



Ms. Reshma Prabhudhan (B.Sc. Nursing)



Registered Nurse (OPD Maternity & Pediatrics Emergency) (MOH No: 262710 | KNMC No. KL03201904684)

MOH-Licensed Registered Nurse with hands-on experience in OPD, Maternity, Pediatrics, and Emergency Care. Committed to delivering patient-focused, timely, and high-quality nursing services within fast-paced clinical environments.

NURSING OBJECTIVE – UAE-BASED CLINICAL PRACTICE IN MULTISPECIALTY SETTINGS:

Experienced Registered Nurse with 5 years of clinical expertise in OPD, Maternity, Pediatrics, and Emergency Care across the UAE and Indian healthcare systems. Holds a Bachelor of Science in Nursing (BSc Nursing) and valid MOH and KNMC licenses. Skilled in triage, patient assessment, vital signs monitoring, medication administration, infection control, and clinical documentation in alignment with UAE healthcare standards. Demonstrated proficiency in handling acute and routine cases, supporting maternal and child health, and working effectively within multidisciplinary teams in high-pressure clinical settings. Committed to ensuring patient safety, maintaining regulatory compliance, and delivering high-quality nursing care in diverse healthcare environments.

NURSING CAREER EXPERIENCE – UAE MINISTRY & INDIAN HEALTH BOARDS:

Experienced Registered Nurse specializing in OPD, Maternity, and Pediatric Emergency care, with a strong track record of delivering quality patient services in the dynamic UAE healthcare sector.

Staff Nurse

Sep 2024 to Apr 2025

Sara Medical Centre Sharjah, UAE

Core Nursing Responsibilities:

- Delivered clinical nursing care in Gynecology, Pediatrics, and Medical-Surgical OPD settings in compliance with UAE healthcare protocols.
- Assisted in minor procedures, including gynecological examinations, vaginal swab collection, and pediatric assessments.
- Performed vital signs monitoring, medication administration, and IV infusion under physician supervision.
- Supported maternal and child health services, including vaccination, nebulization, and newborn care.
- Maintained accurate clinical documentation and ensured adherence to infection control and patient safety standards.
- Collaborated with multidisciplinary teams to ensure timely and efficient patient care delivery in fast-paced OPD and emergency environments.

Registered Nurse

Feb 2023 to Mar 2024

NMC Healthcare Sharjah, UAE

Core Nursing Responsibilities:

- Delivered comprehensive clinical care in Gynecology, Pediatrics, and General Medical OPD, adhering to UAE healthcare standards.
- Administered IV infusions, intramuscular (IM) medications, and performed phlebotomy procedures with precision and care.
- Managed OPD nursing services, including vital signs assessment, patient triage, and follow-up coordination.
- Applied knowledge of insurance coding and medical billing processes in compliance with UAE healthcare regulations.
- Ensured clear and compassionate communication with patients and families, supporting informed decision-making and emotional well-being.
- Maintained accurate and timely clinical documentation, promoting continuity of care and effective interdisciplinary collaboration.

Experienced Registered Nurse specializing in OPD, Maternity, and Pediatric Emergency care, with a strong track record of delivering quality patient services in the dynamic Indian healthcare sector.

Registered Nurse

Sep 2020 to Aug 2022

Community Health Center Kerala, India.

Core Nursing Responsibilities:

- Provided direct nursing care in Medical-Surgical Wards and Emergency Departments, ensuring safe and timely interventions for acute and chronic cases.
- Performed triage, vital signs monitoring, medication administration, and wound care in accordance with hospital protocols.

