

# KARPAGAVALLI

Registered Nurse

DHA (31540930)

Al Karama, Dubai

+971 54 231 5396

✉ karpagavallit23@gmail.com

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Dear Recruiter,

I am writing to express my interest in the Registered Nurse position at your esteemed healthcare facility. With over four years of **Experience in the Cardiothoracic Intensive Care Unit (CTICU) at Apollo Main Hospital in Chennai, India, along with my current role as an Pediatric and General Outpatient Staff Nurse at Panacea Medical & Wellness Centre—Multi-Specialty Clinic in Al Karama, Dubai**, I bring a strong foundation in critical care nursing and outpatient services. I also hold a valid DHA license and am immediately available to join your team.

At Apollo Main Hospital—one of the largest multispecialty hospitals in Chennai—I was responsible for managing post-operative care for patients undergoing complex cardiothoracic procedures such as CABG, valve replacements, ECMO, and heart/lung transplants. My core competencies include advanced cardiac life support, ventilator and invasive line management, administration of high-risk medications (inotropes, vasopressors), and emergency response using evidence-based protocols. I am also proficient in handling IABP and central line systems and have served as a preceptor for newly joined nurses.

Since June 18, 2025, I have been employed at Panacea Medical & Wellness Clinic in Al Karama, Dubai, where I care for both pediatric and general patients in an outpatient setting. This has expanded my clinical versatility, allowing me to provide quality care across a broader age group, manage patient flow, conduct health assessments, assist in minor procedures, and ensure efficient documentation—all while maintaining a compassionate and culturally sensitive approach.

Residing in Dubai on a family visa, I am fully licensed, adaptable, and enthusiastic about joining a dynamic team where I can further contribute to high standards of patient care. I am particularly drawn to your hospital's commitment to clinical excellence and would be honored to be part of your mission.

Thank you for considering my application. I would appreciate the opportunity to further discuss how my background and skills align with your staffing needs. Please find my resume attached for your review.

Sincerely,

Karpagavalli



# KARPAGAVALLI

## REGISTERED NURSE

DHA (31540930)

### Contact

- +971 542315396
- karpagavallit23@gmail.com
- Al Karama, Dubai

### Certifications & Licenses

**Dubai Health Authority (DHA)**  
(2025)  
DHA Unique ID - 31540930



**Advanced Cardiac Life Support (ACLS)**  
(2025)  
American Heart Association (C29312181)

**Basic Life Support (BLS)**  
(2025)  
American Heart Association (C29257F6F)



**Indian Nursing Council Registration**  
(2025)  
Tamil Nadu Nurses and Midwives Council  
(230473)

### Personal Details

27th Oct 1999

Female

Indian

Karpagavalli T @LinkedIn

Married

C0286289

Family Visa

### Profile

DHA-licensed RN with over 4+ years' experience in CTICU and outpatient care. Skilled in managing complex post-operative cardiac cases, pediatric and general patient care, ventilator/IABP management, invasive monitoring, and emergency response. Known for strong clinical judgment, teamwork, and compassionate, patient-centered care.

### Education

- B.Sc Nursing**  
Sardar Rajas College of Nursing, Tirunelveli 2016 - 2020
- Higher Secondary**  
HNUC HR Sec School, Puliayangudi 2016

### Experience

**PANACEA** Pediatric and General Outpatient Staff Nurse  
MEDICAL & WELLNESS CENTRE

**Panacea Medical & Wellness Centre—Multi-Specialty Clinic**  
Al Karama, Dubai June 2025

- Provided comprehensive nursing care to pediatric and adult patients, including assessment, triage, vital monitoring, and administration of immunizations, injections, nebulizations, and medications.
- Assisted physicians during consultations, minor procedures, vaccinations, and diagnostic screenings, ensuring efficient and safe clinical operations.
- Maintained accurate EMR documentation, coordinated laboratory investigations, managed patient flow, and ensured strict adherence to infection control and treatment area readiness.
- Educated patients and families on medication adherence, follow-up care, chronic disease management, and preventive health practices, while actively contributing to teamwork and quality improvement initiatives.

**Apollo** Staff Nurse [Cardiothoracic Intensive Care Unit - CTICU]  
HOSPITALS

**Apollo Main Hospital, Chennai, India** Apr 2021 - June 2024

- Provided critical care to post-operative cardiac, thoracic, and vascular surgery patients in a high-acuity CTICU.
- Managed ventilated patients, hemodynamics, and complex cardiovascular cases including CABG, valve surgeries, ECMO, VADs, and transplants.

## Professional Nursing Skills & Expertise

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- CTICU, pediatric, and medical-surgical patient care with strong pre-/post-operative cardiothoracic expertise.
- Skilled in hemodynamic monitoring, ventilator management, neonatal/pediatric assessment, and triage.
- Proficient in IV/medication administration, blood products, wound care, infection control, and pediatric immunizations.
- Experienced with ECMO, IABP, defibrillators, infusion pumps, cardiac monitors, and neonatal equipment (incubators, CPAP, phototherapy).
- Competent in EMR/EHR documentation, ECG interpretation, ABG analysis, and lab results review.
- Strong communication and coordination with multidisciplinary teams, ensuring accurate documentation and efficient patient flow.
- Adheres to NABH/JCI standards; experienced in incident reporting, quality improvement, risk assessment, and fall prevention.
- Organized, compassionate, and capable of handling high patient volumes safely and efficiently.

- Administer and titrate vasopressors, inotropes, antiarrhythmics, and sedatives per physician orders and evidence-based protocols.
- Interpret arterial blood gases (ABGs), cardiac rhythms, hemodynamic waveforms, and provide rapid interventions for life-threatening events.
- Collaborate with cardiothoracic surgeons, intensivists, perfusionists, respiratory therapists, and interdisciplinary teams to optimize patient outcomes.
- Perform advanced clinical procedures, including chest tube management, invasive line care (Swan-Ganz, arterial lines, central lines), and IABP (intra-aortic balloon pump) monitoring.
- Educate and support patients and families regarding post-operative care, medication regimens, and lifestyle modifications for long-term cardiac health.
- Adhere to hospital safety and infection control protocols, ensuring best practices in patient care, medication administration, and emergency response.
- Mentor and precept new nurses, fostering clinical skill development and critical thinking in a high-stress ICU environment.

### Declaration

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I hereby declare that the information provided above is true and correct to the best of my knowledge and belief.

KARPAGAVALLI