

# DR. SULFATH KARUVARAKATTIL

## Pharmacist

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**LinkedIn:** linkedin.com/in/dr-sulfath-k-k-a76958270 / **Location:** Sharjah, UAE

### PROFESSIONAL SUMMARY

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Dedicated and detail-oriented **Pharmacist (Doctor of Pharmacy)** with strong expertise in **clinical pharmacy practice, medication therapy management, dispensing operations, patient counseling, pharmacovigilance, and regulatory compliance**. Skilled in collaborating with multidisciplinary healthcare teams to optimize therapeutic outcomes. Experienced in **inventory control, controlled drug regulations, prescription verification, drug interaction monitoring, antibiotic stewardship, and EMR documentation**. Proven ability to provide compassionate patient care with a focus on accuracy, safety, and service quality in fast-paced healthcare environments in India and GCC.

### CORE COMPETENCIES

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- Medication Dispensing & Verification
- Clinical Pharmacy & MTM
- Patient Counseling & Education
- Pharmacovigilance & ADR Monitoring
- Prescription Review & Legality Check
- Drug Interaction & Allergy Screening
- Inventory & Controlled Drug Management
- EMR & Pharmacy Software
- Medication Reconciliation
- Antimicrobial Stewardship Support
- Insurance & Claim Support (UAE)
- Regulatory Compliance (DHA/MOH)

### PROFESSIONAL EXPERIENCE

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#### Pharmacist

**Neztor Clinic, Padinjarangadi, Kerala**

Jun 2023 – Aug 2025

- Dispensed medications with 100% prescription accuracy while ensuring compliance with statutory pharmacy regulations.
- Collaborated with physicians and healthcare providers to optimize medication therapy and provide evidence-based recommendations.
- Managed end-to-end pharmacy operations including inventory control, cold-chain monitoring, expiry tracking, and documentation.
- Supervised assistant pharmacists and pharmacy support staff, ensuring safe medication handling and workflow efficiency.
- Verified prescriptions for appropriateness, duplications, contraindications, and potential drug-drug/food interactions.
- Ensured proper labeling, billing, storage, and documentation of medications, including controlled substances.

#### Clinical Pharmacist Trainee

**Daya General Hospital, Thrissur, Kerala**

Mar 2023 – May 2023

- Completed 3-month intensive training in ICU, general medicine, and multi-specialty wards under consultant physicians.
- Assisted in patient counseling, medication history interviews, discharge medication review, and therapy evaluation.
- Identified medication errors, monitored adverse drug reactions (ADR), and supported pharmacovigilance reporting.

#### Intern – Clinical Pharmacy

**KIMS Al Shifa Super Speciality Hospital, Kerala**

Jun 2022 – Feb 2023

- Reviewed physician prescriptions ensuring accuracy, legality, and therapeutic appropriateness.
- Conducted medication reconciliation, ADR monitoring, antimicrobial usage tracking, and drug chart reviews.
- Assisted pharmacists with patient education, dosage instructions, and medication therapy support.
- Worked with pharmacy software, EMR systems, and supported daily pharmacy operations.

#### Clerkship – Pharmacy Practice

**KIMS Al Shifa Super Speciality Hospital, Kerala**

2020 – 2021

- Participated in pre-ward and post-ward rounds with physicians, gaining exposure to multidisciplinary care.
- Observed clinical decision-making, pharmacotherapy planning, and patient monitoring activities.

#### EDUCATION

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**Doctor of Pharmacy (Pharm.D)**

2016–2023

Al Shifa College of Pharmacy, Kerala University of Health Sciences, India

#### TECHNICAL SKILLS

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Pharmacy Information Systems, EMR, Medication Dispensing Software, Stock & Expiry Management Systems, MS Office.

#### PERSONAL INFORMATION

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**Nationality:** Indian

**Passport No.:** X5688252

**Visa Type:** Visit Visa (UAE)

**Languages:** English, Arabic, Malayalam