

Chinchu Valsa Jose, RN

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DHA License: 22329979-001

Professional Summary

Dedicated Registered Nurse with 8+ years of diverse clinical experience across gynecology, general practice, internal medicine, orthopedics, ENT, and medical-surgical nursing in Dubai and India. Proficient in patient assessment, IV therapy, wound care, emergency response, and pre- & post-operative care. Skilled in multidisciplinary collaboration, infection control, regulatory compliance, and staff supervision. Recognized for delivering compassionate, patient-centered care and awarded for excellence in service, teamwork, and commitment to improving patient outcomes.

Licenses & Certifications

- Registered Nurse – DHA License: 22329979-001
- BLS – American Heart Association
- Infection Control Training – Certified
- CPD Programs – Completed

Core Competencies

- Medication Administration & IV Therapy
- Patient Assessment & Monitoring
- Wound Care & Dressing Changes
- Emergency Response & CPR
- Pre- & Post-Operative Care
- Staff Training & Supervision
- Infection Control & Regulatory Compliance
- EMR/HIS Documentation (Epic, HIS systems)
- Quality & Audit Procedures
- Multidisciplinary Team Collaboration

Professional Experience

Senior Staff Nurse – Gynecology / GP / Internal Medicine / Orthopedics / ENT

Aster DM Healthcare, Dubai (JLT) | Feb 2020 – Mar 2025

- Delivered comprehensive nursing care across gynecology, general practice, internal medicine, orthopedics, and ENT units.
- Assisted physicians during procedures including fracture management, ENT examinations, and gynecological interventions.
- Administered medications, performed IV therapy, and supported emergency interventions.
- Monitored patient conditions, updated EMR, and ensured DHA compliance in documentation.
- Supervised junior nurses, managed staff rosters, and handled escalation management.
- Recognized with Aster Well Done Award and Five-Year Completion Award.

Ward In-Charge Nurse

Royal Care Super Specialty Hospital – Tamil Nadu, India | Apr 2018 – Apr 2019

- Directed ward operations including staff allocation, stock management, and infection control audits.
- Ensured compliance with hospital SOPs and regulatory requirements.
- Coordinated multidisciplinary care to improve patient outcomes.

Staff Nurse

PSG Hospitals – Tamil Nadu, India | Aug 2015 – Oct 2017

- Provided direct patient care in medical-surgical and general medicine units.
- Assisted in procedures such as lumbar punctures, biopsies, and post-op care.

- Educated patients and families on treatment plans and recovery.

Education

Bachelor of Science in Nursing (B.Sc. Nursing)
Vellalar College of Nursing, India | 2010 – 2014

Languages

- English – Fluent
- Hindi – Fluent
- Tamil – Fluent
- Malayalam – Fluent

Technical Skills

- Microsoft Office (Word, Excel)
- Hospital Information Systems (HIS, Epic, EMR)
- Medical Equipment: Ventilator, Defibrillator, ECG, Infusion Pump, BIPAP, Spirometer, CTG