35989255 (Valid until April 2026)

BLS (Basic Life Support) AHA Certified – Valid until March 2026

First Aid Training Course

CASES HANDLED

Extreme Preterm | PROM >12 hrs | Birth Asphyxia | RDS | TTN | IUGR | LGA/SGA | Pneumothorax | Cardiac Anomalies (PDA, CHD, PPHN, TAPVC) | High-risk antenatal/postnatal | GDM | PIH | Ectopic Pregnancy | Placenta Previa | PPH | Preterm Labor | Neonatal Infections | Post-operative gynecological cases

EQUIPMENTS HANDLED

Cardiac Monitor | Nebulizer | Syringe Pump | Infusion Pump | Glucometer (capillary blood glucose) Fetal Dopple | CTG machine Suction apparatus | Phototherapy Machine | Ventilator: SLE2000 Takaoka | HFO CPAP flow drive | USG Arterial Blood Machine | ECG Machine

KEY ACHIEVEMENTS

Successfully managed and stabilized numerous high-risk neonates, including extreme preterm and complex cardiac cases, ensuring safe recovery and continuity of care.

Led and supervised nursing teams across NICU and OB-GYN units, consistently improving workflow efficiency and adherence to clinical standards.

Played a key role in enhancing patient safety by strengthening documentation accuracy, medication safety practices, and emergency response readiness.

Recognized by supervisors for delivering compassionate, high-quality patient care and maintaining exceptional professionalism in high-pressure clinical environments.

STRENGTH

Clinical Expertise

Strong ability to assess, plan, implement, and evaluate patient care across NICU, OB-GYN, and pediatric units.

Critical Decision-Making

Capable of responding quickly and effectively during emergencies, ensuring patient safety and timely interventions.

Leadership & Team Coordination

Skilled in supervising junior nurses, delegating tasks, and maintaining smooth clinical workflow during high-pressure situations.

Communication & Compassion

Excellent patient and family communication skills with a caring, empathetic approach to supporting vulnerable cases.

SKILLS

Neonatal Intensive Care (NICU Level I/II/III)

High-Risk Maternal & Neonatal Care

Medication Administration

IV Therapy

Emergency Response (CPR, BLS, ACLS)

Ventilator Management (SLE2000, HFO, CPAP, SNNIPV)

ABG Analysis

Hemodynamic Monitoring

Infection Prevention & Control

Patient Assessment

Pediatric

Clinical Documentation

Obstetrics & Gynecology Nursing

Neonatal Resuscitation

Care Planning

Multidisciplinary Coordination

Patient Education

Family Counseling

LANGUAGES

English - Proficient

Hindi - Advanced

Malayalam - Advanced

Tamil - Native