

DIVYA K PUNNOOSE

Registered Nurse | MOH RN NO : 005750

CONTACT INFORMATION

Address: Sharjah, UAE

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Email: 22divyap@gmail.com

SKILLS

- Communication
- Emotional Intelligence
- Relationship Building
- Patient Advocacy
- Critical Thinking
- Problem Solving
- Adaptability
- Conflict Resolution
- Negotiation

EDUCATION & CERTIFICATIONS

- **GENERAL NURSING & MIDWIFERY (GNM)**
- KNMC, India | 2003–2006
- **COMPETENCY ASSESSMENT PROGRAMME (CAP)**
- **ACLS** - American Heart Association
- **BASIC LIFE SUPPORT (CPR & AED PROGRAM) BLS** – American Safety and Health Institute, Dubai, UAE
- **NURSING LEADERSHIP AWARD** | 2018
- **UAE HEALTH MINISTRY APPRECIATION CERTIFICATE** | 2022

LICENCES & REGISTRATIONS

- **UAE RN No: 005750**
- **KNC INDIA**
RN No: 49364
- **DRIVING LICENSES**
Valid in UAE & India

PROFESSIONAL SUMMARY

Compassionate Registered Nurse with **17+ years** of experience in emergency, acute, critical care, and aged care across UAE, India, & New Zealand. Skilled in triage, IV therapy, airway management, wound care, and multidisciplinary collaboration. Holder of New Zealand APC with CAP program completion. Dedicated to patient-centered care, leadership, and effective communication in high-pressure environments.

WORK EXPERIENCE

- **REGISTERED NURSE** | January 2023 - August 2024
Cosmesurge & Emirates Clinics – UAE
Department: Acute & Emergency Care
- **REGISTERED NURSE** | February 2021 - November 2022
Ministry of Health and Prevention - UAE
Department: Emergency & Acute Care Department
- **REGISTERED NURSE** | February 2014 - March 2020
NMC Sunny Speciality Medical Centre - UAE
Department: Emergency & Acute Care Department
- **REGISTERED NURSE** | April 2009 - September 2013
Oman Medical Centre - UAE
Department: Emergency & Medical Unit
- **REGISTERED NURSE** | March 2006 – March 2009
Marian Medical Centre - India
Department: Intensive Cardiac Care Unit (ICCU)

PROFESSIONAL STRENGTHS

- **HIGHLY ORGANIZED & DETAIL-ORIENTED** – Ensures accuracy in patient documentation, medication administration, and treatment planning. Maintains structured workflows in high-pressure environments.
- **STRONG LEADERSHIP & TEAMWORK ABILITIES** – Effectively leads and collaborates with multidisciplinary teams to optimize patient care. Supports and mentors junior staff in clinical decision-making.
- **SELF-MOTIVATED & CONTINUOUS LEARNER** – Keeps up-to-date with the latest medical advancements, protocols, and nursing best practices. Actively pursues professional development opportunities.

TECHNICAL SKILLS

- Electronic Health Records (EHR) & Medi-Map
- Hospital Information Systems (HIS)
- Medication Administration & Digital Documentation
- Microsoft Office (Word, Excel, PowerPoint)
- Windows OS & Data Entry

PROFESSIONAL SKILLS

- Emergency & Acute Care Nursing
- IV Therapy & Medication Administration
- ACLS & BLS Certified
- Emergency Triage & Resuscitation
- Airway Management & Critical Care
- Wound Care & Infection Control
- Clinical Documentation (EHR/HIS)
- Aged Care & Dementia Care
- Leadership & Staff Training
- Multidisciplinary Team Collaboration
- Patient & Family Education
- Crisis Intervention & Decision Making

PERSONAL DETAILS

Gender : Female
Date of Birth : 22/12/1985
Nationality : Indian
Marital Status : Married
Visa Status : Resident

REFERENCE

- **Ms. Babitha Kulangara Paul**
Preceptor & Infection Control Nurse: Ministry of Health, UAE
Email: babitha.kulangara@ehs.gov.ae
Phone: +971 55 362 4246

Duties & Responsibilities as Registered Nurse

- Conducted emergency assessments and rapid triage for critically ill patients, including trauma, stroke, and cardiac cases.
- Provided advanced care during life-threatening situations using ACLS/BLS protocols, including defibrillation, thrombolysis, and ventilator support.
- Assisted in airway management, resuscitation, and stabilization during emergencies and adverse reactions.
- Managed pre- and post-operative care for high-risk patients, including IV therapy, wound care, catheterization, and medication administration.
- Delivered emergency support during endoscopic and minor surgical procedures.
- Monitored critically ill cardiac patients; administered vasoactive medications and participated in post-event rehabilitation.
- Ensured infection control, patient education, and accurate clinical documentation.
- Collaborated with multidisciplinary teams for optimal patient outcomes and crisis response.

Duties & Responsibilities in Emergency & ICU Settings

- Provided high-quality care for patients with MI, heart failure, SVT, stroke, trauma, and post-cardiac surgery.
 - Conducted hemodynamic monitoring, ABG analysis, ECG interpretation, and blood/plasma transfusions.
 - Assisted in emergency procedures including defibrillation, cardioversion, cardiac catheterization, and pacemaker insertions.
 - Administered vasoactive medications, antiarrhythmics, and anticoagulants per physician orders.
 - Monitored and stabilized critically ill patients with complex cardiac conditions.
 - Participated in Key Performance Indicator (KPI) analysis and continuous quality improvement.
 - Adhered to ACLS protocols during emergency response and resuscitation efforts.
 - Maintained accurate records aligned with confidentiality and regulatory standards.
 - Engaged in continuous professional development and emergency care training.
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