CONNECT ME HERE:

- Phone No: +971 – 568700252
- Email: reshmat845@gmail.com
- Address: Sharjah, UAE
- LinkedIn: <https://www.linkedin.com/in/reshma-prabhudhan-548bab25b/>

CLINICAL HEALTHCARE SKILLS:

Clinical Nursing Skills

- Pediatric Assessments
- Gynaecological Assisting
- Emergency Response
- Cryotherapy Assisting
- Vaginal Swab Collection
- Patient Monitoring
- Vital Signs Assessment
- Infection Control
- Clinical Documentation

Procedural Skills

- IV Infusion
- Phlebotomy Procedures
- Suctioning Techniques
- Vaccination Handling
- Nebulization Support
- Wound Dressing
- Catheter Care
- Medication Administration
- Specimen Collection

Patient Care Skills

- Compassionate Communication
- Empathy Delivery
- Patient Education
- Child Care Support
- Maternal Assistance
- Family Interaction
- Psychological Comfort
- Postnatal Support
- Breastfeeding Guidance

Workplace Competencies

- Team Collaboration
- Stress Management
- Clinical Adaptability
- Time Management
- Conflict Resolution
- Safety Compliance
- Multi-tasking Ability
- Cultural Sensitivity
- Confidentiality Maintenance

NURSING PROCEDURES:

OPD Clinical Procedures

- Patient Triage
- Vital Monitoring
- Wound Dressing
- Nebulization Therapy
- IM Injection
- BP Recording
- Ear Irrigation
- Eye Dressing
- Catheter Insertion

Maternity & Labor Room

Procedures

- Fetal Monitoring
- Perineal Cleaning
- Episiotomy Assisting
- Vaginal Swabbing
- Cryotherapy Assisting
- Delivery Preparation
- Postnatal Care
- Uterine Massage
- Breastfeeding Support

Pediatric & Neonatal Procedures

- Growth Assessment
- Immunization Support
- Pediatric Suctioning
- Temperature Monitoring
- Oxygen Administration
- Pediatric Phlebotomy
- Neonatal Resuscitation
- Feeding Assistance
- Swab Collection

Emergency Room Procedures

- Airway Management
- IV Cannulation
- CPR Initiation
- Oxygen Therapy
- Splint Application
- Burn Dressing
- Bleeding Control
- Seizure Handling
- Shock Management

- Assigned to **COVID-19 duty**, including **isolation ward monitoring**, **patient observation**, and strict implementation of **infection control measures**.
- Conducted **nasopharyngeal swab collection** for **RT-PCR testing**, ensuring proper **sample handling** and **PPE compliance**.
- Documented **clinical observations** and interventions in **patient records** to support **accurate reporting** and **continuity of care**.
- Coordinated with **medical teams** for **emergency case management**, **rapid response**, and **patient stabilization**.

Registered Nurse

Jun 2019 to Jul 2020

Govt. Hospital, Thaluk Head Quarter Chirainkeezhu Kerala, India

Core Nursing Responsibilities:

- Delivered direct **patient care** in **Medical-Surgical Wards**, managing **pre- and post-operative cases**, **vital signs monitoring**, and **medication administration**.
- Assisted in **Labour Room** procedures, including **normal deliveries**, **episiotomy support**, and **maternal monitoring** during labor.
- Provided clinical support in the **Maternity Ward**, focusing on **postnatal care**, **breastfeeding assistance**, and **neonatal observation**.
- Responded to critical cases in the **Emergency Department**, performing **initial assessments**, **stabilization**, and coordinating with medical teams for urgent interventions.
- Applied knowledge of **Basic Life Support (BLS)** techniques during emergencies, ensuring patient safety and timely resuscitation when required.
- Maintained accurate **nursing documentation** and adhered to **infection control protocols** in all **patient care areas**.

NURSING EQUIPMENTS PROFICIENCY:

Equipment Usage

BP Apparatus | Glucometer Device | Nebulizer Machine | Fetal Doppler | Suction Machine | Thermometer
Digital | IV Stand | Oxygen Cylinder | Emergency Trolley | Delivery Set | Sterile Tray | Autoclave Unit

EDUCATIONAL BACKGROUND:

BSc. Nursing | 2013

Simet College of Nursing Ernakulam Kerala, India

LANGUAGES – SPOKEN:

- Malayalam (**Native**)
- English (**Expert**)
- Hindi (**Fluent**)

PERSONAL – DETAILS:

- Nationality: **Indian**
- Marital Status: **Married**
- DOB: **27th October, 1991**
- Visa Status: **Spouse Visa**
- Country to Stay: **United Arab Emirates**

REFERENCE:

Available as per your request