



SHEEBA HARRIES

REGISTERED NURSE ICU/CCU

DHA ID : 70519266

SUMMARY

Dedicated and compassionate Registered Nurse with over **4 years 8 months of experience** in Coronary Care Unit (CCU) across **Saudi Arabia** and Bangalore, India. Providing exceptional patient care in high-stakes environments in critical care nursing, patient assessment and adherence to infection control protocols ensures the delivery of safe and effective treatment. Skilled in medication administration and emergency procedures, with a strong commitment to educate patients and their families. Proven ability to monitor vital signs and respond promptly to changes in patients' condition contributing to positive outcome in critical care settings. Enhancing patient experiences through comprehensive care and collaboration with health care teams.

EDUCATION

- **B.Sc. Nursing - 2016 to 2020**
Sri. Ramakrishna college of Nursing,
Bangalore, India.
- **Higher secondary - 2016**
Mother Theresa matric higher sec. school
Tamil Nadu, India

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LOCATION : Oud Metha, Dubai.

WORK EXPERIENCE

Staff Nurse – CCU **Duration : 11.08.2023 to 18.07.2025**

King Abdullah Medical Complex, Jeddah, Saudi Arabia.

- Providing nursing care to patients with acute coronary syndromes, heart failure, arrhythmias, PPI, MI, ACS, COPD, PNEUMONIA, DKA, Neurological Emergencies, Stroke, post-craniotomy, and post-operative cardiac surgery cases (e.g., CABG, valve replacements).
- Monitoring cardiac rhythms via telemetry and bedside ECG, recognizing and responding to life-threatening arrhythmias.
- Assisting physicians in intubation, invasive line insertions, such as arterial line, central line, ECMO, ICT, NGT, and IABP.
- Provided comprehensive nursing care to critically ill cardiac patients in the Coronary Care Unit (CCU), ensuring continuous monitoring and timely intervention.
- Assisted in emergency cardiac procedures such as defibrillation, cardioversion, and CPR as part of the resuscitation team.
- Prepared and supported patients undergoing cardiac catheterization, angioplasty, and pacemaker insertion.
- Ensured strict adherence to infection control and patient safety standards in compliance with hospital and MOH guidelines.
- Maintained detailed and accurate nursing documentation and electronic health records.
- Collaborated with physicians and multidisciplinary teams to plan, implement, and evaluate individualized care plans.
- Provided emotional support and education to patients and their families regarding cardiac conditions, lifestyle modifications, and post-discharge care.

CERTIFICATIONS

- ◆ Saudi Registration - 2024 to 2026
- ◆ Registered Nurse Karnataka Nursing Council - 2021
- ◆ Basic Life support - 2025 to 2027
- ◆ Advanced Cardiac Life Support - 2025 to 2027

Gained certification on Advanced Cardiac Life support and Basic Life Support enhancing emergency response skills

LANGUAGES

- | | |
|-------------|--------------|
| ◆ English | Advanced |
| ◆ Tamil | Expertise |
| ◆ Malayalam | Advanced |
| ◆ Kannada | Intermediate |
| ◆ Hindi | Beginner |

ACHEIVEMENTS

- ◆ **Award for Excellence in Nursing** Received the MAC card (Manipal Appreciation Card) 5 times for outstanding patient care and team work.
- ◆ **Hospital policy contributor** Played a key role in influencing hospital wide policy for patient care , ensuring best practices and improving overall satisfaction.

PERSONAL DETAILS

- ◆ DATE OF BIRTH : 26/10/1998
- ◆ VISA STATUS : SPOUSE VISA
- ◆ NATIONALITY : INDIAN
- ◆ MARITAL STATUS : MARRIED

Staff Nurse – CCU Duration : 13.01.2021 to 05.08.2023

Manipal Hospitals, Bangalore, India.

- ◆ Provided specialized care for cardiac patients (MI,ACS, PPI, AICD, ADHF,TPI,TAVI)
- ◆ Supported physicians during rounds and procedures
- ◆ Maintained infection control protocols and educated patient post treatment
- ◆ Monitored vital signs, ECG readings, and cardiac rhythms; promptly identified and reported abnormalities to physicians.
- ◆ Administered medications, IV infusions, and cardiac drugs accurately in accordance with physician prescriptions and hospital protocols.
- ◆ Participated in nursing audits, in-service training programs, and quality improvement initiatives to enhance patient outcomes.

STRENGTHS

- ◆ **EMPATHY** – Always relate to patients’ problems and give the best of myself to solve them.
- ◆ **STRESS MANAGEMENT** – Capable of controlling stress by everyday meditation and positive thoughts.
- ◆ **PATIENCE** – Adapt at personal or work problems without becoming anxious or depressed

SKILLS

- CPR
- MEDICATION ADMINISTRATION
- ECG INTERPRETATION
- CRITICAL THINKING
- PATIENT ASSESSMENT
- MULTITASKING
- ELECTRONIC HEALTH RECORDS(EHR)