



# Sruthy Thengum Thody



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sruthythengumthody@gmail.com

## OBJECTIVE

Patient-focused and well-organized registered nurse. Expertise in compassionate patient care and delivering nursing services while maintaining the code of ethics. Proficient in recommending changes in patient care through expertise in observation of patient needs. Ability to maintain a positive attitude in stressful situations.

## TECHNICAL SKILLS

- CPR
- Suctioning
- NG tube insertion and tube feeding
- Foleys catheterization
- Tracheostomy care
- Central line Care
- Dressing
- IV Cannulation
- Microsoft and internet application
- ECG
- Jejunostomy care and feeding

## EDUCATION

- **Bachelor's Degree in Nursing**  
Al-Shifa College of Nursing  
Perinthalmanna, Malappuram  
(University of Calicut)

## ADDITIONAL QUALIFICATION

- Kerala Nurse and Midwives Council,  
Registration ID: **59035**
- SAUDI COUNCIL LICENSE  
Holder, ID: **17TN0028104**
- UAE MOH ELIGIBILITY HOLDER,  
Reference No: **332854**
- Certified by BLS under AHA on  
**June 29 2025**

## PERSONAL DETAILS

### Languages Known:

- English
- Arabic
- Malayalam

**Date of Birth:** 10/04/1990

**Nationality:** Indian

**Passport Number:** AF414784

**Address:** Thengum Thody House,  
Thiruveappura, Palakkad,  
Pin:679304

## PROFILE SUMMARY

- Monitoring Vital signs.
- Oxygen administration (Nasal cannula, Face Mask, Venturi mask, HFNC)
- Well versed in Cardiopulmonary resuscitation
- Pre & Post operative care of surgery patients.
- Care of patients with cardiopulmonary arrest.
- Care of patient with ICD.
- Pre & Post operative care of patient with CAG and PTCA, Abdominal Surgery, Spinal Surgeries & Fractures.
- Assisted in procedure like Bone Marrow aspiration & Lumbar puncture.
- Urinary catheterization.
- Well versed in intravenous lines insertion.
- Administration of blood and blood products.
- Administration of total parenteral nutrition
- Assisted in dressings both major and minor.
- Following Physicians order for medicines and follow up
- Tracheostomy suctioning.
- Medication administration via all routes like oral, intravenous, intramuscular, Sub Cutaneous, intradermal, topical and per rectal.
- Ryles tube insertion and tube feeding.
- Ensuring smooth functioning of the designated ward.
- Assisted in collection of blood for arterial blood gas analysis.
- Assessing physical and psychosocial needs of the patient.
- Evaluation of the nursing care implemented and making changes as required.
- Punctual and dependable in carrying out assigned functions and Nursing

## WORK EXPERIENCE

### 01 Aug 2024 – 25 Feb 2025:

Worked as a staff nurse in medical and surgical department at **NADAKKAVIL HOSPITAL, VALANCHERY, MALAPPURAM.**

### 28 Jun 2016 – 31 Mar 2024:

Worked as a staff nurse in Surgical department ( Neurosurgery Ortho pedic and General Surgery) at **KING KHALID CIVILIAN HOSPITAL, TABUK, Saudi Arabia**

### 26 Nov 2012 – 10 May 2016:

Worked as a registered nurse in **KIMS AL SHIFA SUPER SPECIALITY HOSPITAL, PERINTHALMANNA, MALAPPURAM**

## EQUIPMENTS HANDLED

- Pulse oximeter
- Syringe pump
- Infusion pump
- ECG machine
- BIPAP
- Nebulizer
- Steam Inhaler
- Ventilator
- Glucometer
- Crash Cart
- Suction Apparatus
- Thermometer

## REFERENCE

1. LEJANAH MASULOT, Deputy Head Nurse, King Khalid Civilian Hospital  
**Contact:** +966 538472216  
[lejanahmasulot@gmail.com](mailto:lejanahmasulot@gmail.com)
2. PRECIOUS GAY TOCOL, Nursing Supervisor, King Khalid Civilian Hospital  
**Contact:** +966 556766137  
[saharprec@gmail.com](mailto:saharprec@gmail.com)

## DECLARATION

I hereby declare that the above said statements are true and correct to the best of my knowledge.

Date: 08/12/2025

Name: Sruthy Thengum Thody